

2026

MASTERS

COMPETITION GUIDE





Congratulations to all the racers who competed at the 2025 A Racer's Edge National Championships at Gore Mountain, NY. The 2025 Division Cup Winner was Eastern Division!



2026 ALPINE MASTERS COMPETITION GUIDE

On the Cover

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TABLE OF CONTENTS

Key Contact Directory	4
1 U.S. Ski & Snowboard and the Masters Program	7
An Introduction to the Masters	8
What You Need to Compete	8
U.S. Ski & Snowboard and the Masters Program	9
Alpine Ski Racing Events	9
Find More Information	10
Alpine Memberships	11
Code of Conduct	12
Athlete Safety	15
Insurance Coverage	16
Masters Contacts	17
2 Alpine Masters Champions	19
3 Alpine Masters General Competition Rules	29
Rules and Entry Procedures	30
Masters Age Classes [M1282.1]	31
Entry Procedure (non-FIS)	31
Masters Competition Rules	33
General Rules	33
Event Regulations	39
Additional Regulations	44
Course Setting Specifications for Masters	46
4 Event Rules for U.S. National and Regional Championships, and International Competitions	47
U.S. Masters National and Regional Championships, and National Speed Series	48
Championship Start Orders and Scoring	48
International (FIS) Masters	51
Wy'East Cup	53
5 Major Events	55
Alpine Masters National Championships	56
Eastern Regional Championships	57
FIS Masters Cup / Western Regional Championships	58
Masters National Speed Series	59
FIS Masters Cup Series	60
Candaian FIS Masters Cup and Canadian Masters Alpine Championships	61
Wy'East Cup	62

6 Divisional Programs

Divisional Map

Alaska

Central

Eastern

New England

Mid-Atlantic

New York State

Southern

Far West

Intermountain/Northern

Pacific Northwest

Rocky Mountain

NASTAR for Masters

63

64

64

65

66

66

67

68

68

69

70

72

74

75

Concussion Checklist

78

**Thanks to Dunkin' for their growing support for
Masters and U.S. Ski & Snowboard!**



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Thank You

To our Corporate Partners for supporting
the athletes of U.S. Ski & Snowboard



Chapter 1
U.S. Ski & Snowboard
and the Masters Program



An Introduction to the Masters

Masters racers embrace alpine racing as a life-long sport. They seek to challenge themselves and improve whether they are returning to a sport from their youth, looking to expand their recreational skiing abilities or eager to learn and take on a new athletic activity. Many racers find that ski racing invigorates their desire to stay active in the off season and spend more time outdoors. Masters racing is designed for every level of skier ability, from entry level racers through ex-national team members. Masters racing provides the next step for up and coming accomplished skiers who are late bloomers, NASTAR and college racers, ski instructors, former professional racers and even ex-national team members.

Masters, from ages 18 to over 90, compete in the same events and on similar courses as used for World Cup and Olympic alpine skiing events. Slalom, giant slalom, super G and downhill are all included in this season's schedule. Masters series are conducted within each of the eight geographic divisions including Alaska, Central, Eastern, Far West, Intermountain, Northern, Pacific Northwest and Rocky Mountain. Racers are welcome to travel and attend races in any division. Each division has a specific contact person who can provide details on divisional competition programs; see contacts listed later in this chapter.

In addition to divisional competition, there are opportunities to compete on a regional, national, and international level. The U. S. Ski & Snowboard Alpine Masters program is just one of the participants in the International Ski Federation's (FIS) Masters Cup that spans the U.S., Canada, South America, Europe, Japan and Australia. The highlights of the season are:

- FIS Masters Cup & Western Region Championships - Feb. 6-8 at Beaver Creek, CO
- Eastern Regional Championships - Jan. 29 - Feb. 1 at Stratton, VT
- National Championships - Mar. 22-28 at Mammoth Mountain, CA
- National Speed Series Jan. through Apr. across the country
- Wy'East Cup Summer Race - June TBD at Mt. Hood, OR

Masters racing offers more than high-quality ski competition. It offers an opportunity to meet, ski and compete with a group of extraordinary individuals from all walks of life. Many members of the ski industry compete including ski area executives, ski equipment and clothing entrepreneurs, former national team members, and honored members of the U.S. Ski Hall of Fame. Masters racing is highly social, and the masters are a friendly group. Of the reasons current masters list for participation, camaraderie is always among the first. Second, of course, is a love of competition. At many events, masters racing is a family affair, where two or three generations compete. Life-long relationships are quickly formed with new friends of all ages and abilities across the country.

Masters race programs are organized by a network of committed volunteers led by the Masters Alpine Competition Committee (ACC) and the Alpine Masters Manager.

This competition guide provides rules and general information about Masters ski racing in the U.S. as well as information for competition in Masters events abroad. In addition, all competitors, coaches, officials, and supporters of Masters ski racing are advised to check with their division's contact or the Alpine Masters Manager for more information.

What You Need to Compete

On a local level, Masters races are open to athletes 18 years of age or older with an applicable U.S. Ski & Snowboard membership. Applicable memberships include Alpine Masters, Short Term Alpine Masters and for students 18 to 24 the Non-scored Athlete membership. U.S. Ski & Snowboard members who also hold a competitor, coaches or officials membership may compete in any masters races by simply adding a masters membership to their profile. There is no additional fee if the Masters membership is less than the racer's other membership(s). Some divisions have separate membership requirements and fees as well. For participants that take advantage of the Short-Term (daily) membership, the athlete may call member services

prior to their 2nd event and pay the difference to upgrade to a full Masters membership.

Ski equipment and a FIS helmet that meets the specifications for masters competition are required for all events.

The many benefits of an alpine masters membership include: competition in masters races, an annual Alpine Masters Competition Guide with rules, schedules and entry information, and divisional and national newsletters. For more information contact Lauren Beckos lauren.beckos@usskiandsnowboard.org or your division chair.

U.S. Ski & Snowboard and the Masters Program

U.S. Ski & Snowboard is the Olympic national governing body for ski and snowboard sports in the USA, providing leadership and direction for tens of thousands of young skiers and snowboarders, encouraging and supporting them in achieving excellence. By empowering national teams, clubs, coaches, parents, officials, volunteers and fans, U.S. Ski & Snowboard is committed to the progression of its sports, athlete success and the value of team.

Thank you for your participation in U.S. Ski & Snowboard programs. These athletic programs in alpine, cross country, freestyle, ski jumping, nordic combined, snowboarding and freeskiing provide opportunities for athletes to develop skiing or snowboarding skills in a competitive and educational environment, from grassroots club programs up through national teams and the Olympics. This competition guide is a roadmap for various programs, rules and rankings.

U.S. Ski & Snowboard clubs include approximately 350 professional coaching outlets for athletes and logistical support for competitions. These clubs, with both professional staff and volunteers, comprised of nearly 39,000 U.S. Ski & Snowboard members, are the foundation of U.S. Ski & Snowboard, supporting individual athletes and managing most of the organization's domestic competitions.

Annually more than 3,100 domestic competitions with more than 171,000 athlete starts are held across the U.S., thanks to the incredible efforts of our resort partners, clubs, officials and volunteers.

Services provided by U.S. Ski & Snowboard are based around the three "R's": rules, races and rankings. Rules are established to ensure a consistent and fair playing field for all athletes. Races, or competitions, are the backbone of U.S. Ski & Snowboard's programs, providing competitive opportunities for athletes. Rankings are a means of evaluating performance in competitions to determine advancement along the athlete development pipeline, or to assist in determining start positions in specific competitions.

U.S. Ski & Snowboard provides educational resources to key constituent groups through the USANA Center of Excellence, the organization's national training and education facility. Education is provided to athletes, parents, officials, coaches and clubs in areas such as sport technique, fitness and exercise, sport science and sports medicine. U.S. Ski & Snowboard also partners with both the U.S. Olympic & Paralympic Committee and U.S. Center for SafeSport on education related to athlete safety.

U.S. Ski & Snowboard regions and divisions are volunteer-run programs which implement programs within small, multi-state geographic areas, including scheduling of divisional competitions, selection of divisional teams and training of competition officials.

Alpine Ski Racing Events

In the early days of alpine ski racing, athletes competed in only two events: downhill and slalom. Giant slalom was added in 1950 and super G in 1983. Downhill and super G are generally grouped together as "speed" events, with slalom and giant slalom grouped as "technical" events. Masters racers have opportunities to race in both technical and speed events throughout the season. All race courses must meet strict standards established and

monitored by officials of the FIS and U.S. Ski & Snowboard.

Following is a brief outline of the alpine ski racing events. For complete and specific rules, see the rules chapter of this guide and/or the various FIS rule books.

Slalom (SL) - Slalom is a timed event requiring the execution of many short, quick turns through two different courses. Slalom is staged in two runs with times added together to determine the final finish order. The competitors are required to pass around all the gates (poles), which alternate red/blue in color. The course is made up of various gate combinations designed to test a skier's skill and strategy.

Giant Slalom (GS) - Giant Slalom is characterized as the event that is the easiest to finish but requires the most technical skill to do well. Skiers race down the mountain through a faster and more open course than in SL. The vertical drop of the course determines the number of gates in a GS course. Giant slalom is staged in two runs with the times added together to determine the final finish order.

Downhill (DH) - Perhaps the most exciting event in alpine ski racing is the DH. Racers attempt to record the fastest time during a single run on a course with a minimum number of control gates. Speeds in masters DH sometimes exceed 70 mph. Two practice runs on the course are required prior to the race. DH is the only event that requires practice runs prior to participation in the competition.

Super G (SG) - Super G is the newest of the alpine events combining the elements of speed as in DH while integrating high-speed technical turns as in GS. Super G is contested in a single run format.

Alpine Combined (AC) - The Alpine Combined is a one-day event which adds the times from one SL run and one speed run (usually SG) to determine the results.

Parallel (P) - In a parallel competition athlete races side by side in an elimination format.

Find More Information

As you continue competitive skiing or snowboarding, you might have questions along the way. The following are helpful resources to guide you on your path to success.

Website - usskiandsnowboard.org is the best source of member information. Here you will find contact information, criteria and advancement protocol on your sport as well as the latest in national news from your sport. You can also search the Knowledge Base at usskiandsnowboard.org/membership for answers to many of our member's most common questions.

Competition Guide - This handbook is a guide for athletes, parents, coaches and officials that provides a roadmap to U.S. Ski & Snowboard programs, including information on rules and rankings for your sport.

Local Club - Clubs are the heart of the sport. These organizations have the background and knowledge to help answer most of your questions. Check your local club for information on schedules and qualifying procedures within your division.

Regional/Divisional Contact - Each region and division for your sport has a contact person who can help you answer questions. Contact information appears in the front of this competition guide and at usskiandsnowboard.org.

National Office - Every sport has full-time support staff in U.S. Ski & Snowboard's national office in Park City, Utah. Contact the office at 435.647.2666 with national membership or ranking questions. For a quicker response, please send an email to the contact links found at usskiandsnowboard.org.

ALPINE MEMBERSHIPS

U.S. Ski & Snowboard offers a variety of membership opportunities depending on your area of interest. You can join online at usskiandsnowboard.org/public-tools. You will be issued a U.S. Ski & Snowboard membership number immediately following membership registration. FIS membership may take up to one week. Keep in mind that most adult memberships are placed on pending status until all requirements have been completed.

Those requirements include periodic Background Screening and annual SafeSport training. To activate membership (Those turning 18 within the season will also be required to complete membership requirements prior to their membership being activated).

Background screening and SafeSport training are not required for short term members and alpine masters who are not in regular contact with minor athletes.

Alpine Master (18 & over) \$144 - The U.S. Ski & Snowboard Masters membership gives alpine athletes over the age of 18 access to alpine master's events, including Master's Championships and its qualifying events. This membership is perfect for adult athletes who are interested in competing with other adults domestically. International competition requires a FIS Masters License.

Alpine Master w/Requirements (18 & over) \$159 - An athlete participating in U.S. Ski & Snowboard Alpine Masters events and/or FIS Masters events who is in regular contact with minor athletes. Applicable for those in a position of authority over athletes or in regular contact with athletes. International competition requires a FIS Masters License. Requirements include periodic background screening and SafeSport. Check with your club to determine if this is the correct Master's membership prior to purchase.

Alpine Master's FIS License \$50 - (Must be born in 1996 or prior) Required for participation in FIS events. To hold an Alpine Master's FIS license, you must also hold an Alpine Master's with Requirements or Alpine Master's membership. Short-Term Alpine Master's are not eligible for FIS.

Short-Term Alpine Master (18 & over) \$36 per day - (Does not include access to U.S. Ski & Snowboard points list) May be used for one event per season for master's events only. Event may not span more than 5 consecutive days.

Alpine Non-Scored Athlete (14-24) \$103 - (Does not include access to U.S. Ski & Snowboard points list) Provides access to all levels of U.S. Ski & Snowboard scored and non-scored competitions at the local, divisional, regional and national level. However, as the name implies, it does not include access to the U.S. Ski & Snowboard points list. Non-Scored Athlete members who are 18-24 may participate in Alpine Master's events, excluding regional and national championship events where they must possess an Alpine Master's membership.

Alpine Competitor - The U.S. Ski & Snowboard Competitor membership provides access to all levels of U.S. Ski & Snowboard scored and non-scored competitions at the local, divisional, regional and national level. Competitor memberships include scoring on national ranking lists as well as International Ski Federation ranking lists where appropriate (with additional FIS license). This membership is required for FIS registration and FIS level competitions. Competitors 18+ can add an Alpine Master membership for no additional charge.

- **Alpine Competitor U12 and under (11 & under) \$108**

- **Alpine Competitor U14 (12-13) \$133**

- **Alpine Competitor U16 and over (14 & over) \$226** (Required for all FIS registrations excluding Telemark and Adaptive Alpine).

Short-Term Alpine (17 & under) \$36 per day - (Does not include access to U.S. Ski & Snowboard points list) May be used for one event per season. Events may not span more than five consecutive days.

Alpine FIS License (Must be born in 2009 or prior) Required for participation in FIS events.

You must hold an Alpine Competitor U16 & Over to purchase an Alpine FIS license. Short-Term members, general members and Non-Scored Athletes are not eligible for FIS.

• **\$85 prior to Aug. 15**

• **\$155 after Aug. 15**

Alpine Coach w/Official (18 & over) \$154 - An individual coaching athletes at the club level and/or at U.S. Ski & Snowboard/FIS Alpine events (see guidelines for appropriate levels of U.S. Ski & Snowboard coach certifications). Required to access Level 100 clinics and materials. Alpine Master membership can be added for no additional charge.

Alpine Junior Coach (15-17 years of age) \$77 - The junior coach membership is a great way for athletes to become involved in coaching programs. Junior coaches are required to complete annual SafeSport training.

Alpine Official (18 & over) \$82 - An individual involved in officiating U.S. Ski & Snowboard Alpine and/or FIS competitions. Required for official's certifications (see guidelines for appropriate levels of official's certifications). To add a full or short term Alpine Masters membership pay the additional amount due up to the cost of the Alpine Master membership.

Alpine Volunteer (18 & over) \$67 - (NOT permitted for use in place of a competitor membership) The U.S. Ski & Snowboard Club Volunteer membership is designed for Board of Directors, club administrative staff, parents and club volunteers who undertake a leadership role in U.S. Ski & Snowboard clubs, divisions, regions and at competitions and club training sessions. Not eligible for coach or official's certifications. Applicable for those in a position of authority over or in regular contact with athletes.

CODE OF CONDUCT

Membership in U.S. Ski & Snowboard is a privilege, not a right. All U.S. Ski & Snowboard members, board members, officers, directors, committee members, task force members, employees, coaches, independent contractors, officials, and volunteers, and anyone else participating in any U.S. Ski & Snowboard activity or event (collectively, "Affiliated Individuals") must agree to conduct themselves according to U.S. Ski & Snowboard's core values of Grit, Excellence, Team, Fun, and Integrity, and read, understand, and abide by this Code of Conduct and all other applicable policies, including those of U.S. Ski & Snowboard, as well as the competitions and events in which they participate. Affiliated Individuals must agree to comport themselves in a sportsmanlike manner and are responsible for their behavior and actions while attending or participating in all U.S. Ski & Snowboard activities (including but not limited to camps, competitions, and projects).

Sportsmanlike conduct is defined as but is not limited to: respect for competition officials, resort employees, fellow members, and the skiing and snowboarding public, respect for facilities, privileges, and operating procedures, the use of courtesy, civility, and consideration, acting responsibly and maturely, refraining from the use of profane or abusive language, and abstinence from illegal or immoderate use of alcohol and use of illegal or banned drugs.

While participating in any U.S. Ski & Snowboard activity:

1. Affiliated Individuals shall be subject to the jurisdiction of the International Ski Federation (FIS) Statutes, the United States Olympic & Paralympic Committee (USOPC) Bylaws, the U.S. Ski & Snowboard Bylaws, and this U.S. Ski & Snowboard Code of Conduct.
2. Affiliated Individuals must abide by United States federal, state and local law as applicable, including the Ted Stevens Olympic and Amateur Sports Act; and foreign law as applicable.
3. Affiliated Individuals shall conduct themselves at all times and in all places as befit worthy representatives of the United States of America, the USOPC, U.S. Ski & Snowboard, their region, division, state or club and in accordance with the best traditions of national and international competition.
4. Affiliated Individuals are responsible for knowledge of and adherence to competition rules

and procedures. Affiliated Individuals are also responsible for knowledge of and adherence to the rules, policies, and procedures of the U.S. Ski & Snowboard national teams, camps, other projects when participating in such, and of the facilities and accommodations in which they train and live at and/or use.

5. Affiliated Individuals shall maintain high standards of moral and ethical conduct, which includes self-control and responsible behavior, consideration for the physical and emotional well-being of others, and courtesy and good manners. Affiliated Individuals shall not cause physical, emotional, or other harm to members or reputational harm to U.S. Ski & Snowboard. Affiliated Individuals shall not disparage other members or U.S. Ski & Snowboard.
6. Affiliated Individuals shall abide by U.S. Ski & Snowboard rules and procedures while traveling to and from and participating in all U.S. Ski & Snowboard activities.
7. Affiliated Individuals shall abstain from illegal and/or immoderate consumption of alcohol. absolutely no consumption of alcohol is permitted for those individuals under the age of 21, regardless of local alcohol laws. Members under 21 years of age shall not participate in gatherings involving consumption of alcohol unless it is an official U.S. Ski & Snowboard or event organizer function. Members under the age of 18 shall not use any form of nicotine including but not limited to cigarettes, vaping, chewing tobacco, gum, and patches.
8. No Affiliated Individual shall violate the customs, travel or currency regulations of a country while traveling with a U.S. Ski & Snowboard group or on a U.S. Ski & Snowboard ticket.
9. No Affiliated Individual shall commit a criminal act.
10. No Affiliated Individual shall engage in any conduct that could be perceived as harassment based upon gender, gender identity, age, race, ethnicity, national origin, religion, disability, or sexual orientation.
11. Affiliated Individuals will avoid profane or abusive language and disruptive behavior. Members agree that they will not use or tolerate any racist, xenophobic, homophobic, or transphobic language or gestures.
12. Affiliated Individuals understand and agree that they may be drug tested at any time, that they are subject to and will abide by the USADA Protocol for Olympic and Paralympic Movement Testing, its Annexes, and the USOPC National Anti-Doping Policies, and that any dispute related to the foregoing will be resolved exclusively in arbitration pursuant to the USADA Protocol. Before taking any medications, members must check the prohibited status at GlobalDRO.com. Also, they must be sure to download the Supplement 411 app, or visit Supplement411.org to learn how to recognize and reduce the risks related to supplement use. Any anti-doping questions can be directed to Athlete Express at 866.601.2632.
13. Affiliated Individuals agree to abide by the policies and procedures established by the U.S. Center for SafeSport as well as U.S. Ski & Snowboard's Minor Athlete Abuse Prevention Policies (MAAPP).
14. Affiliated Individuals agree to comply with the Olympic Movement Code on the Prevention of the Manipulation of Competitions and the IPC Code of Ethics and commit to promote sport free from manipulation, corrupt conduct, or using or disclosing inside information for any purpose.
15. Affiliated Individuals agree to comply with the laws of the state and/or country in which they are training, traveling, or competing, including but not limited to, laws governing the possession and use of drugs and alcohol, and providing of drugs to any person and of alcohol to minors.

Failure to comply with any of the above provisions may lead to disciplinary action by the appropriate team or competition leader. Disciplinary action may include:

- Removal from the team trip or training camp

- Suspension from training and/or competition
- Elimination of coaching, travel, and other benefits
- Forfeiture of U.S. Ski & Snowboard membership

Specifically, failure of an officer or employee of U.S. Ski & Snowboard to comply with any of the above provisions may result in termination of employment at U.S. Ski & Snowboard.

Affiliated Individuals have an obligation to report potential or actual violations of this Code of Conduct to legal@usskiandsnowboard.org.

U.S. Ski & Snowboard has zero tolerance for retaliatory conduct by any Affiliated Individual against any person who comes forward with a good faith complaint or issue. Retaliation for reporting in good faith an alleged violation of this Code of Conduct will itself constitute a violation of this Code of Conduct. For more information about the definition of retaliation and U.S. Ski & Snowboard's zero tolerance approach to retaliation, please see the U.S. Ski & Snowboard Whistleblower & Anti-Retaliation Policy.

U.S. Ski & Snowboard takes its obligation to investigate potential violations of the Code seriously and is committed to principles of fairness, due process, and equal opportunity. All properly filed complaints regarding the violation of the Code will be investigated in accordance with U.S. Ski & Snowboard's Bylaws, as published and available on U.S. Ski & Snowboard's website. Affiliated Individuals are entitled to be treated fairly and in compliance with U.S. Ski & Snowboard's Bylaws, policies, and procedures. Athletes, coaches, officials, and administrators are entitled to notice and an opportunity for a hearing, in accordance with the requirements of the Ted Stevens Olympic and Amateur Sports Act and the USOPC Bylaws, before being denied, or being threatened of being denied, from participating in protected or amateur athletic competition as those terms are defined by the USOPC Bylaws. Information on the processes for grievances, suspensions, and appeals is available at usskiandsnowboard.org.

Nothing in this Code of Conduct shall be deemed to restrict the individual freedom of a U.S. Ski & Snowboard member in matters not involving activities in which one could not be perceived as representing U.S. Ski & Snowboard. In choices of appearance, lifestyle, behavior, and speech while not representing U.S. Ski & Snowboard, competitors shall have complete freedom, provided their statements and actions do not adversely affect the name and reputation of U.S. Ski & Snowboard. However, in those events where one is representing or could be perceived as representing U.S. Ski & Snowboard, U.S. Ski & Snowboard demands that its members understand and agree to behave in a manner consistent with the best traditions of sportsmanship and U.S. Ski & Snowboard's core values.

For U.S. Olympic and Paralympic Trials, please see the USOPC's Participant Rules for Racial and Social Demonstrations available at teamusa.org.

Affiliated Individuals may contact U.S. Ski & Snowboard at legal@usskiandsnowboard.org with questions or complaints. Athlete members also may contact the athlete representative(s) to the Board of Directors as well as the Athletes Advisory Council Representative.

Team USA athletes may contact the Athlete Ombuds for independent and confidential advice on a variety of sport related matters, including their rights, applicable rules, policies or processes, and questions related to resolving disputes and grievances. The Athlete Ombuds can also help Team USA athletes connect with legal counsel or mental health resources if needed. All other U.S. Ski & Snowboard athletes (i.e., athletes competing domestically at the masters or youth level, recreational athletes, foreign athletes), are welcome to visit the Athlete Ombuds website to review informational resources and should work directly with U.S. Ski & Snowboard to understand additional resources and options available to them.

- EMAIL: ombudsman@usathlete.org
- WEBSITE: www.usathlete.org

Individuals who wish to report concerns related to this Code of Conduct as it relates to involvement in the Olympic and Paralympic Movement may also submit a report using the

ATHLETE SAFETY

U.S. Ski & Snowboard is committed to athlete health, welfare and safety, and adheres to the requirements of the U.S. Olympic & Paralympic Committee (USOPC) and the U.S. Center for SafeSport in their efforts to promote a safe and secure environment for athletes.

The SafeSport Code & Athlete Safety requirements, including the Minor Athlete Abuse Prevention Policy (MAAPP), apply from the grassroots level with U.S. Ski & Snowboard member clubs, and extend to all areas of the organization, including the USANA Center of Excellence.

All employees of U.S. Ski & Snowboard, interns, volunteers, and contractors who have access to the Center of Excellence, or who have regular contact or are in a position of authority over athletes, and those who have access to confidential U.S. Ski & Snowboard information related to the organization or athletes, must complete SafeSport training and background screening before their first day of employment, interning, volunteering, or beginning contract work.

U.S. Ski & Snowboard member clubs are also required to implement SafeSport training and background screening as well as the MAAPP for all of their adult participants in sports and those who work at or with U.S. Ski & Snowboard, and at all U.S. Ski & Snowboard or FIS-sanctioned events in the United States, excluding alpine masters who are not in regular contact with or in a position of authority over athletes. These mandatory requirements include:

- Criminal background screening once every two seasons for all employees, coaches, officials, board members, interns, contractors, and volunteers who are in regular contact with athletes, or in positions of authority over athletes
- All required training from the U.S. Center for SafeSport, which includes core and refresher courses, with training required every year
- The adoption of U.S. Ski & Snowboard's MAAPP, to limit one-on-one interactions with athletes at all times
- Implementation and enforcement of policies, and preparation for and quick response to random audits for compliance by the U.S. Center for SafeSport

These policies apply to all levels of U.S. Ski & Snowboard's member programs. More details regarding SafeSport and Athlete Safety are available on the U.S. Ski & Snowboard website at usskiandsnowboard.org/safesport-athlete-safety.

Any U.S. Ski & Snowboard member club hosting a U.S. Ski & Snowboard sanctioned event, must follow the Event Quality Control System Protocols for Athlete Safety 2025-26 Season available at usskiandsnowboard.org/safesport-athlete-safety/safesport-resources to ensure compliance with required athlete safety at the event.

INSURANCE COVERAGE

U.S. Ski & Snowboard requires members to have valid and sufficient primary medical/accident insurance coverage and to accept full responsibility for understanding the provisions of such coverage as a condition of becoming a member and participating in official U.S. Ski & Snowboard training and competition. Such primary coverage must be in effect for the entire term of the membership year in order for the member to have coverage under U.S. Ski & Snowboard's excess accident medical policy. Members must carry proof of primary insurance and such proof must be available at each event so that prompt medical/hospital care can be authorized, if needed. U.S. Ski & Snowboard provides properly registered members with excess accident medical coverage, as follows:

Excess Accident Medical Insurance for Members

Current U.S. Ski & Snowboard members of a U.S. Ski & Snowboard Member Club have excess accident medical coverage during sanctioned or registered events including official training (as defined by the policy) at such events. Please see usskiandsnowboard.org/sport-development/club-development/club-insurance for a detailed description of coverage and limits.

Excess Accident Medical Insurance for Members of a CLIP Member Club

Current U.S. Ski & Snowboard members of a U.S. Ski & Snowboard CLIP Member Club have excess accident medical coverage during skiing and snowboarding competition, while training to compete and conditioning to compete in ski and snowboard competition that is supervised by a U.S. Ski & Snowboard representative and/or representative of a CLIP Member Club, and during club activities that are supervised by a representative of a CLIP Member Club. Please see usskiandsnowboard.org/sport-development/club-development/club-insurance for a detailed description of coverage and limits including a list of activities that are excluded from the policy.

Liability Insurance Coverage

U.S. Ski & Snowboard will provide liability coverage for:

- Event Organizers with respect to their ordinary negligence if such is alleged to have arisen in connection with competition in or conduct of sanctioned events (meaning a Schedule Agreement has been executed) and/or activities conducted or approved by U.S. Ski & Snowboard (including official training at such event as defined by the policy). Please see usskiandsnowboard.org/sport-development/club-development/club-insurance for a detailed description of coverage.
- **CLIP Member Clubs** and the members and supervisory staff of such clubs and member coaches and officials while acting in their capacity as such on behalf of CLIP Member Clubs. Such coverage applies during (1) ski and snowboard competition, (2) while training to compete and conditioning to compete in ski and snowboard competition that is supervised by a U.S. Ski & Snowboard representative and/or representative of a CLIP Member Club, and (3) during club activities that are supervised by a representative of a CLIP Member Club. Please see usskiandsnowboard.org/sport-development/club-development/club-insurance for a detailed description of coverage, as certain club activities are not automatically covered.

Note: This summary provides a general overview of insurance coverage that applies to U.S. Ski & Snowboard members. It is not a complete explanation of all policy provisions or specifics of the policy benefits. No coverage is extended, and no representations are made, other than what is stated in the actual insurance policies.

MASTERS CONTACTS

The divisional chairperson or volunteer administrator is a masters competitor's closest source of information. Each division organizes a schedule of masters competitions and can provide information and assistance.

National Office

usskiandsnowboard.org

info@usskiandsnowboard.org | tel. 435.649.9090 | fax 435.649.3613

Box 100 | 1 Victory Ln | Park City UT 84060

Alpine Masters Manager

usskiandsnowboard.org/masters

Lauren Beckos | lauren.beckos@usskiandsnowboard.org | tel. 267.496.1320 | fax 435.649.3613

Member Services

membership@usskiandsnowboard.org | Member Service Hotline 435.647.2666

FIS Representative

Bob Davis | bdavis9112@yahoo.com | tel. 858.342.6125

Masters Alpine Competition Committee

The Masters Alpine Competition Committee (ACC) is under the Regional Subcommittee of the Alpine Sport Committee.

The Masters ACC governs and promotes alpine masters ski racing to U.S. Ski & Snowboard athletes 18 years of age and older. It establishes rules and procedures and selects sites for master's championships and FIS master's events in the U.S. It also coordinates regional activities and recommends policy to U.S. Ski & Snowboard.

The Masters ACC members are the masters chairs from each division, the FIS masters liaison and the immediate past chair of the working group. They elect a person to be their Chair for a term of two years. Such election to be held at the annual meeting at the National Masters Championships on odd years. The FIS masters liaison is appointed by the Chair.

Chair: Heather Black | Hailey, ID (IM)

FIS Liaison: Bob Davis | Encinitas CA (FW)

Past Chair: Ryan Fuller | Minnetonka MN (CN)

Jack Ballard | Red Lodge MT (NO)

Jason Gergen | Hastings MN (CN)

Matt Mitsis | South Boston MA (EA)

Alan Drake | Girdwood AK (AL)

Rob Cravens | Bend OR (PN)

Richard Slabinski | Park City UT (IM)

Frank Mangold | Littleton CO (RM)

Rees Palermo | Verdi NV (FW)

Divisional Contacts

National Chair

Heather Black | heatherfblack24@gmail.com | tel. 208.309.3075 | Hailey ID

Alaska | alyeskaskiclub.com/programs/masters

Alan Drake | alandrake61@gmail.com | tel. 907.441.1158 | Girdwood AK

Central | midwestmasters.org

Jason Gergen | jason.gergen@midwestmasters.org | tel. 651.283.4155 | Hastings MN

Eastern

Matt Mitsis | nemsracing@gmail.com | tel. 978.771.9492 | Boston MA

Eastern - New England Series | nemsracing.org

Matt Mitsis | nemsracing@gmail.com | tel. 978.771.9492 | Boston MA

Eastern - New York Series | nymasters.net

James Thoman | jethoman@gmail.com | tel. 716.848.1361 | Elma NY

Eastern - Mid Atlantic Series | mamasters.org

Carol Tomassetti | carolcartom@gmail.com | tel. 845.594.9045 | Kingston NY

Eastern - Southern Series | saraski.org

Horst Locher | skischool@bryceresort.com | tel. 540.856.2860 | Basye VA

Far West | farwestmasters.org

Rees Palermo | palermomdds@yahoo.com | tel. 775.762.1446 | Verdi NV

Intermountain/Northern | intermountainmasters.org

IM: Richard Slabinski | rpmslab@comcast.net | tel. 435.640.1386 | Park City, UT

NO: Jack Ballard | jackballard62@msn.com | tel. 406.696.9841 | Red Lodge MT

Pacific Northwest | pnwdivision.org/masters

Rob Cravens | robcravens99@gmail.com | tel. 541.419.3893 | Bend OR

Rocky Mountain | rmmkiracing.org

Frank Mangold | rmmkiracing@gmail.com | tel. 970.921.9131 | Littleton CO

Chapter 2
Alpine Masters
Champions



See Chapter 4 for specific event criteria and eligibility requirements for awards.

The 2025 A Racer's Edge Masters National Championships fueled by Dunkin' were held at Gore Mountain, NY (AC, SG, GS, SL). The individual event medalists, combined award winners, Division's Cup winner, competitors named to the 2026 U.S. Alpine Masters Team and AI Sise Outstanding Masters Award winners from the National Championship Events are listed below.

2025 A RACER'S EDGE ALPINE MASTERS NATIONAL CHAMPIONSHIPS

Gore Mountain | Mar. 18-22, 2025

Women Alpine Combined

Class	Gold	Silver	Bronze
1	Hanna Knudsen (EA)	Madeline Ten Kate (EA)	
2	Connor Carreras (EA)		
3	Alexandra Mitchell (EA)	Andrea Levy (EA)	Jacqueline Levy (EA)
4	Katelyn Parhiala (EA)		
5	Kerry Finch (EA)	Lindsay Keslick (CAN)	
6	Deborah Adams (EA)	Sandra Schwinzer (EA)	Beth Forbes (EA)
8	Sharon Way (EA)	Sherrie Glas (CN)	Janie Guiliani (CN)
9	Lisa Zimmerman (EA)	Carol Tomassetti (EA)	Kathy Hart (EA)
10	Deb Lewis (FW)		
11	Karen Sanderson (EA)		

Men Alpine Combined

Class	Gold	Silver	Bronze
1	Buck Rathbun (EA)	Jason Beland (EA)	Kyle Schnichels (CN)
2	Darnell Holmes (EA)	Eric Vitiello (EA)	Brandon Wilson (EA)
3	Matthew Dodge (EA)	Jaymes Elkins (EA)	Alex Maresjo (IM)
4	Jeremy Lindeman (EA)	Zack Carpenter (EA)	Justin Lorino (EA)
5	James Thoman (EA)	Christopher Rogers (EA)	John Beckos (IM)
6	Erich Horsley (IM)	Ben Davenport (EA)	Ryan Fuller (CN)
7	Terence Fogarty (EA)	Darrell Perry (EA)	Andrew Gehl (CN)
8	Greg Sarkis (EA)	Frank Mangold (RM)	John Rannestad (EA)
9	Mark Sertl (EA)	Richard Jefferson (EA)	Scott Reichhelm (EA)
10	Mark George (EA)	Hans Truckenbrod (EA)	David Wise (EA)
11	Pepi Neubauer (EA)	Greg Gill (EA)	
12	Jim Larsen (EA)	Paul Rogers (EA)	Don Smith (FW)

Women Super G

Class	Gold	Silver	Bronze
1	Hanna Knudsen (EA)	Madeline Ten Kate (EA)	
2	Connor Carreras (EA)	Amber Farkas (EA)	
3	Alexandra Mitchell (EA)	Jacqueline Levy (EA)	Andrea Levy (EA)
4	Katelyn Parhiala (EA)		
5	Kerry Finch (EA)	Dawn Mazzanti (EA)	Lindsay Keslick (CAN)
6	Deborah Adams (EA)	Beth Forbes (EA)	Sandra Schwinzer (EA)
8	Pollyanna Schmid (EA)	Sherrie Glas (CN)	Sharon Way (EA)

- | | | |
|-------------------------|---------------------|-----------------------|
| 9 Margaret Vaughn (EA) | Lisa Zimmerman (EA) | Carol Tomassetti (EA) |
| 10 Deb Lewis (FW) | | |
| 11 Karen Sanderson (EA) | | |

Men Super G

Class Gold	Silver	Bronze
1 Jason Beland (EA)	Tucker Ormiston (EA)	Buck Rathbun (EA)
2 Eric Vitiello (EA)	Brandon Wilson (EA)	Darnell Holmes (EA)
3 Jaymes Elkins (EA)	Alex Maresjo (IM)	Matthew Manzella (EA)
4 Jeremy Lindeman (EA)	Zack Carpenter (EA)	Justin Lorino (EA)
5 James Thoman (EA)	Christopher Rogers (EA)	John Beckos (IM)
6 Michael Walsh (RM)	Erich Horsley (IM)	Ryan Fuller (CN)
7 Andrew Gehl (CN)	Robb Mann (EA)	Terence Fogarty (EA)
8 Frank Mangold (RM)	Greg Sarkis (EA)	David Hall (CN)
9 Mark Sertl (EA)	Richard Jefferson (EA)	Scott Reichhelm (EA)
10 Mark George (EA)	Hans Truckenbrod (EA)	Terry Roger Hanna (CAN)
11 Pepi Neubauer (EA)	Greg Gill (EA)	Charles Thorndike (EA)
12 Jim Larsen (EA)	Don Smith (FW)	Peter Wepplo (EA)

Women Giant Slalom

Class Gold	Silver	Bronze
1 Olena Kucher (EA)	Hanna Knudsen (EA)	Rachel Fogarty (EA)
2 Connor Carreras (EA)		
3 Alexandra Mitchell (EA)	Andrea Levy (EA)	Lisa Mulvey (EA)
4 Katelyn Parhiala (EA)		
5 Kerry Finch (EA)	Lindsay Keslick (CAN)	Krista Brodhurst (CAN)
6 Deborah Adams (EA)	Beth Forbes (EA)	Sandra Schwinzer (EA)
7 Susan Maximuk (EA)	Carole Scovill (EA)	
8 Pollyanna Schmid (EA)	Sharon Way (EA)	Sherrie Glas (CN)
9 LJ Swanson (EA)	Margaret Vaughn (EA)	Lisa Zimmerman (EA)
10 Deb Lewis (FW)		
11 Karen Sanderson (EA)		

Men Giant Slalom

Class Gold	Silver	Bronze
1 Andrew Mangold (RM)	Jason Beland (EA)	Buck Rathbun (EA)
2 Sebastian Arnold (FW)	Brandon Wilson (EA)	Eric Vitiello (EA)
3 Matthew Dodge (EA)	Alex Maresjo (IM)	Matthew Manzella (EA)
4 Justin White-Chandler (EA)	Zack Carpenter (EA)	Justin Lorino (EA)
5 James Thoman (EA)	Christopher Rogers (EA)	David Watson (EA)
6 Erich Horsley (IM)	Michael Walsh (RM)	Ben Davenport (EA)
7 Lee Ormiston (EA)	Andrew Gehl (CN)	Terence Fogarty (EA)
8 Frank Mangold (RM)	Jason Westcott (EA)	John Rannestad (EA)
9 Mark Sertl (EA)	Jaimie Hugessen (CAN)	David McVicker (CN)
10 Mark George (EA)	Terry Roger Hanna (CAN)	Hans Truckenbrod (EA)
11 Pepi Neubauer (EA)	Greg Gill (EA)	John Risley (EA)
12 Peter Wepplo (EA)	Jim Larsen (EA)	Paul Rogers (EA)

Women Slalom

Class Gold	Silver	Bronze
1 Hanna Knudsen (EA)	Madeline Ten Kate (EA)	Rachel Fogarty (EA)
2 Connor Carreras (EA)		
3 Alexandra Mitchell (EA)	Andrea Levy (EA)	Jacqueline Levy (EA)
4 Katelyn Parhiala (EA)	Tiffany Meyer (EA)	
5 Kerry Finch (EA)	Lindsay Keslick (CAN)	Krista Brodhurst (CAN)

6	Deborah Adams (EA)	Beth Forbes (EA)	
7	Susan Maximuk (EA)	Carole Scovill (EA)	
8	Pollyanna Schmid (EA)	Sharon Weston (EA)	Janie Guiliani (CN)
9	Lisa Zimmerman (EA)	Margaret Vaughn (EA)	Carol Tomassetti (EA)
10	Deb Lewis (FW)		
11	Karen Sanderson (EA)		

Men Slalom

Class	Gold	Silver	Bronze
1	Jason Beland (EA)	Kyle Schnichels (CN)	Andrew Mangold (RM)
2	Sebastien Arnold (FW)	Eric Vitiello (EA)	Darnell Holmes (EA)
3	Jaymes Elkins (EA)	Alex Maresjo (IM)	Matthew Manzella (EA)
4	Zack Carpenter (EA)	Jeremy Lindeman (EA)	Jonathan Diehl (EA)
5	James Thoman (EA)	John Beckos (IM)	Andrea Fiocchi (EA)
6	Erich Horsley (IM)	Ben Davenport (EA)	Ryan Fuller (CN)
7	Lee Ormiston (EA)	Terence Fogarty (EA)	Tom Rogan (EA)
8	David Hall (CN)	Frank Mangold (RM)	Jim Tomassetti (EA)
9	Mark Sertl (EA)	Cal Baker (EA)	Jaimie Hugessen (CAN)
10	Mark George (EA)	Terry Roger Hanna (CAN)	Hans Truckenbrod (EA)
11	Pepi Neubauer (EA)	Charles Thorndike (EA)	John Risley (EA)
12	Paul Rogers (EA)	Don Smith (FW)	Carl McDonough (EA)

Combined Medalists

The Combined awards in each age group are earned by the racers with the lowest total race points score accumulated by each competitor for the three events of slalom, giant slalom and super-G. Race points are calculated as the ratio of the competitor's time to that of the winner, adjusted by a discipline-specific normalization factor set by the FIS which produces a time-based "closeness" ranking. Because of the time-based scoring formula, competitors must finish all three events to be eligible for the combined.

Women

Class	Gold	Silver	Bronze
1	Hanna Knudsen (EA)	Madeline Ten Kate (EA)	
2	Connor Carreras (EA)		
3	Alexandra Mitchell (EA)	Andrea Levy (EA)	Lauren Beckos (IM)
4	Katelyn Parhiala (EA)		
5	Kerry Finch (EA)	Lindsay Keslick (CAN)	Krista Brodhurst (CAN)
6	Deborah Adams (EA)	Beth Forbes (EA)	
8	Pollyanna Schmid (EA)	Sharon Weston (EA)	Janie Guiliani (CN)
9	Lisa Zimmerman (EA)	Margaret Vaughn (EA)	Carol Tomassetti (EA)
10	Deb Lewis (FW)		
11	Karen Sanderson (EA)		

Men

Class	Gold	Silver	Bronze
1	Jason Beland (EA)	Jesse Stevenson (EA)	Liam Moya (EA)
2	Eric Vitiello (EA)		
3	Alex Maresjo (IM)	Matthew Manzella (EA)	
4	Zack Carpenter (EA)	Jonathan Diehl (EA)	
5	James Thoman (EA)	Christopher Rogers (EA)	David Watson (EA)
6	Erich Horsley (IM)	Ben Davenport (EA)	Ryan Fuller (CN)
7	Terence Fogarty (EA)	Darrell Perry (EA)	
8	Frank Mangold (RM)	David Hall (CN)	David Piermarini (FW)
9	Mark Sertl (EA)	Jaimie Hugessen (CAN)	David McVicker (CN)

- 10 Mark George (EA)
- 11 Pepi Neubauer (EA)
- 12 Paul Rogers (EA)

Terry Roger Hanna, (CAN) Hans Truckenbrod (EA)
David Stuart (EA)

Division's Cup Team

Congratulations EASTERN Division!

The Division's Cup is awarded to the division with the best ratio of points scored per competitor start for all races in the national championships. * Division teams must consist of at least 10 competitors to be eligible. Eastern's small but mighty crew of 10 racers got it done!

Division	# of competitors	Division Cup Score
1 Eastern	136	2.082
2 Central	11	2.062
* Far West	4	2.153
* Intermountain	4	2.866
* Northern	1	1.250
* Rocky Mountain	6	2.312
* Canada	7	1.708

Al Sise Outstanding Masters Award

An outstanding performance award, called the Al Sise Outstanding Masters Award, is given annually to two U.S. alpine masters racers (male and female) based on their performances at the national championships. The award-winners are determined by a vote of the national chairpersons or designated representatives from each of the divisions. This year's winners of the Al Sise Outstanding Masters Awards were Merk Sertl (EA) in men's class 9 and Alexandra Mitchell (EA) in women's class 3.



2026 U.S. ALPINE MASTERS NATIONAL TEAM

The U.S. Alpine Masters National Team is selected based upon a total of world cup points accumulated by each competitor for the four events of, SL, GS, SG, and AC. Ties will be broken by best single result, then second best result, then third best result and finally by race points, using the lowest total race points if the tied competitors finished the same races in the combined event, otherwise by best (lowest) points result. Only athletes who are citizens of the U.S. and hold a Masters membership are eligible for the team.

Women

Class Name	Division	Hometown
1 Hannah Knudsen	Eastern	Ambler, PA
2 Connor Carreras	Eastern	Jersey City, NJ
3 Alexandra Mitchell	Eastern	Ithaca, NY
4 Katelyn Parhiala	Eastern	Georgetown, MA
5 Kerry Finch	Eastern	Wallingford, VT
6 Deborah Adams	Eastern	North Haven, CT
7 Susan Maximuk	Eastern	Wilmington, DE
8 Pollyanna Schmid	Eastern	Jamaica, VT
9 Lisa Zimmerman	Eastern	Nassau, NY
10 Deb Lewis	Far West	Bishop, CA
11 Karen Sanderson	Eastern	Hunter, NY

Men

Class Name	Division	Hometown
1 Jason Beland	Eastern	North Syracuse, NY
2 Eric Vitiello	Eastern	Dracut, MA
3 Jaymes Elkins	Eastern	Hightstown, NJ
4 Jeremy Lindeman	Eastern	Avon, CT
5 James Thoman	Eastern	Elma, NY
6 Erich Horsley	Eastern	Cottonwood Heights, UT
7 Terence Fogarty	Eastern	Saranac Lake, NY
8 Frank Mangold	Rocky	Littleton, CO
9 Mark Sertl	Eastern	Rochester, NY
10 Mark George	Eastern	Barre, VT
11 Pepi Neubauer	Eastern	Naples, NY
12 Jim Larsen	Eastern	Bedford, MA



2025 ALPINE MASTERS REGIONAL CHAMPIONS

The U.S. Alpine Masters Regional Championship teams are selected from the competitors in each class with the greatest total of World Cup points from their finishes in the events of the championship.

Phillips 66 Western Regional Champions

Big Sky, MT | Feb. 7-9, 2025

Class Men

- 1 Jesse Stevenson (EA)
- 2 Eric Vitiello (EA)
- 3 Erik Nelson (FW)
- 4 Matthew Ellis (IM)
- 5 Chris Gabel (N)
- 6 Jesse Foster (IM)
- 7 Thunder Jalili (IM)
- 8 Chris Maxwell (IM)
- 9 Richard Slabinski (IM)
- 10 Mark George (RM)
- 11 Mark Kandianis (IM)
- 12 Knut Olberg (IM)
- 13 Charles Hauser (RM)

Women

- Brooke Wildenradt (FW)
- Connor Carreras (EA)
- Lauren Beckos (IM)
- Anastasia Artyeva (IM)
- Tara Petter (AK)
- Vera Savage (FW)
- Chris Katzenberger (IM)
- Karen Kilian (PN)
- Deb Lewis (FW)
- Nancy Auseklis (IM)
- Carolyn Phillips (PN)



DUNKIN'

2025 A RACER'S EDGE ALPINE MASTERS SPEED SERIES

The 2025 Masters National Speed Series featured 22 events at 12 venues around the country.

National Speed Series Champions

Overall Group Winners

Place	Group A/B (M01-M08)	Group C (all Women)	Group D (M09-M14)
1	Michael Walsh (M06, RM)	Andrea Levy (W03, EA)	Rich Jefferson (M09, EA)
2	Matthew Dodge (M03, EA)	Jacqueline Levy (W03, EA)	Mark George (M10, EA)
3	Chris Maxwell (M08, IM)	Kerry Finch (W05, EA)	Daniel Dole (M10, PN)
4	Ryan Fuller (M06, CN)	Deb Lewis (W10, FW)	Rick Slabinski (M09, IM)
5	Alex Maresjo (M03, IM)	Robin White (W06, PN)	(t)George Dorris (M10, IM) (t)Knut Olberg (M12, IM)

Age Class Winners

Women

Class	Gold	Silver	Bronze
1	Hannah Knudsen (EA)	Brooke Wildenradt (FW)	
2	Amber Farkas (EA)	Connor Carreras (EA)	
3	Andrea Levy (EA)	Jacqueline Levy (EA)	Lauren Beckos (IM)
4	Anastasia Artyeva (IM)	Julia Binette (IM)	
5	Kerry Finch (EA)		
6	Sandra Schwinzer (EA)	Robin White (PN)	(t) Beth Forbes (EA) (t) Dasha Kadulova (IM)
8	Janie Guiliani (CN)	Chris Katzenberger (IM)	Nancy Gieske (FW)
9	Margaret Vaughn (EA)	Karen Kilian (PN)	Kathy Hart (EA)
10	Deb Lewis (FW)	Linda Crowell (FW)	Ellen Hendrickson (IM)
11	Karen Sanderson (EA)		
12	Nancy Auseklis (IM)		
13	Carolyn Phillips (PN)		

Men

Class	Gold	Silver	Bronze
1	Liam Moya (EA)	Thomas Ancillotti (EA)	Jesse Stevenson (EA)
2	Eric Vitiello (EA)	Brandon Wilson (EA)	Darnell Holmes (EA)
3	Alex Maresjo (IM)	Matthew Dodge (EA)	Taylor Embury (RM)
4	Jeremy Lindeman (EA)	Ryan Ballantine (EA)	Zack Carpenter (EA)
5	David Watson (EA)	John Beckos (IM)	Chris Gabel (N)
6	Kevin Tocke (EA)	Michael Walsh (RM)	Ryan Fuller (CN)
7	Bill Tomcich (RM)	Robb Mann (EA)	Steven Jones (RM)
8	Chris Maxwell (IM)	(t) Frank Mangold (RM) (t) John Rannestad (EA)	
9	Richard Jefferson (EA)	(t) Dave Kornish (PN) (t) Scott Reichhelm (EA)	
10	Mark George (EA)	Daniel Dole (PN)	George Dorris (IM)
11	(t) Sam Crowell (FW) (t) Mark Kandianis (IM)		Michael Rooney (EA)
12	Knut Olberg (IM)	Don Smith (FW)	Jim Larsen (EA)
13	Charles Hauser (RM)		

Thank you to our generous sponsors for the Masters Regional and National Events.



Southern Masters



Alyeska Masters



Give Your Team the Best.

The latest ski timing system from Brower Timing. Relied on by the world's top national ski alpine teams and club ski racers alike, the RL Cloud system builds on the previous generation (Brower Bib ID RL system) with improved functionality, ease of use, and instant analytics.

- **NEW!** Powerful RL Cloud Software and App
- **NEW!** Wireless, automatic syncing
- **NEW!** Turbo Magnetic mounts



For more information please call or visit us online.



800-555-0593

info@worldcupsupply.com

www.worldcupsupply.com

www.spm-sport.com

Chapter 3

General Competition Rules



RULES AND ENTRY PROCEDURES

In order to offer a schedule of events consistent across the nation, the masters have adopted a set of rules for participation, conduct, and course setting. These rules are to be used to conduct all sanctioned masters events. In general, Masters competition follows the rules set by FIS and U.S. Ski & Snowboard for alpine skiing events as set forth in the Alpine Competition Guide (ACR) and the FIS ICR. However, there are some rules and race procedures that are specific to masters competitions which are listed here.

This chapter summarizes the key rules from the ACR for alpine masters competition, with references provided to the complete rule in the ACR. The rules specific to masters are designated with “M” rule number and follow the organization of the ACR. Rules that are new or revised for the season or deserving of emphasis are highlighted in the “Rules to Remember” section.

U.S. Ski & Snowboard and FIS Rules

Competitors and coaches are responsible for knowledge and proper observance of the Alpine Competition Regulations (ACR) and the FIS International Competition Regulations (ICR). Copies of the Alpine Competition Guide and the FIS ICR may be purchased through the membership department, tel. 435.647.2666 | membership@usskiandsnowboard.org, or they can be downloaded at usskiandsnowboard.org/masters/masters-equipment-rules.

Regional and Divisional Rules and Procedures

Each region and division/state may have additional rules and procedures which apply. Please consult the regional sections of this guide for information in your area. Particularly note membership requirements in divisional/state organizations.

Important Message about Communications

Communication between U.S. Ski & Snowboard, the various masters volunteer leadership, and masters competitors is an important part of our programs. Please make certain that you are kept informed of national, regional, divisional, state and local correspondence throughout the year. Much of this information is provided in this book, on the web at usskiandsnowboard.org/masters and at the various regional and divisional masters websites and through national, regional and division email newsletters. Additional communication methods may include social media accounts maintained by each masters division and online systems used for race registration and membership management such as masters.AdminSkiRacing.com, which is used by most U.S. masters race series.

Rules to Remember

- U.S. Ski & Snowboard and FIS have prohibited wax products containing fluorocarbons from use in all sanctioned competitions.
- Masters must use helmets that meet the FIS standards for all U.S. Ski & Snowboard GS, SG, DH, P, and K competitions. Helmets which meet the FIS standard have a sticker affixed by the manufacturer that states, “Conforms to FIS Specification RH 2013”. For all disciplines, helmet must bear a “CE” mark and conform to recognized and appropriate standards such as one or more of the following helmet standards: CEH.Din 1077, ASTM F2040, SNELL S98 or RS98.
- Camera mounts or other protruding attachments to helmets are not permitted. Protective features integral to the event being contested, such as chin guards on SL helmets are permitted. Soft ear protection is only permitted for helmets used in SL (they are not allowed in PSL).
- Electronic communications are permitted for most competition-related activities, including team captains/competitor meetings, event schedules and updates, competitor check-in, start lists, and results. Specific details on electronic techniques must be made available to all participants prior to the event. Physical scoreboards in the finish area are strongly

recommended for all masters races.

- Course inspection is an integral part of alpine skiing competition. It is encouraged that inspection times for a masters competition should permit competitors to have two looks at the course. It is the responsibility of the race organizers and jury to clearly communicate the program times for entry, close of entry, and close of course inspection to competitors.
- To participate in any sanctioned masters event, racers must hold a Masters membership and be at least 18 years of age. Racers ages 18 to 24 with a Non-Scored Athlete membership may participate in Alpine Masters competitions. A Short-Term (multi-day) membership may be purchased to participate in non-championship (divisional) races, but is not valid at masters national or regional championships. Short-Term fees can be applied toward the cost of a yearly masters membership by contacting Member Services.
- Masters equipment rules conform to the Masters equipment rules. U.S. Ski & Snowboard recommends that competitors in Masters events compete on equipment designed for the particular discipline (DH, SL, GS and SG) but does not make any recommendations in regard to ski length or shape.
- For U.S. Ski & Snowboard membership, athletes must carry primary medical insurance that is in effect for the entire term of the membership season.

Masters Age Classes [M1282.1]

Following are the masters age classes for-sanctioned events; most competitions follow these classes. Some regions/divisions/states may modify the classes or running order for non-championship events due to small numbers of participants or to add “super seed” classes.

Class 1 Ages 18-29 (1996-2007)	Class 8 Ages 60-64 (1961-65)
Class 2 Ages 30-34 (1991-95)	Class 9 Ages 65-69 (1956-60)
Class 3 Ages 35-39 (1986-90)	Class 10 Ages 70-74 (1951-55)
Class 4 Ages 40-44 (1981-85)	Class 11 Ages 75-79 (1946-50)
Class 5 Ages 45-49 (1976-80)	Class 12 Ages 80-84 (1941-45)
Class 6 Ages 50-54 (1971-75)	Class 13 Ages 85-89 (1936-40)
Class 7 Ages 55-59 (1966-70)	Class 14 Ages 90+ (1935 and earlier)

Age Class Groupings [M1282.2]

Group A Men’s Classes 1-5 (18-49)	Group B Men’s Classes 6-8 (50-64)
Group C All Women’s Classes	Group D Men’s Classes 9-14 (65+)

Entry Procedure (non-FIS)

All participants (athletes, course setters, and officials) including foreign participants, in masters competitions must be members of U.S. Ski & Snowboard in the appropriate category. This is a risk management issue and needs to be strictly adhered to. Every participant must have either a Short-Term (one day) membership, a Non-Scored Athlete membership, or a full Masters membership according to the Eligibility requirements for the event.

General Racer Eligibility

In order to participate in any sanctioned masters competition, athletes must be a member of U.S. Ski & Snowboard with an Alpine Master or Alpine Non-Scored Athlete membership and adhere to the following requirements:

- Be at least 18 years old,
- If the athlete is not a member, they must purchase a Short-Term Alpine Master membership at \$36/day. Short-term memberships can be purchased for one event per season (an event can span up to five (5) consecutive days). Short-Term fees can be applied toward the cost of an Alpine Masters membership by contacting Member Services.

To compete in Regional or National Masters Championship events athletes must hold a Masters membership; Short-Term memberships are only allowed at these events for international competitors.

Racers should know their membership number which is required for race entry. The number is assigned for life, starting with the first membership for which a person registers, regardless of year or membership category, including Short Term memberships. If racers do not know their U.S. Ski & Snowboard number, they should contact Member Services, tel. 435.647.2666 | membership@usskiandsnowboard.org.

The responsibility for confirming the race organizer's acceptance of an entry belongs to the entrant. It is strongly encouraged, but not required, for organizers to notify racers if their entry has not been accepted. Registered competitors are responsible for notifying the race organizer in advance to withdraw from an event.

All masters races, including regional and national masters events, are "open" events and do not require qualification. All masters racers are encouraged to attend!

Foreign Competitors in non-FIS Competitions

Foreign competitors must hold either an Alpine Master or a Short-Term Alpine Master membership to compete in U.S. non-FIS competitions. The application must include the country of citizenship which will also be entered in their membership record. For non-FIS regional and national championships, competitors with an active Canadian Alpine Masters license can purchase a one day Short-Term Alpine Master membership and contact Member Services to add the additional days of the event for no additional charge at tel. 435.647.2666 | membership@usskiandsnowboard.org. For Canadians to qualify the Eastern or Western Regional Champion Teams, they must hold a full Alpine Masters membership.

Unqualified Racers

The race jury may exclude racers from competition for lack of physical and/or technical ability, lack of appropriate equipment or helmet, and/or for not meeting membership criteria. [ACR 601.4.6.3, M1284.6]

Entry Materials

Entries to masters races should be made according to the race organizer's instructions, by following instructions published on the division or race series web site, or by contacting the local division leadership by phone or email. Online registration is strongly preferred, e.g. at masters.adminkiracing.com (most divisions) or midwestmasters.skiclubpro.team (Midwest Masters)

Be sure to provide phone numbers and email addresses that are accessible during daytime and evening hours, as event organizers may need to contact participants to assist with registration. Providing a working email address is especially important, as email is the usual means for communicating event information and updates to competitors.

Note: Some divisions have different entry procedures for their races. Check each division's requirements set out in the divisional section of this guide.

Entry Fees

See specific event information on the race series website or online registration site for when/how payments are collected and whether entry fees include a lift ticket.

Refunds/Cancellations

It is every racer's responsibility to inform the race organization, **in advance**, of their withdrawal from a competition. Race organizers shall refund a competitor's entry fee if the reason for withdrawal is illness, injury, family emergency or similar excusable reason, otherwise a refund is at the discretion of the race organizer.

Race organizers shall refund entry fees for expenses not incurred for competitions which must be cancelled. When conditions are questionable, racers are responsible for contacting the host organization to confirm if the event will take place as scheduled.

Entry Limits, Conditions and Invitational Events

National, Regional and Divisional competition committees may impose entry restrictions and requirements on various events. Please see the later sections of this guide for more information. Race organizers and competition juries may limit the number of entries in consideration of weather conditions, snow conditions, other safety considerations and fairness, as provided for in the rules.

All other limitations and conditions on entries proposed by the organizers must be clearly stated on their application for calendaring, must be approved by the Masters Alpine Competition Committee and or the Alpine Sports Committee in advance, and must be published sufficiently in advance, so that all competitors are properly advised.

Geographic Affiliation

The choice (designation) of division in which a racer registers shall be based on where the racer spends the greatest part of his or her ski season. The designation must be made at the start of the season and is in effect for the entire season. As all sanctioned masters races are considered “open”, racers may compete in events in any division at any time.

Requests for changes of affiliation must be made to Member Services.

MASTERS COMPETITION RULES

General Rules

M1281 General Regulations

M1281.1 Masters competitions are non-scored races organized by age classes

M1281.2 Courses

All masters races must be held on courses which have been homologated by FIS or by U.S. Ski & Snowboard prior to the event [ACR 650.1]. Schedule agreements cannot be executed in the absence of homologation numbers for that course and discipline.

M1281.3 Course Maintenance

Although race organizers are responsible for proper course preparation, competition juries may require racer assistance in the preparation of the course should conditions warrant.

M1282 Organization of Competition

The following are the age classes and running orders for men and women in sanctioned masters events. Some regions/divisions/states may modify the classes or running order for non-championship events (e.g., due to small numbers of participants or to add “super seed” classes).

M1282.1 Masters Age Classes

Definition of masters age classes is listed earlier in this chapter.

M1282.2 Age Class Groupings

Group A: Men’s Classes 1-5 (men 18-49)

Group B: Men’s Classes 6-8 (men 50-64)

Group C: All Women’s Classes

Group D: Men’s Classes 9-14 (men 65 and older)

M1282.3 Age Class Running Order

A masters race may be organized with all competitors of both genders competing on a single course or with multiple courses where the division of competitors may be by age class group(s) so there are a fairly even number of racers on each course. Age classes can be shifted if needed to other groups to balance course numbers as

long as all racers within an age class are together on the same course.

1. When all competitors are on the same course or the course split has competitors of different genders competing on the same course, the age class running order is as follows: Oldest classes first in oldest-to-youngest order for the age 70+ classes 14-10 with women then men i.e. oldest women then oldest men in class 14, women then men in class 13, and so forth through class 10; then all remaining women's classes 9 and under in oldest to youngest order; then all remaining men's classes 9 and under in oldest to youngest order:

W14, M14, W13, M13, W12, M12, W11, M11, W10, M10

W9, W8, W7, W6, W5, W4, W3, W2, W1

M9, M8, M7, M6, M5, M4, M3, M2, M1

2. When there are multiple courses, the race organizer may split the groups so that each course has approximately the same number of racers. Typically, A and B groups race together, and C and D groups race together.

3. When there are separate courses for each group or all competitors on the same course are the same gender, the running order shall be by class from oldest to youngest age class in each race

M1282.4 The Jury has the right to change the starting order if warranted by course or weather conditions. [ACR 621.5]

M1283 Start Order

Start order for masters competitions is within age class, according to the age class classifications and running order rules of M1282. The start order rules may be modified to accommodate specific situations; any adjustments must be announced to competitors prior to the start of the race. This section supersedes ACR 621 for masters competitions.

M1283.1 Classification of competitors

Competitors are classified by age class as described in M1282.1.

For National Championships, seed groups may be established within classes following the National Championship Seeding rules.

M1283.2 First Run Start Order

The first run start order for Regional and National Championships will be random draw within age class, or within seed groups in class when seeding classification is established. Divisions are encouraged to use random draw within age class for first run start order.

M1283.3 Second Run Start Order

The second run start order for Regional and National Championships will be total reverse order of first run finish within age class (slowest to fastest first run time). Divisions are encouraged, but not required, to use total reverse-first-run finish order within class for non-championship events.

M1283.4 Competitors who wish to make a second run after a first run DNS, DNF, DSQ, or NPS may do so at the discretion of the jury if snow conditions and time permit. [ACR U621.11.3.1] Their second run should be taken within age class after all qualified racers in their class have started their second run. The second run shall not count in any way in the discipline or combined results.

If a second run is not available to DSQs and DNFs, this decision should be communicated to competitors (e.g. by jury announcement or by posting on a notice board at check-in or the finish board).

M1283.4.1 Racers who did not complete the first run of a SL or GS are not permitted to forerun the second run of the race.

Under M613.6, if a competitor misses his/her start, he/she shall be allowed to run later within the start order. The competitor should be inserted at the end of his/her class or as soon as possible at the end of a subsequent age class at the discretion of the jury.

Officials, Jury Members and Course Setters

M601.4.3.1 Jury participation

Officials, Jury Members and Course Setters at Masters events may also be participants in those events as long as they maintain the appropriate membership(s). The exception to this is at the Masters National Championships and any FIS events, where the TD may not be a participant.

Course Inspection

The rules pertaining to course inspection shall be enforced by the competition jury. [ACR 614.3]

Inspection procedures shall be announced and posted in advance and whenever conditions may require changes. It is the responsibility of the race organizers and jury to clearly communicate the program times for entry, close of entry, and close of course inspection to competitors. A racer is subject to sanction if course inspection procedures are not followed; the penalty is assessed by the jury and may result in withdrawal of accreditation for the current event. [ACR 628, 223]

It is encouraged that inspection times for a masters competition should permit competitors to have two looks at the course. For SG, competitors should be allowed to inspect the course for at least one hour; the jury may decide if more than one hour should be required (M1285.4.

Competitors should expect to be sanctioned for infractions of inspection or training procedures and may be sanctioned from future competitions for serious violations. Coaches may be disciplined for violation of procedures on their part, losing their credentials for the meet or further events.

It is a racer's right and responsibility to inspect the course according to the rules and the instructions of the jury. Competitor inspection is held after course setting and jury inspection is completed, after the jury has opened the course. Competitors are not permitted to enter a closed competition course.

Racers should follow course inspection principles which include side-slipping outside the racing line, no high-speed skiing in the race area, and no shadowing of the course.

Official Training: DH and SG

Official training for DH events is an integral part of the competition [ACR 704.1]. Participation in at least one timed training run is required for participation in the race [ACR 704.8.3]. Competitors must strictly respect the instructions of the competition jury. All course protection must be in place for official training [ACR 704.3, 704.4].

Training and/or controlled fast free-skiing on the race hill (racers start down the slope at intervals) at masters SG events is at the option of the race organizer but is highly recommended [M1285.4.b]. The training course should be similar to the intended race course(s). Participation in SG training is not required to compete in SG races. All course protection must be in place for the training run(s) and controlled fast free-skiing runs [M1285.4.c].

Racing numbers, bibs

Competitors must carry their official start numbers during inspection. Bibs must be worn during official training. Bibs shall not be modified in any way. Athletes are subject to sanction for breach of these rules; the penalty is assessed by the jury and may result in withdrawal of accreditation for the current event [ACR 606.1, 614.3.2, 628.2, 628.3, 223].

Official Start Procedure

At the direction of the starter, the competitor must plant both poles in front of start line. Pushing off from the start posts or other aids is not allowed. The competitor must start only

with the help of their ski poles. [ACR 613.3]

GS, SG and DH: Ten seconds before the start, the starter will tell the competitor: “10 seconds”. Five seconds before the start, the starter should count “5, 4, 3, 2, 1” and then give the command “Go”. If possible, an automatic audible signal is to be used in addition to the verbal commands of the starter. The competitor must start within the interval from 5 seconds before to 5 seconds after the official start time. A start more than 5 seconds early or late is a false start, with the competitor subject to sanction (including disqualification) by the jury. [ACR 613.4, 613.7, 628, 223]

SL: When the starter has received the order for the next start, the starter gives the competitor the warning, “Ready” and a few seconds later the start signal “Go!”. The competitor must start within about 10 seconds after the start order. A start more than about 10 seconds after the “Go” command is a false start, with the competitor subject to sanction (including disqualification) by the jury. [ACR 805.3, 628, 223]

Late Start

M613.6 Delayed Start

If a competitor misses his/her start, he/she shall be allowed to run later in the start order and should be inserted at the end of his/her class or as soon as possible at the end of a subsequent age class at the discretion of the jury.

During a multi-day event, after two or more missed starts, the jury may sanction the racer.

Completion of Gate (Correct Passage)

For gates delineated by two poles, a competitor will be disqualified if they fail to cross the (gate) line between the inside and outside poles of the gate with both ski tips and both feet. [ACR 661.4]

A racer who is clearly disqualified for missing a gate may not continue further through the course. Violations can result in sanction. [ACR 614.2.2]

In the event a pole has been knocked out (removed from its vertical position) and not replaced, the competitors ski tips and both feet must pass across the original gate line as defined by the hole or marking in the snow. [ACR 661.4.1.3]

Single Pole SL and GS

Both feet and ski tips must pass the turning pole of the turning gate on the same side, following the normal race line crossing the imaginary line from turning pole to turning pole. If a competitor loses a ski, without committing a fault, such as straddling a pole, then the tip of the remaining ski and both feet must meet both requirements. In SL only, if the competitor has not correctly passed the imaginary line from turning pole to turning pole and does not follow the normal race line, then they have to climb back up and correctly pass around the missed turning pole, unless they will interfere with or is passed by the next competitor, in which case they must stop away from the course and not finish. [ACR U804.3, 904.3]

Missed Gate or Stopping in GS, SG and DH

If a competitor misses a gate, they must no longer continue through further gates and shall be designated “DNF” [ACR 614.2.2]. If a competitor comes to a complete stop for any reason, they must no longer continue through previous or further gates [ACR U614.2.3]. This interdiction is valid in all events with a fixed start interval (DH, SG, GS, Parallel bracketed rounds). The only exception is in SL [ACR U661.4.1] and Parallel qualification rounds [ACR U614.2.3], as long as the competitor does not interfere with the run of the next competitor or has not been passed by the next competitor.

Interference

If a competitor feels that they have suffered from interference on the course, they must stop immediately and ski out of the course and request a provisional rerun from any jury member or jury advisor, explaining the specific problem and location [ACR 623.1.1]. The jury will

give immediate instruction. The jury will determine the validity of the claim in a subsequent meeting, according to the rules relating to reruns [ACR 623.3].

Grounds for interference include blocking of the course by an official, a spectator, an animal, or other obstruction; blocking of the course by a fallen competitor who did not clear the course soon enough; objects in the course such as a lost ski pole or the ski of a previous competitor; activities of the first aid service which obstruct the racer; absence of a gate knocked down by a previous competitor and not promptly replaced; other similar incidents beyond the will and control of the competitor, which cause significant loss of speed or a lengthening of the racing line and subsequently affect the competitor's time; malfunction of the timekeeping system; interruption of a DH or SG run by an official in a "yellow zone". [ACR 623.2]

Yellow Flag

Yellow flag zone(s) may be set by the race jury, with a yellow flag positioned where it may be required to alert the next competitor. Yellow flags must be positioned before inspection and should be recognizable by competitors.

When a competitor is waved down by a yellow flag, they must stop immediately. If stopped in training, the competitor may be allowed to restart from the point where they stopped. The stopped competitor may request a rerun if stopped in a training run, which the jury may allow if possible. If stopped during the race, the competitor has the right to a rerun provided the jury considers this possible from an organizational point of view. [ACR 705 and 1008]

Crossing Finish Line

The finish line must be crossed on both skis, or on one ski, or with both feet in case of a fall between the last gate and the finish line. In this case, the time is taken when any part of the competitor's body stops the timekeeping system. [ACR 615.3]

Binding Release

A binding release occurring more than two gates above the finish in SL, GS or SG or one gate in DH shall be considered a "clear disqualification". Racers may not continue on the course. A racer may finish a race on one ski if the other ski releases less than two gates from the finish in SL, GS or SG or after the last gate in DH. [ACR 615.3, U629.4]

Protests

If a racer protests the decision of a race official, they must submit a written protest and post a bond of an amount determined by the competition jury. If the protest is denied, the bond is forfeited. If the racer appeals this jury decision to U.S. Ski & Snowboard, an additional bond must similarly accompany the appeal. Appeals of jury decisions at FIS events must first be made to U.S. Ski & Snowboard or the Team Captain. [ACR 640-647]

Sanctions and Penalties

An offense for which a sanction may apply and a penalty be imposed includes conduct that is in violation of competition rules, non-compliance with directives of the Jury, or is unsportsmanlike. Penalties that may be imposed by jury decision include reprimand, withdrawal of accreditation, disqualification, and impairment of starting position. A jury may not impose a monetary fine or suspend a competitor beyond the event at which the offense occurred. [ACR 223, 224]

A competitor shall only be disqualified if the offence would result in an advantage in the end result, unless specifically stated otherwise in the rules. [ACR 223.3.3]

Helmets

Regulations on helmets for alpine competition are covered in ACR U606.4 and in the Additional Regulations section "Helmets".

Equipment is the responsibility of the athlete and in the case of a minor, their parents or guardians. Equipment must be maintained and utilized in accordance with manufacturer's instruction.

In FIS competitions, international competition rules will apply.

Helmets designed and manufactured for the particular event of ski racing being contested are required for all competitors and forerunners in all scored and non-scored events, and official training. Helmets must bear a CE mark and conform to recognized and appropriate standards such as CEH.Din 1077, ASTM F2040, SNELL S98 or RS 98. Helmets which meet the FIS standard have a sticker affixed by the manufacturer that states, “Conforms to FIS Specification RH 2013”.

Athletes U14 and older, including masters, must use helmets that meet the FIS standards for all sanctioned GS, SG, DH, P, and K competitions.

In Kombi competitions, athletes must use the helmets designed for GS, SG, or DH.

Helmets must cover the head and ears. The helmets shall have no spoilers, nor protruding parts. Protective features integral to the event being contested, such as chin guards on SL helmets are permitted. Soft ear protection is only permitted for helmets used in SL (they are not allowed in PSL).

Helmet mounted cameras, and the mount itself, are not allowed on helmets in official training or competition.

U.S. Ski & Snowboard does not wish for officials to disqualify, or deny entry or starts to an athlete because the athlete has personalized his/her helmet with stickers, glitter, or other non-protruding applications.

U.S. Ski & Snowboard does not specify nor recommend nor make any warranties as to the fitness for use of any particular ski helmet design or brand name. U.S. Ski & Snowboard undertakes no responsibility, liability or duties to any competitor in connection with the requirement that helmets be utilized. It is the sole responsibility of the competitor to select an appropriate helmet for accident protection in ski racing.

Caution: Age and use affect the protective qualities of all safety helmets. Some older helmets and any helmets that have been damaged either in a racing fall or from other impact may no longer provide sufficient protection – even if there are no visible indications of damage.

Anyone with questions regarding their helmet should contact the manufacturer for any specific guidelines regarding its safety or use.

Ski-brakes

Regardless of stand height within these limits, ski brakes which are functional with the actual ski/plate/binding in use are required and are the responsibility of the respective producers and the athletes. Ski brakes used by competitors in all events, including master’s events, must be functional and comply with all related FIS requirements. [ACR 606.3, Additional Regulations section “Ski Brakes”]

Competitor Protective Measures

With the exception of forearm protection used in SG, GS and SL, and shin protection used in SL, body protection must be worn under the suit. There is no exception for knee braces; they must be worn underneath the competition suit. [FIS Specifications for Alpine Equipment B3.5]

Gate Panels

All GS, SG and DH competitions must use gate panels which conform to the current FIS specifications. A list of homologated panels is published at fis-ski.com. ACR 901.2.2 and 1001.3.2 remain valid. [ACR 690]

EVENT REGULATIONS

M1284 Downhill (DH)

Masters downhill competitions follow the ACR 700 rules for Downhill, with adjustments to the guidelines for course preparation and course setting deemed appropriate for masters. All U.S. Ski & Snowboard homologation rules (course, gate panels) and equipment rules (ski brakes, helmets) must be followed.

M1284.1 Technical Data

Vertical drop (VD)

	Min. VD	Max VD
All Classes	400 m	600 m

There is no specific number of direction changes required, only the number needed for visibility from one gate to the next and to aid racers with anticipation of line.

M1284.2 The Course

M1284.2.1 Preparation of the Course

Courses should have a smooth, firm snow surface for the full course width and all outside areas where a racer might go off line.

Choppy bumps, ruts, etc. should be removed before race training begins and after training and prior to the race. Competitors may be required to pack and side slip the course at the discretion of the jury.

M1284.3 Course Setting

Course setter guidelines:

- Set a rhythmic and challenging course that tests a racer's technical skills.
- Speeds in excess of 70 mph are discouraged.
- If bumps (air) are present in the course, they should be reasonable and prudent for the range of ability and ages in the competition.

M1284.4 Official Training

Official training is an integral part of the competition. [ACR 704.1] Scheduling at least two days of training is recommended. One training run may be scheduled on the same day as the race. Participation in at least one timed training run is required to participate in the race. [ACR 704.8.3].

All hill protection shall be in place for all training runs [ACR 704.3]

M1284.4.1. DH training should be so organized as to permit maximum timed training runs.

All racers must have the opportunity to take a minimum of two official training starts on the course prior to race day. If two training runs are not possible, the race may be changed to a SG.

M1284.4.2 The training schedule will be established and distributed to all competitors. It is desirable to schedule training for men and women by age groups.

M1284.4.3 The jury shall have the power to declare the final scheduled training run as a provisional race run, that may be counted as the race if conditions on race day require the race to be cancelled. This decision must be made prior to the final training run and must be communicated to all competitors.

M1284.4 Control of Official Training

A starter shall control the training starts.

The entire course shall be monitored by course officials with radio communication during all training periods. Course officials should be in a stationary position unless the course is on a "hold".

M1284.5 Execution of the Downhill

A DH is carried out in 1 run [ACR 706.1] on a course that has been homologated by U.S. Ski & Snowboard for the event. [ACR U650.1]

Age class running order and start orders are described in M1282 and M1283.

M1284.5.1 Downhill in Two Runs

A DH in two runs can be organized [ACR 706.2], with both runs held on the same day and result determined by the total of the two run times. The combined time of the two runs must be a minimum of 60 seconds (ACR U706.2.1.1). All the rules for the DH are valid for the race in two runs. The rule “Second Run Start Order” (M1283.3) will be used.

U.S. Ski & Snowboard in consultation with the division chair, race organizer and TD shall determine at the time of sanction approval, whether or not a two-run DH is appropriate for that event. Two-run DHs are not encouraged. At the running of the event, the Jury shall have the power to change to a two-run DH if appropriate due to weather and/or course conditions.

M1284.6 Unqualified Competitors

The TD and other members of the jury have the right and duty, after the first or subsequent training runs, to propose for jury decision, the exclusion from further participation, those competitors who do not demonstrate the ability to complete the course in racing fashion or whose personal safety appears endangered because they do not measure up to the difficulties of the course. [ACR 601.4.6.3] Competitors who snowplow, side slip, or make SL or GS turns between gates in order to slow down, shall not be deemed to be completing the course in racing fashion. Racers who enter and who are subsequently excluded by the jury will not be entitled to receive entry fee or lift ticket refunds.

M1285 Super-G (SG)

Masters SG competitions follow the ACR 1000 rules for SG, with adjustments to the guidelines for course preparation and course setting deemed appropriate for masters. All U.S. Ski & Snowboard homologation rules (course, gate panels) and equipment rules (ski brakes, helmets) must be followed.

M1285.1 Technical Data

Vertical drop (VD)

	Min. VD	Max VD
All Classes	300 m	450 m

If the topography of a region does not permit a SG with the required vertical drop, a shorter course may be used. The time of the run must be a minimum of 40 seconds. [ACR U1001.1]

M1285.1.1 Gates

The distance between the turning poles of two successive gates must not be less than 30 m and not more than 50 m. For delay gates, the distance between successive gates can be less than 30 m but must be at least 15 m, with a maximum of 55 m from turning pole to turning pole.

M1285.2 The Course

Terrain should preferably be undulating and rolling as skillful use of the terrain is an important aspect of SG. Preparation should be the same as DH.

M1285.3 Course Setting Guidelines

- Set a rhythmic and challenging course that tests a racer’s technical skills.
- Set as in the DH section above.
- A SG should present a variety of long and medium turns which a good adult racer can ski aggressively.

d. The line must not be set in the fall-line of the slope. The course should include some turns which can be made in a tuck and some that cannot.

Guidelines for direction change:

- On steeps (up to 90 degrees)
- On medium slopes (30-60 degrees)
- On flats (minimum turns with emphasis on gliding skills).

e. If bumps (air) are present in the course, they should be reasonable and prudent for the range of ability and ages in the competition.

f. “Blind” gates are discouraged if possible.

M1285.4 Pre-Race Inspection and Training

a. Careful course inspection is an important aspect of SG for all racers. Inspection shall be according to the rules of GS. Competitors should be allowed to study the course on race day for at least one hour. The jury may decide if more than one hour should be required for inspection.

b. Within 24 hours of race day, a training run or fast free-skiing on the race hill at controlled intervals is highly recommended but not mandatory.

c. All hill protection shall be in place for the training runs which shall be run the same as for DH training.

M1285.5 Execution of the SG

A SG is carried out in 1 run [ACR 1006] on a course that has been homologated by U.S. Ski & Snowboard for the event. [ACR U650.1]

Age class running order and start orders are described in M1282 and M1283.

M1285.5.1 SG in Two Runs

A SG in two runs can be organized when necessary due to geographical limitations of VD (M1285.1), with both runs held on the same day and the result determined by the total of the two run times. All the rules for the SG are valid for the race in two runs. The rule “Second Run Start Order” (M1283.3) will be used.

U.S. Ski & Snowboard in consultation with the division chair, race organizer and TD shall determine at the time of sanction approval whether or not a two-run SG is appropriate for that event. Two-run SGs are not encouraged.

M1286 Giant Slalom (GS)

Masters GS competitions follow the ACR 900 rules for GS, with adjustments to the guidelines for course preparation and course setting deemed appropriate for masters. All U.S. Ski & Snowboard homologation rules (course, gate panels) and equipment rules (ski brakes, helmets) must be followed.

M1286.1 Technical Data

Vertical drop (VD)

	Min. VD	Max VD
All Classes	200 m	350 m

If the topography of a region does not permit a GS with the required vertical drop, a shorter course may be used. The combined time of the two runs must be a minimum of 50 seconds. [ACR U901.1.1.

M1286.1.1 Gates

The distance between the turning poles of two successive gates must not be less than 23 m and not more than 30 m. For delay gates, the distance between successive gates can be less than 23 m but must be at least 10 m, with a maximum of 35 m from turning pole to turning pole.

M1286.2 The Courses

M1286.2.1 Preparation of the Course

Courses should have a smooth, firm snow surface for the full course width; a very wide line must be prepared.

M1286.3 Course Setting

Course setter guidelines:

- Set a rhythmic and challenging course that tests racers' technical skills.
- Avoid complex gate combinations.
- Gate patterns should emphasize skill in making round turns, avoiding wiggles, blind traps and jam turns.
- The course should demand changes in rhythm, speed, and adaptability through terrain changes.

M1286.4 Execution of the Giant Slalom

A GS is carried out in 2 runs, using a different course for each run [ACR 906.1] on a course that has been homologated for the event. [ACR U650.1] The combined time of both runs determines the race results.

Age class running order and start orders are described in M1282 and M1283.

M1287 Slalom (SL)

Masters SL competitions follow the ACR 800 rules for SL, with adjustments to the guidelines for course preparation and course setting deemed appropriate for masters. All U.S. Ski & Snowboard homologation rules (course, gate panels) and equipment rules (ski brakes, helmets) must be followed.

M1287.1 Technical Data

Vertical drop (VD)

	Min. VD	Max. VD
All Classes	100 m	180 m

If the topography of a region does not permit a SL with the required vertical drop, a shorter course may be used. The combined time of the two runs must be a minimum of 50 seconds. [ACR U801.1.1.]

M1287.1.1 Gates

A gate in a vertical combination must have a minimum width of 5 m and a maximum of 6 m.

The distance from turning pole to turning pole of successive gates must not be less than 10 m and not more than 13 m. Delayed gates must have a minimum distance of 14 m and a maximum distance of 18 m from turning pole to turning pole.

M1287.2 The Courses

M1287.2.1 Preparation of the Course

Course conditions should be firm, but not icy, with chemical use as needed.

Course preparation should try to ensure race conditions remain the same for all competitors from first to last, and provide consistent conditions within age classes.

M1287.3 Course Setting Guidelines

- Set a rhythmic and challenging course that tests a racer's technical skills.
- Stay off of the fall line.
- Gate patterns should demand rounded turns, not abrupt gymnastic turns, with potential changes in speed, rhythm and turn radius.
- Avoid blind traps leading to jammed turns.

M1287.4 Execution of the SL

A SL is carried out in 2 runs, using a different course for each run [ACR 806.1] on a course that has been homologated for the event. [ACR U650.1] The combined

time of both runs determines the race results.

Age class running order and start orders are described in M1282 and M1283.

M1287.4.1 At regional and national championships, a separate race should be run for each group (A, B, C, D) larger than 40 competitors.

M1288 Parallel

Masters parallel events follow the ACR U1220 rules for Parallel, with adjustments to the guidelines for course preparation, course setting and event execution deemed appropriate for masters. For masters, parallel can be run in elimination or non-elimination format. All U.S. Ski & Snowboard homologation rules (course, gate panels) and equipment rules (ski brakes, helmets) must be followed.

M1288.1 Technical Data

Masters parallel events follow ACR U1222 for vertical drop and distance between gates. The vertical drop of the course should be between 50 and 100 m. The current course setting matrix for distance between turning poles will be followed with no requirement for combinations.

M1288.2 The Courses

M1288.2.1 Preparation of the Course

Course conditions should be firm, but not icy, with chemical use as needed. Course preparation should try to ensure race conditions remain the same on both courses for all competitors from first to last and provide consistent conditions within age classes.

M1288.3 Course Setting Guidelines

Jumps are not recommended for masters competitions.

M1288.4 Execution of a Parallel on Two Courses

Each heat between two competitors consists of two runs, the two competitors change courses for the second run. [ACR U1230]

In Parallel it is possible to measure either the difference in time (at Finish) or the individual run times (Start to Finish). [ACR 1229]

M1288.4.1 First Heat Start Orders

First heat start orders should follow the traditional masters rules for start orders, matching up racers of similar age classes when possible. Alternate methods to seed competitors may be used.

M1288.4.2 Elimination Format

When using elimination format, it is recommended to have a separate men's and women's brackets.

M1288.4.3 Non-Elimination Format

The non-elimination format is a modified version of traditional parallel slalom using individual run times to provide the maximum number of runs to all the athletes. It is designed to be conducted with from 2 to 4 heats where each heat consists of 2 runs by each athlete. The number of heats can vary based on the number of athletes or the allotted time available or both. Start orders for subsequent heats should rank the combined times of each racer on all previous runs. To determine final results, the sum total of the 2-3-4 heats (four, six, eight runs) determines the winner.

ADDITIONAL REGULATIONS

Super Seeds

At the discretion of the race organizer, some events implement a “Super Seed” or “Open” class. The purpose of a super seed is to allow competitors across multiple age groups to compete at the same time on similar course conditions to determine the fastest overall competitor of the day. It also adds excitement and showcases the ability of the top masters racers at the event.

Typically, a “super seed” class is formed for the second run of a GS or SL event from a group of the fastest competitors overall in the first run (e.g. top 10 men, top 5 women). Start order position of a super seed class within the standard age class start order described in M1282.3 is determined by the race organizer and host division rules.

Ranking and Placement

Within each of the eight divisions, masters racers compete against members of their own age class for individual awards. The Eastern division is further divided into four localized race series. Most divisions/series also have a season-long competition for an overall winner.

Masters may also compete in regional championships. These events do not take past results into consideration and allow for interdivisional rivalries to add excitement.

Masters events are non-scored U.S. Ski & Snowboard competitions and do not contribute to a national points list. Most masters use the national championships results as a basis for national comparison.

Old World Cup Points Scoring (Top 15 Position Points)

On a per event and interdivisional basis, points are frequently assigned based upon “old World Cup values” for scoring the top 15 finish positions within each class. Finish position points scoring may be used for determination of ranking position and combined awards.

Place	Points	Place	Points	Place	Points
1	25	6	10	11	5
2	20	7	9	12	4
3	15	8	8	13	3
4	12	9	7	14	2
5	11	10	6	15	1

New World Cup Points Scoring (Top 30 Position Points)

On a per event and interdivisional basis, points may also be assigned based upon “new World Cup values” for scoring the top 30 finish positions within each masters class. Finish position points scoring may be used for determination of ranking position and combined awards.

Top-30 points scoring awards 100 points for 1st place, 80 for 2nd, 60 for 3rd, through 1 point for 30th place. The detailed description of the place/points scale is provided in the ACR Points and Rankings chapter, section “World Cup and Continental Cup Points Scale”

Age Handicap Scoring

Some events may also have special awards based on age-handicap scoring formulas that rank competitors based on age or age class factors rather than position within age class. Age handicap scoring formulas typically compute an adjusted finish time for ranking by applying a factor that considers the competitor’s age.

“Masters Golden Rule” Recommendations

Para alpine is governed by the FIS and does not have any specific rules in the ACR with exception to the ability to compete in sanctioned U.S. Ski & Snowboard able-bodied races found in the “Golden Rule”. Adaptive competitors participating in able-bodied races do so according to the rules, procedures and scoring of those races. Adaptive athletes are allowed

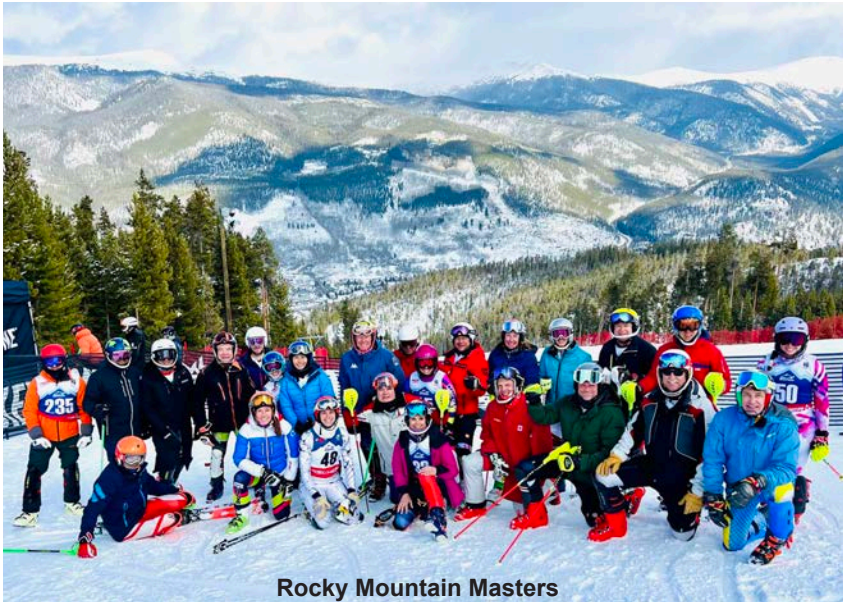
to compete using the equipment required by their disability. If a guide will be in the course, they must also have an active U.S. Ski & Snowboard Membership. [UACR Para Competition Rules] Due to logistical differences in how Masters seeding uses age classes, the “Golden Rule” as written in the UACR is incongruent with the Masters rules for start orders. More flexible seeding options are available.

To welcome adaptive competitors to participation in sanctioned competitions, Masters has created “Masters Golden Rule” Recommendations to assist with seeding adaptive competitors. The ROC will make the decision on seeding after speaking with the competitor and identify if any other accommodations are needed. The jury can make adjustments to the seeding on race day if pertinent. The seeding method selected from the options below can be used for 1st and 2nd runs if applicable.

- a. Run first.
- b. Run after a desired number of competitors if the competitor wishes to have a “track” to follow. The competitor should be inserted between age classes so as not to break up an age class.
- c. Run within age class according to the event or division specific rules for seeding within age class.

Ideally this decision should be done prior to the start list being generated.

If multiple adaptive competitors wish to compete against each other as an adaptive class, they will all run consecutively and the placement of the adaptive class in the start order would follow seeding method A or B. They will be seeded within the adaptive class using masters age class order. The 2nd run start order within the adaptive class, would follow the standard procedures the event or division has for seeding competitors within the age classes.



2025-26 U.S. Ski & Snowboard Alpine Masters Course Setting Specifications

		U.S. Masters	FIS Masters
Downhill (DH) 700 and M1284	Distance between gates Vertical Drop (VD) Direction changes (DC) Additional requirements	as required Max 600m as required	(N/A - no FIS masters DH regulations)
Slalom (SL) 800 and M1287	Distance between gates Vertical Drop (VD) Direction changes (DC) Additional requirements	min of 2 official training runs scheduled prior to race day required; min. 1 training start required Combination 5-6 m; Open 10-13 m; Delay 14-18 m Max 180 m 3-6 hairpins; 1-3 verticals (3-4 gates); 1-3 delays ACR/ICR 803.2 ACR Flex Poles ⁽²⁾	[ICR 801.2.3: 4-6 m combination, 6-13 m open, 12-18m delay] 120 m - 180 m [ICR 801.2.4: 30-35% VD] [ICR 803.2]
Giant Slalom (GS) 900 and M1286	Distance between gates Vertical Drop (VD) Direction changes (DC) Additional requirements	Open 23-30 m; Delay min. 10 m between successive gates and max. 35 m from turning pole to turning pole Max 350 m Variety of terrain suggested	[ICR 901.2.3: min 10 m] 250 m - 350 m (men A, women C) 200 m - 300 m (men B, women D) [ICR 901.2.4: 11-15% VD]
Super G (SG) 1000 and M1285	Distance between gates Vertical Drop (VD) Direction changes (DC) Additional requirements	Open 30-50 m; Delay min. 15 m between successive gates and max. 55 m from turning pole to turning pole Max. 450 m Variety of terrain suggested	[ICR 1001.3.4: min 25 m open] [ICR 1003.1.1: min 15 m delay] 300 m - 400 m [ICR 1001.3.4: min 7% VD]
Parallel U1220 and M1288	Distance between gates Vertical Drop (VD)	10-20m ⁽³⁾ Max 100 m Training run or fast free-ski on race hill highly recommended	(N/A - no FIS masters parallel rules)

⁽¹⁾ scheduling at least 2 days of DH training recommended; one training run may be scheduled on the same day as the race

⁽²⁾ FIS type B poles (25-28.9mm) should be used

⁽³⁾ Distance between courses should be 8-12 m.

Chapter 4
Event Rules for U.S. National and
Regional Championships and
International Competitions



U.S. MASTERS NATIONAL AND REGIONAL CHAMPIONSHIPS AND NATIONAL SPEED SERIES

General Championships Rules

1. Technical delegates for the Alpine Masters National Championships will be nominated in consultation with the national Masters Alpine Competition Committee (Masters ACC) chair and the U.S. Ski & Snowboard masters manager. The TD cannot compete in the event.
2. FIS and U.S. Ski & Snowboard course specifications apply as modified in the Masters Competition Rules (chapter 3). All races must be held on homologated or registered courses.
3. A divisional representative may be appointed by the Masters ACC. The representative must approve proposed trails and slopes to be used by areas proposing or selected to hold the Alpine Masters National Championships.
4. Each course setter must have proven experience with masters events wherein he/she has displayed a complete understanding of the philosophy of masters racing and has set courses within these specifications and requirements in the past.
5. Qualified masters racers competing in an event may set courses and serve as Referee or Assistant Referee.
6. Major emphasis shall be placed on course preparation and the installation of hill protection.
7. Course setters should set appropriate, legal, rhythmical, and challenging courses which test racers' technical skills rather than nerve.
8. The TD, Chief of Course and Referee are responsible to ensure that course setters do their work correctly.
9. If the course set is not acceptable to the jury, it may be reset by an appointee of the TD and Chief of Race in conjunction with the Masters ACC.
10. SG, GS and SL are used for scoring of age class combined awards at the Masters National Championship. When the national championship event includes the national championship DH or when a 4th race is substituted for the DH, the DH or 4th race will be included in the scoring of the Division's Cup and the Masters National Team.
11. In the event that a regional event is also a FIS Masters event, the ICR Masters regulations for age classes and running orders apply.

CHAMPIONSHIP START ORDERS AND SCORING

Age Classes

The U.S. Masters National and Regional Championship and the Speed Series use the age classes found earlier in this guide. [M1282.1]

Running Orders

For Regional and National Championships, the age class running order is described in M1283. Competition may be organized with all competitors of both genders on a single course or with multiple courses where the division of competitors is by age class group(s).

At Regional and National Championships, a separate SL race should be run for each group

(A, B, C, D) larger than 40 competitors. [M1287.4.1]

Start order within age class is described in M1283. First run order for championship events is random draw within age class or seed group; second run order is total reverse order of first run finish within age class.

If snow conditions and time allow, DNFs and DSQs shall run at the end of their respective classes; this is a jury decision. [M1283.4]

National Championship Seeding

Due to the wide range of abilities within each class, the national championships will be seeded during the team captain's meeting prior to the event. If a class has 10 or more racers, two or three seed groups may be created. Event organizers shall work with the team captains to make the number of racers in each seed as even as possible. The team captain for each racer's division recommends the seed in which the racer should be placed. The team captains collectively decide final seed placement for each racer.

Racers shall start the first run in random order within their seed. [M1283.2]

1st Seed Criteria

Racers must have proven results showing their ability to place in the top three in the masters national championships.

2nd Seed Criteria

Racers must have experience with masters racing or recent junior or college racing but are unlikely to place in the top three.

3rd Seed Criteria

Racers with little or no experience in masters racing or recent junior or college racing.

Regional Championship Scoring

Eastern and Western Champions

The U.S. Ski and Snowboard Masters Eastern and Western Championships are open to masters competitors from all regions of the U.S. and Canada. The Western Championships are often held as a joint event with the FIS Masters Cup races.

The Eastern and Western Championship teams are named from the top finishers in the age class combined results based on points accumulated using the "old World Cup" points scoring system. Competitors need not finish all events to be eligible. Ties are broken by best finish result, then next best, etc. and finally race points (as described below for the U.S. National Masters Team scoring). Event organizers may include additional factors for the combined scoring (e.g. a minimum starts eligibility condition or a best-N finishes scoring). See the event details in Chapter 5 for any variations specific to the year or venue.

Competitors must have a current U.S. Ski & Snowboard Alpine Master membership to be eligible for regional championship awards.

National Championship Scoring

National Championship Age Class Combined

The national age class Combined champions are awarded based on the lowest total race points accumulated by a competitor for the three events of SL, GS and SG at the national championships (triple-combined). Race points are calculated as the ratio of the competitor's time to that of the winner in the competitor's class, adjusted by a discipline-specific normalization factor set by the FIS which produces a time-based "closeness" ranking.

Because of the time-based scoring formula, competitors must finish all three events to be eligible for the combined. In the case of an event cancellation, the winners will be determined based on the events held.

Divisions Cup

The Division's Cup is awarded to the division with the best ratio of points scored per competitor starts for all races in the national championships. When the national championship DH or a 4th race is held as part of the national championships, it will be included in the Division's Cup scoring.

Divisions Cup points are awarded to the top 5 places in each age class (5 pts 1st, 4 pts 2nd, 3 pts 3rd, 2 pts 4th, 1 pt 5th). If a class has less than 5 competitors the points are scaled accordingly (e.g. a class with 3 competitors would award 3, 2, 1 points respectively). To encourage participation, so that racers are not discouraged from competing at nationals by concern that lower results will affect their division's team score, the top 80% of the division racers are included in the team scoring.

Division teams must consist of at least 10 competitors to be eligible. Divisions Cup teams are formed using the division corresponding to each member's geographic affiliation that is designated on their US masters membership. Competitors holding a U.S. masters membership with an "X" designation indicating foreign citizenship are placed on the Divisions Cup team corresponding to the geographic area where they primarily compete during the season.

When a division does not have enough competitors entered to have an eligible team, their racers may form a combined team with another division in the same region. When a division has multiple race series and their division team is significantly larger than other teams, their racers may be split into multiple teams based on race series, according to each racer's (primary) race series participation.

Divisions Cup team organization must be approved by the Masters ACC and announced prior to the start of the national championships. Divisions Cup team rosters should be reviewed and confirmed by the division chairs or team captains at the start of the national championships.

National Masters Team

The National Masters Team is named each year from the national championships age class results, based on total points accumulated using the "Old World Cup" points scoring system. When the national championship DH or 4th race is held as part of the national championships, it will be included in the National Masters Team scoring.

Scoring is based on highest total points accumulated in best 3 finishes from all applicable events. Competitors need not participate in or finish all events to be eligible. In the case of a tie, the tie is broken by best finish record using rank ordering of all finish positions (best finish result, then next best, until a finish position difference occurs). If there is still a tie, an additional tiebreaker adding race points from all applicable events in which all tied competitors finished is applied; lowest total wins.

Competitors must have a current U.S. Ski & Snowboard alpine masters membership and be a U.S. citizen to be eligible for the National Masters team.

National Championship Downhill

The national championship DH is included in the Divisions Cup and National Masters Team awards scoring when the DH is scheduled as part of the national championship event.

National Speed Series Scoring

The National Speed Series awards are based on total points accumulated across all races in the series using the "Old World Cup" points scoring system. Age class awards are given to the top three finishers in each age class of the season-long series. Competitors must have at least three starts to be eligible for series awards.

The overall Speed Series champions trophies are awarded to the overall fastest racer in each of three groups, based on the total points in all races of the series:

Group A/B (men age 18-64) | Group D (men age 65+) | Group C (all women)

INTERNATIONAL (FIS) MASTERS

Masters racers looking for additional challenge and travel opportunities can compete internationally in the FIS Masters Cup. This series includes approximately forty races held annually in Europe, North America and South America.

Eligibility

Entries are limited to men and women over 30 years old by Dec. 31 of the competition season. U.S. citizens with a valid U.S. Ski & Snowboard Masters membership, must register for a FIS Masters license through U.S. Ski & Snowboard, and must comply with requirements specific to international masters competitions. Non-U.S. citizens must register for a FIS Masters membership through the National Ski Federation where they are citizens.

FIS Athlete Declaration

Athletes wishing to participate in internationally FIS masters events, in or out of the USA, must complete the FIS Athlete Declaration and be a Master's member of both FIS and US Ski & Snowboard in good standing. Purchase a FIS license and sign the declaration online when you purchase your U.S. Ski & Snowboard membership for the season. If you have already purchased/renewed your U.S. Ski & Snowboard membership and need to add a FIS license, go to bit.ly/2024-25AddFIS. FIS member numbers are awarded for life but must be renewed annually to maintain your points. Points will reset if your license is not active for a year.

Foreign Athletes in USA FIS Competitions

Foreign athletes competing in USA FIS competitions must have signed the FIS athletes declaration, be a current FIS Masters member, be a member in good standing with their home federation, and be entered to compete by their home federation.

Age Classes

Men Group A (classes 1-6, age 30-59)

30-34=1; 35-39=2; 40-44=3; 45-49=4; 50-54=5; 55-59=6

Men Group B (classes 7-13, age 60-90+)

60-64=7; 65-69=8; 70-74=9; 75-79=10; 80-84=11; 85-89=12; 90+=13

Women Group C (classes 1-6, age 30-59)

30-34=1; 35-39=2; 40-44=3; 45-49=4; 50-54=5; 55-59=6

Women Group D (classes 7-13, age 60-90+)

60-64=7; 65-69=8; 70-74=9; 75-79=10; 80-84=11; 85-89=12; 90+=13

Entries

The number of entries from each country is not limited, except U.S. entries may be limited at races in the U.S. Entries must be received by the organizing committee at least 24 hours before the draw (see chapter 5), except as noted for U.S. entries. Late individual entries may be accepted only at the discretion of the organizing committee. The official representation of each national ski association must ensure that each competitor is in possession of a valid membership issued by that association. If field size is limited, U.S. entries in FIS masters events shall be on a first come, first serve basis.

USA Athlete Entry Outside The USA

For information and entry to FIS Masters competitions outside of the USA, contact the Alpine Masters Manager Lauren Beckos | lauren.beckos@usskiandsnowboard.org | 267.496.1320. For specific event information contact Bob Davis | bdavis9112@yahoo.com | 858.342.6125.

Communication Channel

The Organiser shall constitute a Communication Channel (WhatsApp Group or equivalent application like Telegram, Slack, etc) for easy and quick communications with all relevant stakeholders before, during and immediately after the competitions and publish a link to access it at the Race Program [Masters ICR art. MA 51, 62].

Ski Length Rules for FIS Masters Races

The FIS recommends length and radius of skis for GS and SL, but racers may compete on any length and radius of ski as long as it is deemed appropriate by the jury. For SG, ski length must be at least 185 cm for men and 180 cm for women; except for women 55 and above and men 65 and above years of age where there is no SG ski length requirement. See the current FIS rulebook Specifications for Competition Equipment for additional FIS equipment rules, including helmet and stand-height rules, for international masters events.

Helmet Rules for FIS Masters Races

Crash helmets that meet FIS Specifications for Alpine Competition Equipment 3.6 are mandatory for all events. [Masters ICR art. MA 11) b)] These helmets have a label on the back of the helmet attesting conformity with FIS specifications for Alpine racing helmets

Courses

SL must be raced in two runs; it is optional whether GS races be held in one or two runs and SG is raced in one run. [Masters ICR art. MA 9] All competitions are to be held on a FIS-homologated course, with the following vertical drop specifications:

Slalom (SL)

All Categories	Min. 120 m	Max 180 m
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Giant Slalom (GS)

A and C group	Min 250 m	Max 350 m
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B and D groups	Min 200 m	Max 300 m
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Super-G (SG)

All groups	Min 300 m	Max 400 m
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If the total number of participants (A+B+C+D) exceeds 140 competitors, separate courses have to be set for the Categories A/C and B/D. For the World Criterium, separate courses for each Category are mandatory, in the case when the total of women does not exceed 140 competitors, C and D may race in the same course. [Masters ICR art. MA 4), MA 33)]

In principle, older groups shall always have priority, except when the jury decides otherwise, due to bad weather or other special difficulties. Further, groups D/C (women) always have priority.

The Jury decides on start intervals. After a visibly slow competitor and between classes a longer interval is recommended. [Masters ICR art. MA 10) b)]

Masters FIS Points

Masters points are calculated in each of the age groups; A, B, C, D for each event, GS, SL and SG. Refer to the FIS Masters rules for details.

Draw

The draw is made according to FIS masters points in each age class. A first seed of 2-7 of the best competitors with a maximum points gap of 100 between them, regardless of nationality, will be drawn. The remaining competitors will start in order of their FIS masters points. Competitors without FIS masters points will be drawn and placed within the last seed within each group. [Masters ICR art. MA 7)]

Second Run Start Order

The starting order for the second run shall apply the "Bibo-Rule." The fastest 5 competitors from the first run in each age class start first in reverse order, followed by the remaining competitors in ascending order of their first run times

Scoring Information for FIS Masters Cup Events

1. FIS Masters races designated as FMC are scored for the FIS Masters Cup.
2. Immediately following the competition, race results shall be submitted to FIS.
3. Each racer must score in at least six results to be classified in the FIS Masters Cup overall rankings series in his or her age class.

4. Each racer's best twelve results from all events will be counted in scoring for the overall FIS Masters Cup in his or her age class, with the FIS masters finals counting as double points per race. For the discipline title in each age class, the best four SG results and the best seven GS and SL results are counted. For the overall title by category (A, B and C) a maximum of twenty valid results (best rankings) are to be considered comprising a maximum of 7 SL, 7 GS, 2 AC and 4 SG.
5. In case of ties, placing will be determined by totaling FIS points in the results scored for the FIS Masters Cup series.
6. If early season events are cancelled, they may be rescheduled.
7. Points are scored by places for the top 30 finishers according to the "new" World Cup formula.

Technical Delegate

The organizing committee must reimburse the expenses of the FIS technical delegate, according to FIS regulations. All other rules and procedures are according to the current International Ski Competition Rules (ICR) except where there are specific ICR Masters regulations.

WY'EAST CUP

The Wy'East Cup competition is organized by masters age class and by junior category for competitors under 18. Awards for the Wy'East Cup include age class awards, Superseed awards, and a family award. The start order may be adjusted by the race organizer and jury as needed to accommodate the registrants for that particular year and if multiple courses are available.

Start order within age class is by random draw on the first run; in reverse finish order of slowest-to-fastest on the second run. In the second run, the Superseed competitors start first before all other age classes.

Superseed

The Superseed is comprised of the fastest 10 racers after the first run each day. The Superseed qualifiers are placed into the Superseed category and are removed from consideration for the daily age class awards.

Overall Awards

There will be a special award for fastest overall masters male and female racers for the GS and SL combined.

Fastest Family

A Family Team is comprised of at least three immediate family members: parents, children, grandchildren, great grandchildren, and so on. Each team member must have a direct parent/child relationship with someone else on the team so there is continuous lineage. Racers can be scored on more than one team. For example, a person could be scored on Team A with their two siblings and Team B with their two children. Team A and B could only combine to one team if a connecting grandparent was also racing. Similarly, for cousins to race on the same family team, they must be connected through parents racing and a connecting grandparent also racing.

Team scores are determined by using the Wy'East Family Scoring system which compares the team member's best runs to the fastest time on each course and assigns points for each run based on gender and age. See the event program for a link to the full Family scoring details.

YOUR ADVENTURE,
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SAFETY AT EVERY TURN.

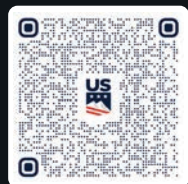


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Chapter 5

Major Events



ALPINE MASTERS NATIONAL CHAMPIONSHIPS

Mammoth Mountain CA | Mar. 22-28, 2026

The 2026 Alpine Masters National Championships will be held March 22 – 28, 2026 at Mammoth Mountain CA in the Far West division. The event includes a full-week of racing, starting with DH on Monday and Tuesday, followed by SG-GS-SL races, wrapping up with the closing banquet on Saturday evening. The DH and the SG race will both be scored as part of the National Speed Series.

Race Headquarters, social events, and all race venues will be based at the Mammoth Mountain Main Lodge. Slope side event lodging packages available at the adjacent Mammoth Mountain Inn provides maximum convenience.

Mammoth Lakes is located on the spectacular eastern side of the Sierra Nevada Mountains, approximately 160 miles south of Reno, NV and 325 miles north of Los Angeles, CA.

Transportation options include direct flights daily to Bishop, CA, or driving from Reno (approx. 3 hours), Los Angeles (approx. 6 hours), San Francisco (approx. 6 hours), or Las Vegas (approx. 5 hours). Mammoth Lakes and Mammoth Mountain provides complimentary shuttle transportation around town to and from the Main Lodge/Inn.

See usskiandsnowboard.org/masters/masters-events-schedules for lodging links and full event details.

Schedule

Sunday, Mar. 22	check-in (afternoon)	
Monday, Mar. 23	2DH Training Runs (All Groups)	
Tuesday, Mar. 24	DH (All Groups)	DH Awards & Welcome Reception
Wednesday, Mar. 25	SG (All Groups)	Awards
Thursday, Mar. 26	GS (A/B Groups)	Awards
Friday, Mar. 27	GS (C/D Groups)	Awards
Saturday, Mar. 28	SL (All Groups)	Final Awards Banquet

National Championship Scoring Note

When a DH or AC is included as a 4th event of the National Championships, it is included in the Division's Cup and National Masters Team Scoring.

Eligibility

All U.S. competitors must have a current season U.S. Ski & Snowboard Alpine Masters membership. Foreign participants must have either a U.S. Ski & Snowboard Alpine Masters membership or purchase a Short-Term Alpine Foreign Masters membership to compete in the championship event.

Registration

1. Online registration for the championships will open by Dec. 1 at masters.admskiracing.com under the Far West Masters series.
2. There is a \$20 early-bird discount for entries received on or before Sunday Mar. 8 at 11:59 p.m. Pacific Time.
3. The Masters ACC has established the following policy for cancellations: Masters must cancel at least one week prior to the event for a full refund (on or before Sunday, Mar. 15 at 11:59 p.m. Pacific Time.). Refund percentages are at the discretion of the host area; no refunds for non-injury/emergency/sickness requests.
4. Final entry deadline Friday, Mar. 20 at 11:59 p.m. Pacific Time.
5. Entry is on a first-come basis if field size needs to be limited.

Contact Information

Entries, registration and questions nationals@usalpinemasters.org.

EASTERN REGIONAL CHAMPIONSHIPS

Stratton VT | Jan. 29-30, 2026

The 2026 Eastern Regional Championships will include SG, GS, and SL. See usskiandsnowboard.org/masters/masters-events-schedules for full event details including entry fees, lift ticket and lodging recommendations.

Schedule

Thursday, Jan. 29 SG training (optional)

Friday, Jan. 30 2SG

Saturday, Jan 31 SL

Sunday, Feb. 1 GS

Eligibility

All U.S. competitors must have a current season U.S. Ski & Snowboard Alpine Masters membership. Foreign participants must have either a U.S. Ski & Snowboard Alpine Masters membership or purchase a Short-Term Alpine Foreign Masters membership to compete in the national event.

Scoring

Both SG races are included in the U.S. Masters National Speed Series.

All four races will be included in the New England Masters Sise Cup scoring.

The Eastern Regional Championships team is awarded to the top finisher in each age class based on total points accumulated in the four events SGx2-GS-SL using the “old World Cup” points scoring system. Competitors must start in three of the four races to be eligible for the Eastern Regional Champions team.

Registration

Register online at masters.adminskiracing.com in the New England Masters race series.

Contact Information

Matt Mitsis, nemsracing@gmail.com

FIS MASTERS CUP / WESTERN REGIONAL CHAMPIONSHIPS

Beaver Creek CO | Feb. 5-8, 2026

The 2026 FIS Masters Cup & Western Regional Championship event will include 2SG, 2 (1-run) GS, and SL races. See usskiandsnowboard.org/masters/masters-events-schedules for full event details.

Schedule

Thursday, Feb. 5	SG training (optional)
Friday, Feb. 6	2SG
Saturday, Feb. 7	2 (1-run) GS
Sunday, Feb. 8	SL

Eligibility

Racers 30 years and older with an active FIS Masters License are eligible for FIS Masters results/awards. U.S. Ski & Snowboard members and Canadian athletes are eligible for Western Regional results/awards.

Racers 30 years and older must have an active FIS Masters License and U.S. Ski & Snowboard Masters Membership. Purchase a FIS Masters License when renewing your U.S. Ski & Snowboard Membership at usskiandsnowboard.org/public-tools. If you have already renewed, you can add a FIS Masters License through the link on the event page or program. Racers 18-29 years must have an active Masters U.S. Ski & Snowboard Membership.

Scoring

Both SG races are part of the U.S. Masters National Speed Series.

The Western Championships team is awarded to the top finisher in each age class based on total points accumulated in the five events using the “old World Cup” top-15 finish points scoring system.

Entry Deadline

Sunday Feb. 1, 2026 at 11:59 p.m. Mountain Time, with a confirmed FIS entry form from each participant’s National Ski Federation to fismasters@usalpinemasters.org or online registration for U.S. entries at masters.adminkiracing.com.

Contact Information

Entries, registration, and questions: fismasters@usalpinemasters.org.

MASTERS NATIONAL SPEED SERIES

The 2026 Masters National Speed Series features events in seven divisions around the country. This series gives Masters with a taste for speed the opportunity to earn a Masters National Speed Series title in their age group. Season-long awards will be presented to the overall fastest woman, younger man (64 and under) and older man (65+) and to the top 3 finishers in each age class, based on total points accumulated using “old World Cup” top-15 finish points scoring. Competitors must have at least 3 starts to be eligible for season awards.. This series gives Masters with a taste for speed the opportunity to earn a Masters National Speed Series title in their age group.

Schedule

Date	Site	Disciplines
Jan. 9	Granite Peak, WI	2SG
Jan. 22-23	Sun Valley, ID	SGtr/2SG
Jan. 23-24	Ski Cooper, CO*	DHtr/2DH
Jan. 29-30	Stratton, VT Eastern Regionals	SGtr/2SG
Feb. 5-6	Beaver Creek, CO FIS/Western Reg.	SGtr/2SG
Feb. 13	West Mountain, NY	1SG
Feb. 20	Schweitzer, ID	2SG
Feb. 23	Okemo, VT	2SG
Feb. 23	Soldier Mountain, ID	2SG
Feb. 27	Gore Mountain, NY	2SG
Feb. 27	Northstar, CA	2SG
Feb. 28	Breckenridge, CO	1SG
Mar. 23-25	Mammoth, CA National Champs	DHtr/DH/SG
Apr. 2-3	Mt Bachelor, OR NSS Finals	SGtr/2SG

Schedule subject to change.

* Events may have additional speed training/race days. See the event program for full details.

Entry Contacts

Register at masters.adminskiracing.com. Events can be found listed within each division.

FIS MASTERS CUP SERIES

The FIS Masters Cup Series provides the opportunity for international masters competition, with a series calendar featuring races in Europe, North American, and South America. The age class series champions are awarded coveted FIS crystal globes for discipline and overall age class series winners.

Before planning for and leaving for International competition, be sure to understand all relevant travel conditions and restrictions.

Schedule

Date	Site	Disciplines
Nov. 7-8	Alpinecenter Wittenburg, GER (Indoor)	SL/SL
Nov. 15-16	Amneville, FRA (Indoor)	SL/SL
Nov. 29-30	Oslo – Snow Dome SNO, NOR (Indoor)	SL/SL
Dec. 6-7	Setriere, ITA	2GS/SL
Dec. 12-14	Veysonnaz, SUI	2GS/SL/SL
Dec. 20-21	Abetone, ITA	2GS/2GS
Jan. 9-11	Petzen, AUT (SLO)	SG/2GS/SL
Jan. 17-18	Glungezer, AUT	GS/GS
Jan. 23-25	Lienz, AUT (CRO)	SG/AC+SL/GS
Jan. 28-30	Mont Garceau, CAN	2SG/2GS/SL
Feb. 6-8	Beaver Creek, USA	2SG/2GS/SL
Feb. 13-15	Szczawnica Palenica, POL	SL/2GS/GS
Feb. 20-22	Baqueira Beret, ESP	2SG/AC+SL/2GS
Feb. 28-Mar.3	Pec Pod Snezkou, CZE	SL/GS
Mar. 6-8	Strbske Pleso, SVK	2GS/GS/SL
Mar. 13-15	Megeve, FRA	SG/2GS/SL
Mar. 20-22	Cortina D'Ampezzo, ITA	SG/SL/GS
Mar 23-28	Reiteralm, AUT (World Criterium)	SG/SL/GS/GS
Apr. 9-11	Levi, FIN (FMC Finals)	GS/GS*/SL*

Schedule subject to change. For latest schedule information visit the FIS Masters calendar page at fis-ski.com/DB/masters/calendar-results.html.

Contact U.S. Alpine Masters Manager Lauren Beckos (267.496.1320 | lauren.beckos@usskiandsnowboard.org) for information and entry to FIS Masters competitions outside of the USA. For specific event information contact FIS Masters Committee representative Bob Davis before making travel plans.



CANADIAN FIS MASTERS CUP AND CANADIAN MASTERS ALPINE CHAMPIONSHIPS

Mont Garceau, QC CAN | Jan. 28-30, 2026

Schedule

Jan. 28	2SG
Jan. 29	2GS (1-run)
Jan. 30	SL

Mont Garceau is located less than a 90 minute drive from Montreal and should be of great attraction to racers from Quebec, Ontario, and New England USA (who love coming to race in Quebec!), plus we hope Westerners as well as international racers will participate (7 countries participated last year, and due to its success, more are expected this year!). Montreal is a major international airport with great connections, that should also make it convenient for air travel and allow a travel window for those wishing to carry on to Beaver Creek, CO, for the USA FMC races being held from Feb. 6-8.

FMC races are open to skiers aged 30 (as of 31 Dec. 2025) and over, for which a FIS Masters License is required. More details will be at alpinecanadamasters.racing.

This event will also be held concurrently with the Canadian Masters Alpine Championships (CMAC), which also permits racers between the ages of 18-29 to participate. Awards and overall results for the CMAC will be based on 2SG, GS and SL. The GS and the SL will be the combined time of 2 runs and racers must finish all 4 runs to qualify for the overall.



WY'EAST CUP

Mt. Hood OR | TBD, 2026

The tradition of the Summer Fun Nationals will continue with the Wy'East Cup at Mt. Hood and will include a Family Fun Race in keeping with tradition. Each off-season Masters racers and their families have found the ultimate advantage to keep their ski legs in shape by coming to Mt. Hood in the summer for training and racing. With daily and week long training camps plus the opportunity to check out next season's race equipment at the tech/demo centers in Government Camp, this is masters ski racing at its best! Make it a family affair and race with your family. Get your race entry in early to take advantage of the early-bird discount. No day of race entry!

There will be a Saturday GS and Sunday SL on the Mile at Timberline. Races are non-scored and loaded with fun! Willy Camp will host the race with the support of Pacific Northwest Ski Education Foundation (PNWSEF) and Timberline Ski Area. All proceeds from the event will benefit the PNWSEF which is a 501(c)(3) non-profit organization. PNWSEF is the fund-raising arm for the Pacific Northwest Division. PNWSEF provides funding and supports athletes, coaches, officials and clubs across Northern Idaho, Washington, and Oregon. See pnwsef.org for more ways to support PNWSEF.

Schedule

Friday	Afternoon welcome party, racer check-in
Saturday	GS race, banquet, auction, live entertainment, raffle, awards
Sunday	SL race, awards

Airport

Portland, OR (PDX). Distance to Mt. Hood: 60 miles. Rental car suggested.

Entries

Online at masters.admskiracing.com under the Pacific Northwest Division.

Eligibility

Racers 18+ years of age must have an active 2025-2026 U.S. Ski & Snowboard Alpine Masters Membership, Non-Scored Athlete Membership or Short Term Alpine Master Membership.

After May 1st, if you did not have a membership for the 2025-2026 season and need to purchase a Short Term Alpine Membership for this event or upgrade to a full Alpine Masters membership, email membership@usskiandsnowboard.org and they will send you a link specifically for this purchase. On May 1st, the membership portal opens for the 2025-2026 season, and those WILL NOT apply to the Wy'East Cup race. The 2026-2027 membership season starts on July 1, 2026.

Contact Information

Jesse Scroggins | dhracer@me.com | 541.806.5515



Chapter 6
Divisional Programs



DIVISIONAL MAP

The U.S. is broken up into eight divisions, with Eastern division being further divided into four series for alpine masters racing. This chapter outlines the competition programs in each division. Contact information can be found in each section of this chapter and in chapter 1 under Masters Contacts.

Most racers compete throughout the winter within their geographic area. Racers are also encouraged and welcome to attend races in other divisions and many take advantage of this opportunity. All U.S. Ski & Snowboard masters races are "open" races, including the Regionals and Nationals, requiring only an eligible U.S. Ski & Snowboard membership, membership in one of the divisions, and payment of the entry fee to compete.



ALASKA MASTERS

The Alyeska Ski Club, at Alyeska Resort, offers the only masters training and racing program in Alaska. The program is open to all skiers 18 years and older and have at least beginner/intermediate skiing skills. Members in this program range from Masters National Champions to first time racers.

Most of our sanctioned masters races are held in conjunction with our junior events at Alyeska Resort. Masters racers interested in racing in these races must have an Alpine Competitors Membership in addition to their Alpine Masters membership.

Race Entry

See the Alyeska Ski Club website alYESKASKIclub.com for race announcements and registration. We encourage racers to call the hotline at 907.783.2160, contact the race organizer, or contact the Alaska Masters representative prior to each race to check for any schedule changes or cancellations, which may occur due to weather or hill conditions.

Adult League Races

In addition to our sanctioned Masters races there are eight non-pointed Adult League races scheduled for this season, four GS and four SL. The series is sponsored by Denali Brewing and Pabst Blue Ribbon Beer. Come join us for these low-key races, great awards and prizes from our sponsors. We invite all masters and others interested in giving gates a try, to drop in and ski with us. This race series is typically calendared sometime before Dec. 1. Check alyskaskiclub.com/programs/masters for the current schedule.

Training Opportunities

Alyeska Ski Club conducts a relatively large Masters training program with typically 28 weekend training days during the season. There is also a masters training camp in Breckenridge, CO during the first week in December. The training season usually begins the second weekend of December and continues through March.

Division Contact and Further information

For updated training, registration link, and race schedules, or to get more information on Alaska Masters check alyskaskiclub.com/programs/masters or contact the Alyeska Ski Club at 907.783.2160.

Other questions can be directed to Alyeska Masters Program Administrator Lara Hildreth at 907.229.0874.

CENTRAL MASTERS

In the Central Division, Midwest Masters represents U.S. Ski & Snowboard as the only Masters alpine club and hosts all Masters alpine racing in the Midwest. The Central Division consists of Minnesota, Wisconsin, Michigan, North Dakota, South Dakota, Iowa, Illinois, Indiana, Ohio and Missouri. We are a volunteer not-for-profit organization and welcome all who wish to participate. Events are hosted at premier ski areas throughout the Midwest with racers ranging in age from 18 to over 80 years old. Races follow U.S. Ski & Snowboard rules, with some adjustments per Midwest Masters. We allow children of racing parents to participate as forerunners as well. Competitors compete based on Age Class and Ability Class. This allows racers to compete directly with those in their age group as well as those at their ability level. Midwest Masters is scheduled to host events at Granite Peak, Spirit Mountain, Lacrosse, Buck Hill, Giants Ridge and Wild Mountain during the 2025-26 season. Please visit MidwestMasters.org for more information.

Training Opportunities

Every season, Midwest Masters schedules several training opportunities. See midwestmasters.org/schedule-and-training for a full list. Training highlights for this upcoming season are our Fall Copper Camp the first week of December, our Monday and Wednesday Buck Hill training nights in December and the popular “race camp/mock race” event held at Wild Mountain. Slalom fanatics can sign up for the 9-week Buck Hill Slalom Training series that includes coaching with the Buck Hill Ski Team on the same slope that has launched several Olympic Athletes.

Division Contact and Further information

For detailed information on Midwest Masters including schedule, registration fees, contact information and sponsorship details, visit midwestmasters.org or email us at program.director@midwestmasters.org.

EASTERN MASTERS

The Eastern Division is governed by the Eastern Masters Committee and is divided into four masters series: New England, New York, Southern (SARA) and Mid-Atlantic.

NEW ENGLAND MASTERS

New England Masters Skiing, Inc. is a not-for-profit corporation, which administers the Sise Cup Series. This series offers a season-long schedule of races comprised of slalom, giant slalom and super G, with all courses conforming to U.S. Ski & Snowboard specifications. Award parties follow each race, where prizes are given to the top finishers in each age group. Season-long standings are kept, and awards presented at the final awards banquet. The series includes a broad spectrum of ability levels, with an emphasis on fun for all.

Membership Requirements

A U.S. Ski & Snowboard Masters membership is required for all sanctioned races. New England Masters also hosts some non-sanctioned competitions that do not require U.S. Ski & Snowboard membership. New England Masters charges an annual membership of \$35 to racers participating in a certain number of events. For more info on membership visit nemsracing.org/policies.

Race Entry

Racers should register for races using masters.adminskiracing.com. Detailed information on how to register is available at nemsracing.org.

Racers are not charged for an event until after the conclusion of the event. If a racer is registered for an event and is unable to attend, the racer will be charged a Did Not Start (DNS) Fee and not the full cost of the event. Racers are able to cancel event entries on masters.adminskiracing.com until noon (12PM) the day before the race. For more information on the DNS Fee policy, visit nemsracing.org/policies.

Running Order

First and second run running order will alternate between the oldest women's and men's classes through class 10, followed by all the remaining women's classes and then the remaining men's classes, oldest to youngest.

First run seeding within classes will be by random draw of the top eight racers, followed by the remainder of the class in random order. Late entrants will run last in their respective classes. Second run seeding within classes will be in reverse order of finish from the first run. DNFs and DSQs will run last in class.

Training Opportunities

There are many opportunities for training available throughout New England from camps to weekly training days. Check nemsracing.org/training complete information.

Race Series Contacts and Further Information

For more detailed information, go to nemsracing.org.

Eastern Chair/New England Masters President: Matt Mitsis | NEMSRacing@gmail.com

New England Masters Vice President: Nadine Price | nprice@ntp-associates.com

Race Administrator: Lucy Blake | NEMastersRA@gmail.com

MID-ATLANTIC MASTERS

Mid-Atlantic Masters Skiing, Inc., is a nonprofit corporation that administers the Foy Cup Series. This series offers a season-long schedule of races and awards to the overall and class winners for men, women, and teams. Mid-Atlantic Masters' roots originated from the ASRA ski race organization, which was formed by John (A.J.) Foy in 1980. We provide seasonal awards in the categories of Ironman, Family, Team, Seasonal Age Class and the Foy Cup overall champion. Above all, our primary goal is to have fun and enjoy challenging ski racing at the same time.

Mid-Atlantic (MA) Masters hosts and participates in GS, SL and SG races from January through March in New York, Connecticut, Vermont, New Jersey and Pennsylvania. Points are awarded by finish position in each age category and season champions are recognized at the MA Masters Championships in March. Teams are also scored at each race and for the overall team championship.

Typically, we try to have three weekends identified as joint races with New York Masters and New England Masters. The race hosted by Mid-Atlantic, will be held at West Mountain in mid-February. Be sure to check our schedules for the final dates for these races.

To join our email list visit mamasters.org and opt-in for email communications. Like us on Facebook at [facebook.com/midatlanticmasters](https://www.facebook.com/midatlanticmasters). Check out our website for more details.

Membership Requirements

Competitors must be Mid-Atlantic members or secondary members to qualify for the seasonal Foy Cup, class (age group), team and family prizes. Mid-Atlantic Masters membership cost is \$30 per season and is available through masters.adminskiracing.com. In addition, competitors must have a seasonal or short term U.S. Ski & Snowboard membership for most of our races. Races that do not require a membership are identified in our schedule.

Race Entry Procedures, Fees and Deadlines

Online registration for all races may be completed at masters.adminskiracing.com.

The cut-off for race entry and cancellation varies but is typically 24-48 hours prior to the first day of racing for the event. Check the deadlines listed on the website which might vary to allow for advance planning. There is a DNS fee (no shows), so be sure to plan accordingly.

Race Bibs

Mid-Atlantic uses permanent "life" bibs for all Mid-Atlantic members and anyone who does more than one race with Mid-Atlantic. We ask that you keep the bib in good condition and bring it to each race. Bibs are available for purchase through Mid-Atlantic Masters at masters.adminskiracing.com for \$26. A purchased bib will serve as your permanent bib and racer identifier for all regular Mid-Atlantic Races.

Training Opportunities

Multiple weekly training opportunities are available as well as week-long ski camps. Check mamasters.org for details.

Further Information

Information on training opportunities and the latest schedules can be found at mamasters.org.

Mid-Atlantic Masters Leadership Team

President: Hannah Knudsen | hannah.knudsen@comcast.net | 302.521.7082

Administrative Vice President and U.S. Ski & Snowboard Liaison: Carol Tomassetti | carolcartom@gmail.com | 845.594.9045

Executive Vice President: Connor Carreras | connor.carreras@gmail.com | 949.244.7025

Treasurer: Dale Ziegenfelder | dalezieg1@gmail.com

Advisor to the Board

Ryan Whitson | ryan.l.whitson@gmail.com

Mid-Atlantic Masters Board of Directors

Justin Lorino | justinlorino@gmail.com

Melissa Schreyer | melissa.lash@gmail.com

Alex Smigelski | asmigelski@gmail.com

NEW YORK STATE MASTERS

The schedule for New York Masters is available at nymasters.net.

The New York series offers an incredible value for its participants. In addition to having access to some of the best race hills and race crews in Upstate New York, we also continue to have a two race format that usually allows for four race runs per day. Even with four race runs, there is still ample time for free skiing and après race activities. Most race fees include lift ticket, adult beverages and après ski food in addition to the race itself.

The schedule includes SL, GS and SG and is subject to change as the season progresses. Check our website nymasters.net or on Facebook at NY Masters for updated information.

We are planning at least one weekend of joint races with Mid-Atlantic Masters at West Mountain. See nymasters.net for the full list of races that will be counted towards New York's coveted Skiff Cups (Marshal Skiff for the men and Joan Skiff for the women). The 2025 winners of the Skiff Cup were Carol Scheeler (W) and Nick Krueer (M).

Come on out and join us in our 50th year of New York State Masters Ski Racing.

Race Entry

Links to registration and payment (PayPal or Venmo) are available on our website. Day-of registration and cash/check payments are no longer accepted.

Division Contacts

Jim Thoman | jcthoman@gmail.com

Mark Sertl | msertl@rochester.rr.com

Tom Scheeler | skiracr624@gmail.com

Alex Mitchell | aandrewsmitchell@gmail.com

SOUTHERN (SARA) MASTERS

Open to U.S. Ski & Snowboard members who hold a valid masters membership. Masters racing provides the next step up for NASTAR racers and recreational racers who would like to be in a higher level of ski racing.

Masters from other regions who hold valid masters membership are welcome to participate in any SARA races. The races are held in Virginia, West Virginia and North Carolina.

Race Contacts and Entry

Bryce Resort, Horst Locher | Basye VA | skischool@bryceresort.com | 800.821.1444 x229

Timberline/Canaan Valley Resort, Todd Eardensohn | Davis WV | teardensohn@gmail.com | 202.441.3000

Massanutten Resort, Sandy Crenshaw | srenshaw@massresort.com

Snowshoe Resort, Trevor Owen | Snowshoe WV | docowen@gmail.com

Sugar Mtn, Sean Mckee | Banner Elk NC | stumpy@skisugar.com

Wintergreen Resort, Chris Shepard | Wintergreen Ski Team | Wintergreen VA | cshepard@wintergreenresort.com | 434.989.2541

Division Contact and Further Information

Horst Locher, skischool@bryceresort.com | 540.856.2121 x229

Visit saraski.org/organization/genera-master-racing-information for the latest schedule and information.

FAR WEST MASTERS

Far West Masters Ski Racing events are open to competitors 18 and older. The race schedule includes quality competitions held throughout the Sierras from early December through April. New racers and masters from other divisions are welcome! Be sure to check farwestmasters.org for detailed information and updates throughout the season.

Membership Requirements

A Masters membership or short-term membership is required to compete in any Far West Masters race. Competitors who race more than one weekend per season must join Far West Masters. Far West Masters membership benefits include a permanent stretch bib, tracking of points for the season awards, newsletters and eligibility to compete as part of the Far West team at the Masters National Championships. Contact membership director Mary Feddis at membership@farwestmasters.org or better yet, go to farwestmasters.org for Far West Masters and U.S. Ski & Snowboard membership information.

Age Categories

Far West Masters racers are divided into five-year age classes, as described in this Masters Competition Guide. There also is an optional "Open Class" available with advance registration for both men and women that is ranked independently from age classes for awards and which is used for season leader bibs standings. Racers who register in advance to enter the Open Class will still start in their normal age class but only score points in the Open Class.

Race Entry Fees, Procedures and Deadlines

1. Registration is available at masters.adminskiracing.com/farwest. Racers need to update their account for the current season, and new racers need to create an account; then enter races as desired. Entry deadlines will be clearly posted on both the farwestmasters.org Season Schedule page and on the registration system for every event. Entries may be withdrawn without fees charged at any time prior to the published entry deadline. The entry fee increases by \$5 for entries received after midnight on the Sunday preceding the race date.
2. Racers not able to enter online need to check farwestmasters.org for entry details. Each race will be listed on the Season Schedule page with the address, entry fee amounts and due dates for submitting entries. Racers can print a copy of the event entry form for the races they wish to enter and mail to the organizer with entry fees. The deadline for submission and receipt by the organizers of non-online entries will be the same as for online entries.
3. Day-of-race signups are NOT accepted; you must be on the start list prepared the day prior to the race to be able to compete. If you are allowed by the race organizer to submit a late entry after the entry deadline has been reached, be aware that late fees may be charged.
4. No entry fees will be charged IF race entries are cancelled prior to the published event entry deadline. Competitors are responsible for withdrawing from the event if they will be unable to compete in a race. Withdrawal after the close of registration at the entry deadline MUST be done by contacting the race organizer; entry fee refunds for late withdrawal are at the discretion of the host area.
5. Schedule changes, updates and cancellations will be posted at masters.adminskiracing.com/farwest and at farwestmasters.org. Check websites prior to the event for any updated information. Schedule updates are also sent out on the Far West Masters news mailing list and to competitors registered for the event on masters.adminskiracing.com as appropriate.

Training Opportunities

Many of the ski areas in California and Nevada offer training opportunities for adults. Masters training opportunities in Far West include programs at Mammoth, Palisades Tahoe, Diamond Peak, and Mt. Rose. Further details, as well as any additional programs that may be

added, can be found at farwestmasters.org/info/training.

Clinics and training camps may also be organized, such as the annual Masters Training Camp at Mammoth late November/early December prior to our first races in early December.

Division Contacts and Further Information

Chairman, Rees Palermo | palermodds@yahoo.com

Membership, Mary Feddis | membership@farwestmasters.org

Race Registration Support, Deb Lewis | raceadmin@farwestmasters.org

See the Contacts page at farwestmasters.org/contacts for a complete listing board members and organization contacts.

Visit farwestmasters.org for the latest schedule and information.

INTERMOUNTAIN/NORTHERN

The Intermountain and Northern Masters divisions have combining to operate as a single race series. U.S. Ski & Snowboard Memberships will continue to be designated as either Northern Division or Intermountain Division based on geographic location. The combined race series will cover Montana, Western South Dakota, Wyoming, Southern Idaho and Utah. All members in the Intermountain/Northern Divisions attending National Championships will be combined on one team to compete for the Division's Cup.

Race Registration

Race registration is online under Intermountain/Northern at masters.admskiracing.com. You must create an account with a valid credit card before registering for races. Anyone interested in racing in our race series or any other masters races (including U.S. Ski & Snowboard Regional and National events) can register on this site. To register, select the appropriate races series and click "Apply" to make that race series races available for selection. Entry deadlines are noted at online registration.

Race entry fees are \$55 for GS and SL races and \$80 for two SG races on the same day. Cutoff for entry is typically 5 p.m. two days before the first race date of the event. For Intermountain/Northern races, late fees of 2x the entry fee will be charged if you register past the deadline. No day-of-race entries are accepted. Credit cards are charged after race day.

You can cancel online until entry is closed by clicking the button to deregister. If entry is closed, you must either email or call to cancel. Without notification of cancellation, you will be charged a \$10.00 DNS fee. If you have issues with registration or cancellation, please send a message to intermountainmasters@gmail.com or call 541.490.5888.

Start lists are generated the night before each race, then posted at racer check-in which is typically at 7:15 a.m. Racers should check start lists for errors and notify the check-in person before 8:15 a.m. Schedule changes, updates and cancellations will be posted at masters.admskiracing.com and intermountainmasters.org. Check frequently for updates.

Race Bibs

The Intermountain/Northern Masters race series issues permanent bibs that are also used as a permanent racer identifier for all regular races. It is the responsibility of each racer to keep their bib in good condition, bring it to each race and wear the bib for racing purposes as per U.S. Ski & Snowboard rules. If you forget your bib, please tell timing and the starter your permanent number to correspond with the information in the computer used for timing the race.

Intermountain/Northern bib numbers are used for entry and racing with or without the presence of the actual bib. Out-of-division guests should bring their division bib and email their bib number ahead of time to intermountainmasters@gmail.com. Based on points from the previous year, the overall top five women are awarded red bibs and the top ten men are awarded yellow bibs to wear for the season.

Super Seed

This elite seed is made up of the top ten male finishers overall from the first run times. If those competitors choose to participate in the Super Seed, they are run in reverse finish order (10th place to 1st) after class 8 men or at the end of the field depending on the field size. Those who choose to compete in the Super Seed will not be awarded class awards. Rather they get Super Seed awards and 25 points will be awarded to all Super Seed finishers.

Series Scoring

The Intermountain/Northern Masters series is scored using the World Cup points system which includes all races on the series schedule including U.S. Ski & Snowboard regional and national events when they are located in the Intermountain/Northern geographic area. A competitor's season standing for the top five/ten bib selection is based on their best results from a minimum of eight starts and a maximum of all races attended.

Prizes are awarded at all races to overall and age class winners. Daily awards are given to the top three men and women in each age class.

Top Men and Women Race Bibs

Red bibs (numbered 1 through 5) for women and yellow bibs (numbered 1 through 10) for men are awarded to the overall top five women and top ten men of the prior season to wear the next season. Bibs must be returned at the end of the season so they can be assigned to the next season's overall winners. Bib numbers for the 2025-26 season are:

Men - Yellow		Women - Red
1 Erich Horsley	6 Michael Falk	1 Anastasia Artyeva
2 Rick Slabinski	7 Jaimie Thomas	2 Dasha Kadulova
3 Thunder Jalili	8 John Beckos	3 Dana Alexandrescu
4 Chris Maxwell	9 Knut Olberg	4 Lisa Densmore Ballard
5 Jesse Foster	10 George Dorris	5 Chris Katzenberger

Training Opportunities

Park City, UT The Park City Masters invites members to join them for daily or weekly training, Mon.-Fri. starting mid-November through the end of March. For more information contact the Park City Ski School at 435.647.5423 or Don Sears at 435.640.1139.

Sun Valley, ID Sun Valley Ski School Master's Race clinics are weekdays at 9 a.m. for three hours per day including free skiing coaching and analysis, gate training and video. SG training is Thursdays 8-9 a.m. on a full-length SG course. Coaching is from Sun Valley Ski and Snowboard School. For information call 208.622.2248. For lodging call Sun Valley Resort at 800.786.8259.

Big Sky, MT The Big Sky Ski Education Foundation offers a Masters Training program. See bssef.com/masters-alpine-program/ for more information.

Utah Olympic Park The Park City Ski and Snowboard Club PCSS, offers masters training focused on SL and GS beginning in early December until April. A typical season consists of 45-50 training sessions. Season training fee last season was \$1,750 which included the UOP season lift pass. Limited drop in training is available for masters visiting the Park City area. Please contact Thunder Jalili at tjalili@parkcityss.org for more information.

Other Training Options

- Special training options are available prior to some races at other ski areas. For more information, contact Meri Stratton at 541.490.5888.
- Training may be available at other Intermountain and Northern Division ski areas with junior race programs. Contact the individual programs for details.

Intermountain/Northern Masters Inc. Governance

Intermountain Masters Inc. is a 501(c)3 Corporation, a nonprofit organization, and we are seeking tax deductible donations. Contact Greg Graham for questions, his contact info is listed below. We operate in accordance with the rules of the FIS, the U.S. Ski & Snowboard and the Intermountain/Northern Masters Bylaws.

Division Contacts and Further Information

Richard Slabinski | Board of Directors Chairman | rpsmlab@comcast.net | 435.640.1386

Jesse Foster | Board of Directors Vice Chairman | jessefoster@hotmail.com | 505.228.2818

Greg Graham | Board of Directors Treasurer | gjgwork1@gmail.com | 801.209.8026

Meri Stratton | Board of Directors, RA | intermountainmasters@gmail.com | 541.490.5888

Mark Kandianis | Board of Directors | kodiakfishco@gmail.com | 360.201.0757

Kathleen Thomas | Board of Directors | kathleenwithamthomas@gmail.com | 435.962.4500

Jack Ballard | Board of Directors | jackballard62@msn.com | 406.696.9841

Robert Beers | Board of Directors | robertcbeers@aol.com | 406.850.8257

Notes

- Email is the preferred method of communication. For general information contact intermountainmasters@gmail.com.
- Results and schedules, including changes and cancellations, will be posted on masters.adminskiracing.com/ and as time allows on intermountainmasters.org.

PACIFIC NORTHWEST MASTERS

Pacific Northwest (PNW) Masters hosts races from December through April in Oregon, Washington and Idaho. Points are awarded by finish position in each age category and season champions are crowned at the PNW season finals. Double PNW World Cup points will be awarded at Finals!

We welcome all levels of skiers, from skiers looking to challenge themselves on a longer course than NASTAR or City League, a returning junior racer who misses the sport, a racer parent who wants to experience racing for themselves, or the most avid ski racer who attends every event they can. Our goal is to have fun, ski with and meet new friends, fine tune our skiing skills and support Masters and Junior racing. We encourage racers to bring a friend to a race and spread the word about Masters Racing! To join our email list, register at masters.adminskiracing.com under PNW division. Like us and visit us often on Facebook by searching for Pacific Northwest Masters Ski Racing.

Race Entry

1. Register per the event announcements and see the entire season schedule at pnwdivision.org/masters. Late sign-up fee of \$10 per race, 6 days or less prior to race. Late cancellation fees are the same as late sign-up fees, 6 days or less prior to race. DNS fees will be assessed for pre-registered racers who do not cancel by the race sign-up deadline (day before the race). DNS fees are the same as race fees. No day of race sign-ups.
2. Entry fees for regular season events range from \$40 to \$75, depending on the organizer's costs for race delivery, on-hill protection equipment, and hill space.
3. Mt. Bachelor PNW Finals Entries have their own fee schedule. NO day of race entries. Entries at and information at masters.adminskiracing.com. For more information, go to mbsef.org, check under Alpine, then Race Info for race announcement. Inquiries raceinfo@mbsef.org.

Training Opportunities

Crystal Mt: Mike Dahlem, masters@cmackiracing.com | 253.255.6309

Schweitzer Mt: Jamie Landwehr, jamie@sars.net, Wed./Thu. and Sat./Sun. training available.
Check sars.net then masters.

Summit at Snoqualmie/Alpental:

Summit Race Department/Alpental, Technical skills coaching/tactical skills gate training Tue., Wed., Thu. Masters Head Coach John Forsen and staff. Drop in training available Tue. afternoons. Contact the Summit Snoqualmie Race Department.

Centerline Ski Academy, Masters Training: Wed. at 2:00 p.m. and Sun. at 9:00 a.m. at Snoqualmie West. Women's Technical Free-skiing Seminar: Thurs. at 2:00 p.m. at Snoqualmie West. Personal coaching available upon request. Contact Steve Forsythe Program Director USSS Level 300 Coach | centerlinesports@gmail.com | 206.422.7216 | centerlineskiacademy.com or Mike Kvietkus, USSS Level 100 Coach, PSIA Level 2 | mkvietkus@aol.com | 206.605.1435.

Mt Bachelor: MBSEF Masters/Adult Training Program: Dec. – April, Tue. – Fri., Sun., holidays Mon., (Sat. starting mid-March), 9 a.m. to noon. Full season, 20-day, 10-day and drop-in programs available. Contact MBSEF at mbsef@mbsef.org | 541.388.0002, Coach Greg Timm at gtimm@gtisports.com | 541.390.6635.

Stevens Pass: The SPAC Masters Racing program starts early January. See spac racing.com for the most current information.

Lyon Ski School: Masters Training Program is designed for Master racers and other adults interested in the challenge of ski racing. Includes directed free skiing, drill and gate training. Coaching by Dave Lyon with additional coaching and support by guest coaches. January and February Thu. 6:30-8:30 p.m. See lyonskischool.com for information.

Race Camps

GTI Sports (Greg Timm): Copper Mtn., CO: October. Mt. Bachelor, OR: December & May. Mammoth Mtn., CA: May/June. Mt. Hood, OR: June/July/August.

Rossignol Camp (Greg Timm): Mammoth Mtn., CA: April/May.

Schweitzer Alpine Racing School (Jim Doudna): Timberline, OR: May.

Tichy Racing (Richie Tichy/Greg Dilger): Timberline, OR: June/July/August.

Willy Camps (Scroggins Family): Timberline, OR: June/July/August

PNW Masters Governance

PNWSEF (Pacific Northwest Ski Education Foundation) is a 501(c)3 non-profit organization supporting ski racing in the Pacific Northwest Division. Tax deductible contributions may be made by contacting the PNW Masters Chair. We continue to award a training grant for junior divisional projects. Awards are made via PNWSEF.

Division Contacts and Further Information

Our website and registration information are at pnwdivision.org/masters. We are also on Facebook as Pacific NW Masters Ski Racing.

PNW Masters Chair Rob Cravens | 541.419.3893

Short-term Membership/Registration/Email Communication: Nancy Riley-Jones | nancyriley2003@msn.com | 425.772.9377

New Racer Coordinator: Jenna Shiosaki | jenna.shiosaki@gmail.com | 206.914.9976

PNW Logo Gear: Hugh Mitchell | hughmitchelldvm@gmail.com | 425.821.6821
Mike Kvietkus | michael_kvietkus@yahoo.com | 206.605.1535

Race Schedule Coordinator: Jim Doudna | doudna8@gmail.com | 208.597.1725

Facebook Coordinator: Karen Kilian | ciaokk@msn.com | 206.972.8747

ROCKY MOUNTAIN MASTERS

The Rocky Mountain Masters Ski Series is a nonprofit volunteer organization. Our members cover a wide range of ages and abilities and our race venues offer discounted tickets to some world class skiing opportunities. We compete in all ski racing disciplines, DH, SG, GS, SL and Parallel SL as scheduling allows. We offer a long race season with more speed events than any other division. We also offer multiple race sponsorship options to help offset race costs while gaining peer recognition.

Race Entry

1. A Rocky Mountain Masters membership is required except for masters visiting from other divisions.
2. For registration and detailed event information, go to masters.adminskiracing.com and select Rocky Mountain. This information can also be found on our website at rmmskiracing.org.
3. Registration status can be changed online up until the close of online registration, typically noon the day before each event weekend (recommended). If online registration is not possible, contact the office via call/text/email. Race day registration may not be available at all venues this season.
4. Check rmmskiracing.org frequently for any changes to the schedule, discipline, or venue.

Running Order

The start list for both runs is the same, the running order follows Masters Class designation and is a function of when you sign up.

Unique Division Rules

In addition to the U.S. Ski & Snowboard rules and FIS Masters rules, RMM has included the following to increase participation without impacting safety:

- Any racer who loses a ski prior to the first gate will be entitled to a restart. The starter can determine when the racer will be inserted.
- For the SG “fast free ski run”, depending upon the hill conditions, the jury can allow participants to run the course (preferably in non-racing attire) with the primary purpose of getting used to the hill and the relative speed of the course.

Series Scoring

Our race series is scored using a modified World Cup Points system which includes all races on the schedule plus regional and national events in the Rocky Region. Class results are posted weekly during the season along with an overall men’s and women’s Elite Groups. End of season awards are presented at the Fall Awards party early season the following year.

Training Opportunities

There are several Masters training programs and weekly camps in Colorado. Most offer options for full season training passes, multi-punch training passes and daily rates to accommodate newcomers and out-of-state racers. Most offer weekday and weekend options that can start as early as October and extend into April. Links to the Rocky Division training programs can be found at rmmskiracing.org.

Division Contacts and Further Information

Past President: Heather Nadeau | rmmskiracing@gmail.com

Vice President: James Reinig | reinigj@yahoo.com

National Committee Representative: Frank Mangold | frank.mangold@comcast.net

Note: Email at rmmskiracing@gmail.com is the preferred method of communication, phone messages can be left at 970.921.9131.

Office Contact: office@rmmskiracing.org

NASTAR FOR MASTERS

NASTAR continues to thrive under the new ownership of Global Reach Sports, LLP. (GRS). After providing the technology and results services behind NASTAR for more than 25 years, GRS is now proud to carry the program forward.

Last winter, participation grew by 5%, with strong racing at standout resorts including Deer Valley, Aspen and Snowmass, and Wachusett. That momentum gives us confidence as we look ahead to the new season.

Our focus this year is on strengthening the local programs where tens of thousands of racers participate each winter. While Nationals has been an important part of NASTAR's history, it represents less than one percent of the racer base. By pausing the National Championships this season, we can put more resources into the daily NASTAR experience that benefits everyone.

Masters athletes can continue to enjoy NASTAR racing at resorts nationwide. For details on where to race this season, visit NASTAR.com and click RACE in the menu



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CONCUSSION CHECKLIST

Signs and Symptoms

Athletes who show or report one or more of the signs and symptoms listed below, or simply say they just “don’t feel right” after a bump, blow, or jolt to the head or body, may have a concussion or more serious brain injury.

Signs Observed by Coaches / Officials

Can’t recall events *prior to or after* a hit or fall

Appears dazed or stunned

Forgets an instruction

Moves clumsily

Answers questions slowly

Loses consciousness (even briefly)

Shows mood, behavior, or personality changes

Symptoms Reported by Athlete

Headache or “pressure” in head

Nausea or vomiting

Balance problems or dizziness

Double or blurry vision

Bothered by light or noise

Feeling sluggish, hazy, foggy or groggy

Confusion, or concentration or memory problems

Just not “feeling right” or feeling down

Action Plan

If you suspect that an athlete has a concussion

1. Remove the athlete from training and competition. Under the authority of the Head Coach or Technical Delegate, any athlete may be benched in competition or training regardless of age due to a suspected concussion. Only minors are required to be placed on membership hold pending clearance from a licensed health care provider trained in concussion management.
2. Provide athlete/family with U.S. Ski & Snowboard’s concussion information and medical evaluation forms.
3. Notify jeff.weinman@usskiandsnowboard.org of suspected concussion.
4. The athlete will be placed on U.S. Ski & Snowboard medical hold until the completed medical evaluation form is received with the signature of a medical professional who has been trained in concussion management within the past three years.

More Information

cdc.gov/Heads-Up



New England Masters



DUNKIN'



Thanks to Dunkin' for their growing support for Masters and U.S. Ski & Snowboard!