Base Layer Policy

Competitors are expected to arrive at competition venues in their competition attire. This base layer policy for adjusting competition attire in variable outdoor temperatures is meant to provide guidance in furtherance of a respectful environment for all participants and spectators.

When adjusting layers for variable weather conditions, whether in an outdoor environment or other public area, athletes are expected to maintain a minimum “base layer” attire. Athletes may change according to their personal comfort level in an open and observable area, but shouldn’t change beyond a bare chest (male) or sports bra - no underwear should be seen or exposed. Beyond, that, athletes are requested to cover while changing, or to change in a bathroom or private area. At no time should the lower torso for any gender (or gender identity) be exposed below a base layer.

Likewise, if a locker room or co-ed changing area is used, competitors may not undress past their base layer and must follow MAAPP. No competitor of one gender should see another competitor of the opposite gender in a state of dress/undress (and no competitor of one gender should see another competitor of the same gender if this would create an uncomfortable environment for either competitor). It is advisable to have more than one monitor inside a changing area. Two (2) monitors can ensure that monitoring occurs from inside the changing area and can create accountability for any rendition of the events in the changing area.