

## **U.S. Ski & Snowboard Athlete Transition Resources**

<https://usskiandsnowboard.org/sport-development/athlete-career-educationmackenzie@usskiandsnowboard.org>

### **The Sideline Perspective - Where injured and retired athletes come together to share experiences, find community, and move forward with purpose.**

The Sideline Perspective is an online story sharing platform where injured and retiring athletes can voice their experiences stepping away from competitive sports. It is built around fostering community in athlete transition, helping individuals to answer the questions “who am I” and “what next” *together*. You can choose to just read the stories or boldly write and share your own - either way it is a valuable opportunity to recognize you’re not alone in this new chapter.

Check in with Mackenzie (ACE Services Coordinator) for more info:

[mackenzie@usskiandsnowboard.org](mailto:mackenzie@usskiandsnowboard.org)

- Website: [thesidelineperspective.com](http://thesidelineperspective.com)
- Instagram: [@thesidelineperspective](https://www.instagram.com/thesidelineperspective)
- Podcast: [The Sideline Perspective Podcast](#)
- Email: [info@thesidelineperspective.com](mailto:info@thesidelineperspective.com)

**U.S. Ski & Snowboard Tuition Reimbursement** - up to \$6K annually toward tuition reimbursement for college courses taken by alumni. If an athlete took courses while active on the team, they are eligible for tuition reimbursement for up to 2 years. Reimbursement occurs twice annually.

### **U.S. Ski & Snowboard Transition Workshop – 2020 dates/delivery method TBD - virtual or in Park City, COE**

A half day workshop to support retired athletes across transition areas: identity awareness, educational goals, career development, skill identification, networking, and key resources and services.

### **USOPC ACE – Education and Career Development**

- Career / employment search
- Resume preparation
- Interview skills

### **USOPC Pivot Workshops – 2020 dates/delivery method TBD - in Colorado Springs**

The purpose of the ACE Pivot Program is to assist retiring athletes in their health and well-being as whole people beyond athletics by providing tools, techniques and a support system to discover and cultivate their next passions and goals as they transition out of elite competition.

Athletes will realize they are not alone, have the opportunity to share and relate their experiences with others going through the same transition, and receive support for future success. <https://www.teamusa.org/athlete-resources/athlete-career-and-education-program/life-skills/pivot-program>

### **USOC ACE Career Services**

- 1:1 Career Coaching
- Employer Network
- Hire an Athlete

### **Dartmouth College TUCK Next Step – dates TBD (likely Spring 2021) - in Hanover, NH**

Next Step is a program that brings elite athletes and veterans together to leverage their leadership, discipline, problem-solving, team-building, and operational abilities. TUCK's program enables athletes to build on and translate their real-world experiences in ways that will accelerate a successful transition into a rewarding and meaningful career in business.

<https://nextstep.tuck.dartmouth.edu/>

### **U.S. Ski & Snowboard Foundation**

The Foundation provides fundraising, development, communication, education and marketing support as requested by U.S. Ski & Snowboard. The Foundation provides a network of support for the educational needs and career aspirations of our elite and alumni athletes through connections to trustees and donors as well as engagement in various events and fundraising activities throughout the year.

### **U.S. Ski & Snowboard Communications**

The communications team is an in-house resource for athletes to help manage injury and retirement messaging and stories. Each team (alpine, cross country, freeski / snowboard and freestyle) has a dedicated Communications Manager who can help athletes plan how to announce injuries and / or retirement news through U.S. Ski & Snowboard and each athlete's own communications channels. Your points of contact are:

Alpine:	Megan Harrod, <a href="mailto:megan.harrod@usskiandsnowboard.org">megan.harrod@usskiandsnowboard.org</a>
Cross Country:	Tom Horrocks, <a href="mailto:tom.horrocks@usskiandsnowboard.org">tom.horrocks@usskiandsnowboard.org</a>
Freeski / Snowboard:	Andrew Gauthier, <a href="mailto:andrew.gauthier@usskiandsnowboard.org">andrew.gauthier@usskiandsnowboard.org</a>
Freestyle:	Lara Carlton, <a href="mailto:lara.carlton@usskiandsnowboard.org">lara.carlton@usskiandsnowboard.org</a>

### **Speaker's Bureau – 2020 dates/delivery method TBD**

Danny Slomoff and his team donate their expertise annually to the U.S. Ski & Snowboard Speaker's Bureau, a year-long, intensive, dedicated training program for up to 10 athletes who want to learn to be effective presenters and keynote speakers.