

2021 MASTERS

COMPETITION GUIDE





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2021 ALPINE MASTERS COMPETITION GUIDE

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Alexandra Mitchell (E – W02)

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KEY CONTACT DIRECTORY

Unless otherwise noted, email addresses are a combination of first name dot last name followed by @usskiandsnowboard.org - e.g. first.last@usskiandsnowboard.org.

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|------------------------------------|-----------------------|-------------|
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| 24-hour Travel Service | 800.TEAM.SKI | ussa@worldtek.com |
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20  21

U.S. SKI & SNOWBOARD

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- The knowledge that you are supporting the Olympic dreams of our U.S. athletes

Your support can be the difference for an athlete to climb to the top of the podium. Our athletes are funded by private donations to the U.S. Ski & Snowboard Foundation from individuals like you. Each year the Gold Pass program helps to finance year-round athlete training, competition, development and educational needs and are essential to the success of the Teams in the years between Olympic Games. We hope you will consider joining the team behind the Team today!

For more information and to make your pledge, go to usagoldpass.org or please contact: Steven Perelman - Director of Development, Major Gifts
steven.perelman@usskiandsnowboard.org

916.955.4391



Chapter 1
U.S. Ski & Snowboard
and the Masters Program



An Introduction to the Masters

Masters racers embrace alpine racing as a life-long sport. They seek to challenge themselves and improve whether they are returning to a sport from their youth, looking to expand their recreational skiing abilities or eager to learn and take on a new athletic activity. Many racers find that ski racing invigorates their desire to stay active in the off season and spend more time outdoors. Masters racing is designed for every level of skier ability, from entry level racers through ex-national team members. Masters racing provides the next step for up and coming accomplished skiers who are late bloomers, NASTAR and college racers, ski instructors, former professional racers and even ex-national team members.

Masters, from ages 18 to over 90, compete in the same events and on similar courses as used for World Cup and Olympic alpine skiing events. Slalom, giant slalom, super G and downhill are all included in this season's schedule. Masters series are conducted within each of the eight geographic divisions including Alaska, Central, Eastern, Far West, Intermountain, Northern, Pacific Northwest and Rocky Mountain. Racers are welcome to travel and attend races in any division. Each division has a specific contact person who can provide details on divisional competition programs; see contacts listed later in this chapter.

In addition to divisional competition, there are opportunities to compete on a regional, national, and international level. The U. S. Ski & Snowboard Alpine Masters program is just one of the participants in the International Ski Federation's (FIS) Masters Cup that spans the U.S., Canada, South America, Europe, Japan and Australia. The highlights of the season are:

- Phillips 66 Eastern Region Championships
- Phillips 66 FIS Masters Cup & Western Region Championships
- Phillips 66 National Championships
- Phillips 66 National Championship Downhill

Masters racing offers more than high-quality ski competition. It offers an opportunity to meet, ski and compete with a group of extraordinary individuals from all walks of life. Many members of the ski industry compete including ski area executives, ski equipment and clothing entrepreneurs, former national team members, and honored members of the U.S. Ski Hall of Fame. Masters racing is highly social, and the masters are a friendly group. Of the reasons current masters list for participation, camaraderie is always among the first. Second, of course, is a love of competition. At many events, masters racing is a family affair, where two or three generations compete. Life-long relationships are quickly formed with new friends of all ages and abilities across the country.

Masters race programs are organized by a network of committed volunteers led by the Masters National Working Group and the Alpine Masters Manager.

This competition guide provides rules and general information about Masters ski racing in the U.S. as well as information for competition in Masters events abroad. In addition, all competitors, coaches, officials, and supporters of Masters ski racing are advised to check with their division's contact or the Alpine Masters Manager for more information.

What You Need to Compete

On a local level, Masters races are open to athletes 18 years of age or older with an applicable U.S. Ski & Snowboard membership. Applicable memberships include Alpine Masters, Short Term Alpine Masters and for students 18 to 24 the Non-scored Athlete membership. U.S. Ski & Snowboard members who also hold a competitor, coaches or officials membership may compete in any masters races by simply adding a masters membership to their profile. There is no additional fee if the Masters membership is less than the racer's other membership(s). Some divisions have separate membership requirements and fees as well. For participants that take advantage of the Short-Term (daily) membership, the athlete may call member services prior to their 2nd event and pay the difference to upgrade to a full Masters membership.

Ski equipment and a helmet that meets the specifications for masters competition are required for all events.

The many benefits of an alpine masters membership include: competition in masters races, an annual Alpine Masters Competition Guide with rules, schedules and entry information, and divisional and national newsletters. For more information contact Lauren Beckos lauren.beckos@usskiandsnowboard.org or your division chair.

U.S. Ski & Snowboard and the Masters Program

U.S. Ski & Snowboard is the Olympic national governing body for ski and snowboard sports in the USA, providing leadership and direction for tens of thousands of young skiers and snowboarders, encouraging and supporting them in achieving excellence. By empowering national teams, clubs, coaches, parents, officials, volunteers and fans, U.S. Ski & Snowboard is committed to the progression of its sports, athlete success and the value of team.

Thank you for your participation in U.S. Ski & Snowboard programs. These programs provide opportunities for athletes to develop skiing or snowboarding skills in a competitive and educational environment, from grassroots club programs up through national teams and the Olympics. This competition guide is a roadmap for various programs, rules and rankings.

U.S. Ski & Snowboard supports athletic programs in skiing, snowboarding, cross country, ski jumping, nordic combined, freestyle and freeskiing. U.S. Ski & Snowboard clubs include approximately 370 professional coaching outlets for athletes and logistical support for competitions. These clubs, with both professional staff and volunteers and comprised of nearly 36,000 U.S. Ski & Snowboard members, are the foundation of the U.S. Ski & Snowboard, supporting individual athletes and managing most of the organization's domestic competitions. During the 2019-20 season, our resort partners, clubs, officials and volunteers hosted more than 2,650 domestic competitions with more than 147,000 athlete starts being recorded until the competition season ended abruptly due to the COVID-19 pandemic.

Services provided by U.S. Ski & Snowboard are based around the three "R's": rules, races and rankings. Rules are established to ensure a consistent and fair playing field for all athletes. Races, or competitions, are the backbone of the U.S. Ski & Snowboard's programs, providing competitive opportunities for athletes. Rankings are a means of evaluating performance in competitions to determine advancement along the athlete development pipeline, or to assist in determining start positions in specific competitions.

U.S. Ski & Snowboard provides educational resources to key constituent groups through the Center of Excellence, the organization's national training and education facility. Education is provided to athletes, parents, officials, coaches and clubs in areas such as sport technique, fitness and exercise, sport science and sports medicine. U.S. Ski & Snowboard also partners with both the USOPC and U.S. Center for SafeSport on education related to athlete safety.

U.S. Ski & Snowboard regions and divisions are volunteer-run programs which implement programs within small, multi-state geographic areas, including scheduling of divisional competitions, selection of divisional teams and training of competition officials.

Alpine Ski Racing Events

In the early days of alpine ski racing, athletes competed in only two events: downhill and slalom. Giant slalom was added in 1950 and super G in 1983. Downhill and super G are generally grouped together as "speed" events, with slalom and giant slalom grouped as "technical" events. Masters racers have opportunities to race in both technical and speed events throughout the season. All race courses must meet strict standards established and monitored by officials of the FIS and U.S. Ski & Snowboard.

Following is a brief outline of the alpine ski racing events. For complete and specific rules, see the rules chapter of this guide and/or the various FIS rule books.

Slalom (SL) - Slalom is a timed event requiring the execution of many short, quick turns through two different courses. Slalom is staged in two runs with times added together to determine the final finish order. The competitors are required to pass around all the gates (poles), which alternate red/blue in color. The course is made up of various gate combinations designed to test a skier's skill and strategy.

Giant Slalom (GS) - Giant Slalom is characterized as the event that is the easiest to finish but requires the most technical skill to do well. Skiers race down the mountain through a faster and more open course than in SL. The vertical drop of the course determines the number of gates in a GS course. Giant slalom is staged in two runs with the times added together to determine the final finish order.

Downhill (DH) - Perhaps the most exciting event in alpine ski racing is the DH. Racers attempt to record the fastest time during a single run on a course with a minimum number of control gates. Speeds in masters DH sometimes exceed 70 mph. Two practice runs on the course are required prior to the race. DH is the only event that requires practice runs prior to participation in the competition.

Super G (SG) - Super G is the newest of the alpine events combining the elements of speed as in DH while integrating high-speed technical turns as in GS. Super G is contested in a single run format; courses are set utilizing terrain variations with the number of gates being a function of a specific percentage of the vertical drop.

Alpine Combined (AC) - The Alpine Combined is a one-day event which adds the times from one SL run and one speed run (usually SG) to determine the results.

Parallel (P) - In a parallel competition athlete races side by side in an elimination format.

Where to Find More Information

As you continue competitive skiing or snowboarding, you might have questions along the way. The following are helpful resources to guide you on your path to success.

Website - usskiandsnowboard.org is the best source of member information. There you will find contact information, criteria and advancement protocol on your sport as well as the latest in national news from your sport. You can also search the Knowledge Base at my.ussa.org/membership/start for answers to many of our member's most common questions.

Competition Guide - This handbook is a guide for athletes, parents, coaches and officials that provides a roadmap to U.S. Ski & Snowboard programs. Here you can find information on rules and rankings for your sport.

Local Club - Clubs are the heart of the sport. These organizations have the background and knowledge to help answer most of your questions. Check your local club for information on schedules and qualifying procedures within your division.

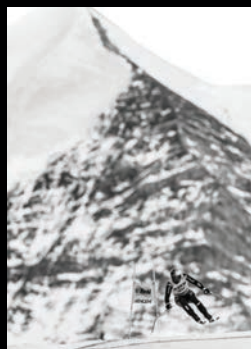
Regional/Divisional Contact - Each region and division for your sport has a contact person who can help you answer questions. Contact information appears in the front of this competition guide and at usskiandsnowboard.org.

National Office - Every sport has full-time staff in U.S. Ski & Snowboard's national office in Park City, Utah. Contact the office at 435.647.2666 with national membership or ranking questions. For a quicker response, please send an email to the contact links found at usskiandsnowboard.org.



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ALPINE MEMBERSHIPS

U.S. Ski & Snowboard offers a variety of membership opportunities depending on your area of interest. You can join online at usskiandsnowboard.org. You will be issued a U.S. Ski & Snowboard membership number immediately. FIS membership may take up to one week. Keep in mind that most adult memberships are placed on pending status until all requirements have been completed.

Most adult members are required to undergo periodic Background Screening, Introduction to Avalanches, and annual SafeSport training to activate membership. Screening and SafeSport training are not required for short term members and alpine masters who are not in regular contact with athletes.

Masters - For ages 18 and over prior to Dec. 31. The Masters membership gives alpine athletes 18 and older access to alpine masters events, including Masters Regional and National Championships. This membership is for adult athletes who are interested in competing with other adults.

Masters with Requirements - For ages 18 and over prior to Dec. 31. The Masters membership gives alpine athletes 18 and older access to alpine masters events, including Masters Regional and National Championships. This membership is another option for adult athletes; it is for those masters who are in regular contact with younger athletes in their local club or training environment, and therefore includes background screening and SafeSport training.

FIS Alpine Masters License - Athletes 30 years old and older may purchase a FIS alpine masters license and compete in FIS sanctioned masters competitions. Those competitions are scored to the international points and ranking list. Athletes must hold either the Masters or Masters with Requirements membership. FIS license must be obtained prior to competition; day-of sign-ups are not possible.

General Member - The low-cost General membership is designed for athletes 17 and under by Dec. 31, who are training with a club program but not participating in sanctioned events.

Non-Scored Athlete - The membership is designed for students 14-24, prior to Dec. 31 and is primarily for interscholastic and intercollegiate racing only. The Non-Scored Athlete membership provides access to all levels of U.S. Ski & Snowboard scored and non-scored competitions at the local, divisional, regional and national level. However, as the name implies it does not include access to the U.S. Ski & Snowboard points list. Non-Scored Athletes who are 18-24 can participate in masters competitions, except for Regional and National Championships, where they need a full masters membership.

Competitor - For all ages, the Competitor membership provides access to all levels of scored and non-scored competitions at the local, divisional, regional and national level. Competitor memberships include scoring on national ranking lists for athletes 14 and older as permitted in their division, as well as FIS ranking lists where appropriate (with additional FIS license). This membership is required for FIS registration and FIS level competitions. Alpine Competitors 18 and older may add an Alpine Masters membership to their profile and compete in masters competitions

Official - For ages 18 and older prior to Dec. 31. U.S. Ski & Snowboard events are managed by officials. Each official is periodically background screened and SafeSport Trained to help provide a SafeSport environment in clubs. Officials can achieve certification through educational programs.

Coach - For ages 18 and older prior to Dec. 31. Coaches are the backbone of the development pipeline, providing leadership to athletes through club programs. Every coach member undergoes periodic background screening and annual SafeSport training to help provide a SafeSport environment in clubs. In addition, coaches are required to take an online education program on important coaching guidelines. U.S. Ski & Snowboard also provides coaches

with an in-depth sport education program, helping them achieve various certification levels in their sport. Note: Required for access to coaching credentials at all sanctioned competitions. Issuance of credentials to appropriate working coaches is the responsibility of the event.

Junior Coach - For ages 15-17 older prior to Dec. 31. Coaches are the backbone of the development pipeline, providing leadership to athletes through club programs. Junior Coaches are required to complete annual SafeSport training, and Introduction to Avalanches, to help provide a SafeSport environment in clubs. In addition, coaches are required to take a short online education program on important coaching guidelines. U.S. Ski & Snowboard also provides coaches with an in-depth sport education program, helping them achieve various certification levels in their sport. Note: Required for access to coaching credentials at all sanctioned competitions. Issuance of credentials to appropriate working coaches is the responsibility of the event.

Club Volunteer - For ages 18 and older prior to Dec. 31. The Club Volunteer membership is designed for parents and club volunteers who undertake a leadership role in clubs, divisions, regions, competitions and club training sessions. Each club volunteer undergoes periodic background screening and annual SafeSport training to help provide a SafeSport environment in clubs. This membership is a good stepping-stone to becoming a coach or official and is fully upgradable during the season. Applicable for those in a position of authority over minors. Not eligible for official's certifications.

CODE OF CONDUCT

Membership in U.S. Ski & Snowboard is a privilege, not a right. All U.S. Ski & Snowboard members when participating in any U.S. Ski & Snowboard activity must agree to conduct themselves according to U.S. Ski & Snowboard's core values of Integrity, Passion, Fun, Team, Community, Excellence, Grit, and Safety, and abide by the spirit and dictates of this Code of Conduct. All members must agree to comport themselves in a sportsmanlike manner and are responsible for their actions while attending or participating in all U.S. Ski & Snowboard activities (including but not limited to camps, competitions, and projects).

Sportsmanlike conduct is defined as but is not limited to: respect for competition officials, resort employees, fellow members, and the skiing and snowboarding public, respect for facilities, privileges, and operating procedures, the use of courtesy and good manners, acting responsibly and maturely, refraining from the use of profane or abusive language, and abstinence from illegal or immoderate use of alcohol and use of illegal or banned drugs.

While participating in any U.S. Ski & Snowboard activity:

1. U.S. Ski & Snowboard members shall be subject to the jurisdiction of the International Ski Federation (FIS) Statutes, the United States Olympic & Paralympic Committee (USOPC) Bylaws, the U.S. Ski & Snowboard Bylaws, and this U.S. Ski & Snowboard Code of Conduct.
2. U.S. Ski & Snowboard members shall conduct themselves at all times and in all places as befit worthy representatives of the United States of America, the United States Olympic Committee, U.S. Ski & Snowboard, their region, division, state or club and in accordance with the best traditions of national and international competition.
3. U.S. Ski & Snowboard members are responsible for knowledge of and adherence to competition rules and procedures. Members are also responsible for knowledge of and adherence to the rules and procedures of the U.S. Ski & Snowboard national teams, camps or other projects when participating in such.
4. U.S. Ski & Snowboard members shall maintain high standards of moral and ethical conduct, which includes self-control and responsible behavior, consideration for the physical and emotional well being of others, and courtesy and good manners.

5. U.S. Ski & Snowboard members shall abide by U.S. Ski & Snowboard rules and procedures while traveling to and from and participating in official U.S. Ski & Snowboard activities.
6. U.S. Ski & Snowboard members shall abstain from illegal and/or immoderate consumption of alcohol. Absolutely no consumption of alcohol is permitted for those individuals under the age of 21. Members under 21 years of age shall not participate in gatherings involving consumption of alcohol unless it is an official U.S. Ski & Snowboard or event organizer function. Members under the age of 18 shall not use any form of nicotine.
7. No U.S. Ski & Snowboard member shall violate the customs, travel or currency regulations of a country while traveling with a U.S. Ski & Snowboard group or on a U.S. Ski & Snowboard ticket.
8. No U.S. Ski & Snowboard member shall commit a criminal act.
9. No U.S. Ski & Snowboard member shall engage in any conduct that could be perceived as harassment based upon gender, age, race, religion, disability, or sexual orientation.
10. U.S. Ski & Snowboard members will avoid profane or abusive language and disruptive behavior.
11. U.S. Ski & Snowboard members understand and agree that they may be drug tested at any time, that they are subject to and will abide by the USADA Protocol for Olympic and Paralympic Movement Testing, its Annexes, and the USOPC National Anti-Doping Policies, and that any dispute related to the foregoing will be resolved exclusively in arbitration pursuant to the USADA Protocol. Before taking any medications, members must check the prohibited status at GlobalDRO.com. Also, they must be sure to download the Supplement 411 app, or visit Supplement411.org to learn how to recognize and reduce the risks related to supplement use. Any anti-doping questions can be directed to Athlete Express at 866.601.2632.
12. U.S. Ski & Snowboard members agree to abide by the policies and procedures established by the U.S. Center for SafeSport.

Failure to comply with any of the above provisions may lead to disciplinary action by the appropriate team or competition leader. Disciplinary action may include:

- Removal from the team trip or training camp
- Suspension from training and/or competition
- Elimination of coaching, travel, and other benefits
- Forfeiture of U.S. Ski & Snowboard membership

U.S. Ski & Snowboard is committed to principles of fairness, due process and equal opportunity. Members are entitled to be treated fairly and in compliance with U.S. Ski & Snowboard's Bylaws, policies, and procedures. Members are entitled to notice and an opportunity for a hearing before being prevented from participating in protected competition as that term is defined by the USOPC Bylaws. Information on the processes for grievances, suspensions, and appeals is available at usskiandsnowboard.org.

Nothing in this Code of Conduct shall be deemed to restrict the individual freedom of a U.S. Ski & Snowboard member in matters not involving activities in which one could not be perceived as representing U.S. Ski & Snowboard. In choices of appearance, lifestyle, behavior, and speech while not representing U.S. Ski & Snowboard, competitors shall have complete freedom, provided their statements and actions do not adversely affect the name and reputation of the U.S. Ski & Snowboard. However, in those events where one is representing or could be perceived as representing U.S. Ski & Snowboard, U.S. Ski & Snowboard demands that its members understand and agree to behave in a manner consistent with the best traditions of sportsmanship and U.S. Ski & Snowboard's core values.

Revised Oct. 1, 2019

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ATHLETE SAFETY

U.S. Ski & Snowboard is committed to athlete health, welfare, and safety, and adheres to the requirements of the U.S. Olympic & Paralympic Committee (USOPC) and the U.S. Center for SafeSport in their efforts to promote a safe and secure environment for athletes.

SafeSport & Athlete Safety requirements, including the Minor Athlete Abuse Prevention Policy (MAAPP), apply from the grassroots level with U.S. Ski & Snowboard member clubs, and extend to all areas of the organization, including the Center of Excellence.

All employees of U.S. Ski & Snowboard, interns, volunteers, and contractors who have access to the Center of Excellence, or who have regular contact or are in a position of authority over athletes, and those who have access to confidential U.S. Ski & Snowboard information related to the organization or athletes, must complete SafeSport training and background screening before their first day of employment, interning, volunteering, or beginning contract work.

U.S. Ski & Snowboard member clubs are also required to implement SafeSport training and background screening as well as the MAAPP for all those who work at or with U.S. Ski & Snowboard, and at all U.S. Ski & Snowboard- or FIS- sanctioned events in the United States. These mandatory requirements include:

- Criminal background screening once every two seasons for all employees, coaches, officials, board members, interns, contractors, and volunteers who are in regular contact with athletes, or in positions of authority over athletes
- Core Center for SafeSport Training
- Following the completion of the Core Center for SafeSport training, a refresher course is required every season
- The adoption of U.S. Ski & Snowboard's MAAPP, to limit, as much as possible, one-on-one interactions with athletes at all times
- Implementation and enforcement of policies, and preparation for and quick response to random audits for compliance by the U.S. Center for SafeSport
- Completion of the introduction to avalanche course on U.S. Ski & Snowboard's membership platform
- Fast Start Coaching Course: Now required for Level 100 certification

These policies apply to all levels of U.S. Ski & Snowboard's member programs. More details regarding SafeSport and Athlete Safety are available on the U.S. Ski & Snowboard website at usskiandsnowboard.org/safesport-athlete-safety.

INSURANCE COVERAGE

U.S. Ski & Snowboard requires Members to have valid and sufficient primary medical / accident insurance coverage and to accept full responsibility for understanding the provisions of such coverage as a condition of becoming a member and participating in official U.S. Ski & Snowboard training and competition. Such primary coverage must be in effect for the entire term of the membership year in order for the member to have coverage under U.S. Ski & Snowboard's excess accident medical policy. Members must carry proof of primary insurance and such proof must be available at each event so that prompt medical/hospital care can be authorized, if needed. U.S. Ski & Snowboard provides properly registered members with excess accident medical coverage, as follows:

Excess Accident Medical Insurance for Members

Current U.S. Ski & Snowboard Members of a U.S. Ski & Snowboard Member Club have excess accident medical coverage during sanctioned or registered events including official training (as defined by the policy) at such events. Please see buckner.com/us-ski-and-snowboard for a detailed description of coverage.

Excess Accident Medical Insurance for Members of a CLIP Member Club

Current U.S. Ski & Snowboard Members of a U.S. Ski & Snowboard CLIP Member Club have excess accident medical coverage during skiing and snowboarding competition, while training to compete and conditioning to compete in ski and snowboard competition that is supervised by a U.S. Ski & Snowboard representative and/or representative of a CLIP Member Club, and during club activities that are supervised by a representative of a CLIP Member Club. Please see buckner.com/us-ski-and-snowboard for a detailed description of coverage including a list of activities that are excluded from the policy.

Liability Insurance Coverage

U.S. Ski & Snowboard will provide liability coverage for:

- **Event Organizers** with respect to their ordinary negligence if such is alleged to have arisen in connection with competition in or conduct of sanctioned events (meaning a Schedule Agreement has been executed) and/or activities conducted or approved by U.S. Ski & Snowboard (including official training at such event as defined by the policy). Please see buckner.com/us-ski-and-snowboard for a detailed description of coverage.
- **CLIP Member Clubs** and the members and supervisory staff of such clubs and member coaches and officials while acting in their capacity as such on behalf of CLIP Member Clubs. Such coverage applies during (1) ski and snowboard competition; (2) while training to compete and conditioning to compete in ski and snowboard competition that is supervised by a U.S. Ski & Snowboard representative and/ or representative of a CLIP Member Club; and (3) during club activities that are supervised by a representative of a CLIP Member Club. Please see buckner.com/us-ski-and-snowboard for a detailed description of coverage, as certain club activities are not automatically covered.

Note: This summary provides a general overview of insurance coverage that applies for U.S. Ski & Snowboard members. It is not a complete explanation of all policy provisions or specifics of the policy benefits. No coverage is extended, and no representations are made, other than what is stated in the actual insurance policies.

MASTERS CONTACTS

The divisional chairperson or volunteer administrator is a masters competitor's closest source of information. Each division organizes a schedule of masters competitions and can provide information and assistance.

National Office

usskiandsnowboard.org

info@usskiandsnowboard.org | tel. 435.649.9090 | fax 435.649.3613

Box 100 | 1 Victory Ln | Park City UT 84060

Alpine Masters Manager

usskiandsnowboard.org/masters

Lauren Beckos | lauren.beckos@usskiandsnowboard.org | tel. 435.647.2067 | fax 435.649.3613

Member Services

membership@usskiandsnowboard.org | Member Service Hotline 435.647.2666

FIS Representative

Bob Davis | bdavis9112@yahoo.com | tel. 858.342.6125

Alpine Masters National Working Group

The Alpine Masters National Working Group is under the Regional Subcommittee of the Alpine Sport Committee.

The Masters Working Group governs and promotes alpine masters ski racing. Other responsibilities include

- organizing the annual National Masters Championship
- coordinating regional masters activities, including regional championships, and
- advising and assisting regions and divisions with their masters programs.

The working group members are the masters chairs from each division, the FIS masters liaison and the immediate past chair of the working group. They elect a person to be their Chair for a term of two years. Such election to be held at the annual meeting at the National Masters Championships. The FIS masters liaison is appointed by the Chair.

Chair: Dave Brennan | Park City UT (IM)

FIS Liaison: Bob Davis | Encinitas CA (FW)

Past Chair: Lisa Densmore Ballard | Red Lodge MT (NO)

Jack Ballard | Red Lodge MT (NO)

Ryan Fuller | Minnetonka MN (CN)

Matt Mitsis | South Boston MA (EA)

Carl Swanson | Anchorage AK (AL)

Rob Cravens | Bend OR (PN)

Stew Marsh | Salt Lake City UT (IM)

Graham Smith | Monument CO (RM)

Ray Tulloch | Incline Village NV (FW)

Divisional Contacts

National Chair

Dave Brennan | dave.brennan@racetech-usa.org | tel. 949.275.2535 | Park City UT

Alaska | alyeskaskiclub.com/programs/masters

Carl Swanson | cswanak@outlook.com | tel. 907.344.8570 | Anchorage AK

Central | midwestmasters.org

Ryan Fuller | ryanf1541@gmail.com | tel. 612.501.3268 | Minnetonka MN

Eastern Masters Chair

Matt Mitsis | matthew.mitsis@gmail.com | tel. 978.771.9492 | Boston MA

Eastern - New England | nemasters.net

Nadine Price | nprice@ntp-associates.com | tel. 978.342.8141 | Fitchburg MA 01420

Eastern - New York | nymasters.org

James Thoman | jcthoman@gmail.com | tel. 716.848.1361 | Elma NY

Eastern - Mid Atlantic | mamasters.org

Carol Tomassetti | carolcartom@gmail.com | tel. 845.594.9045 | Kingston NY

Eastern - Southern | saraski.org

Horst Locher | skischool@bryceresort.com | tel. 540.856.2860 | Basye VA

Far West | farwestmasters.org

Ray Tulloch | president@farwestmasters.org | tel. 207.409.4872 | Incline Village NV

Intermountain | intermountainmasters.org

Stew Marsh | somarsh@msn.com | tel. 385.315.4817 | Salt Lake City UT

Northern | bit.ly/northernmasters


Jack Ballard | jackballard62@msn.com | tel. 406.690.0190 | Red Lodge MT

Pacific Northwest | pnsamasters.com

Rob Cravens | robcravens99@gmail.com | tel. 541.419.3893 | Bend OR

Rocky Mountain | rmmskiracing.org

Graham Smith | skiracer721@gmail.com | tel. 719.510.0747 | Monument CO



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Chapter 2
Alpine Masters
Champions



The 2020 Phillips 66 Masters National Championships were scheduled to be held at Ski Cooper, CO (DH) and Steamboat Resort, CO (SG, GS, SL). Due to the restrictions on large events and closure of the ski resorts due to COVID-19, all events were canceled. As a result, there were no individual event medalists, combined award winners, Division's Cup winner, competitors named to the 2020 Spyder U.S. Alpine Masters Team or Al Sise Outstanding Masters Award winners to announce from the National Championship Events.

This year Regional and National Speed Series Champions have been included in this chapter.

See Chapter 4 for specific event criteria and eligibility requirements for awards.

2020 Phillips 66 Alpine Masters Regional Champions

Eastern – Stratton VT | Jan. 22-25 2020

| Class | Men | Women |
|-------|-------------------------|-------------------------|
| 1 | Brandon Wilson (EA) | Taylor Knortz (EA) |
| 2 | Daniel Scuderi (EA) | Alexandra Mitchell (EA) |
| 3 | Justin Lorino (EA) | Adeline Martini (EA) |
| 4 | Stephen Koobonneau (EA) | Martine Allaire (CAN) |
| 5 | Andrew MacPherson (EA) | Susan Bradshaw (EA) |
| 6 | Andrew Sorokin (EA) | Margaret Faber (EA) |
| 7 | Stephane Ricard (CAN) | Noreen Knortz (EA) |
| 8 | Mark Sertl (EA) | Nadine Price (EA) |
| 9 | Mark George (EA) | |
| 10 | Pepi Neubauer (EA) | Cynthia Berlack (EA) |
| 11 | Paul Marysko (EA) | |
| 12 | Philipp Brodt (EA) | |
| 13 | George MacNeil (EA) | |
| 14 | Paul Rich (EA) | |

Western – Northstar CA | Feb. 7-9 2020

| Class | Men | Women |
|-------|-------------------------|----------------------|
| 1 | Wolfgang Virostek (FW) | |
| 2 | | Lauren Beckos (RM) |
| 3 | Phillips Armstrong (RM) | Cherie Williams (FW) |
| 4 | Mike Shklovski (FW) | Leeann Lupo (FW) |
| 5 | Jesse Foster (IM) | Malissa Austin (IM) |
| 6 | Ara Papazian (FW) | Ingrid Braun (FW) |
| 7 | Tim Hill (PN) | Lisa Ballard (NO) |
| 8 | Richard Slabinski (IM) | Amy Lancel (IM) |
| 9 | Pierre Jeangirard (FW) | Deb Lewis (FW) |
| 10 | Pepi Neubauer (EA) | Joan Blumenfeld (FW) |
| 11 | Knut Olberg (IM) | |
| 14 | Gaetano Demattei (FW) | |



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2020 Phillips 66 Alpine Masters National Speed Series Champions

Overall Group Winners

| Class | Group A/B (M01-M08) | Group C (all Women) | Group D (M09-M14) |
|-------|--|---|-----------------------------|
| 1 | Stephen Barton (M01, RM) | Lauren Beckos (W02, RM) | Pierre Jeangirard (M09, FW) |
| 2 | Ryan Richie (M05, FW) | Alex Mitchell (W02, EA) | Ken Williams (M09, N) |
| 3 | Ara Papazian (M06, FW) | Jacqueline Levy (W01, EA) | Knut Olberg (M11, IM) |
| 4 | (t)John Beckos (M04, RM) (t)Chris Maxwell (M07, IM) | Amy Lanzel (W08, IM) | Dave Brennan (M10, IM) |
| 5 | | (t)Ingrid Braun (W06, FW) (t)Julie Rosenberg (W07, IM) | Mark George (M09, EA) |

Age Class Winners

With 1/3 of the planned NSS races cancelled, many classes would not have met the three-race minimum starts eligibility rule for series awards. Given these unprecedented circumstances, the Division Chairs voted unanimously to adjust the eligibility rule for 2020 as follows: racers who met the three-race eligibility rule were scored first for both class and overall finish places. Racers with two starts were then added to complete the series awards finish order for both class and overall positions.

Women

| Class | Gold | Silver | Bronze |
|-------|--|---|---|
| 1 | Taylor Knortz (EA) | | |
| 2 | Lauren Beckos (RM) | Alex Mitchell (EA) | Jacqueline Levy (EA) |
| 3 | Cherie Williams (FW) | Jeanine Miakotina (CN) | |
| 4 | (t)Dana Alexandrescu (IM) (t)Martine Allaire (CAN) (t)Andrea Cervena (CN) (t)Leann Lupo | | |
| 5 | Malissa Austin (IM) | | |
| 6 | Ingrid Braun (FW) | Kristin Grebe (CN) | |
| 7 | Annette Mirviss (FW) | Julie Rosenberg (IM) | (t)Lisa Ballard (N) (t)Noel Lyons (EA) (t)Anne Paschen (CN) |
| 8 | Amy Lanzel (IM) | Carol Tomassetti (EA) | Kathy Hart (EA) |
| 9 | Linda Crowell (FW) | (t)Nancy Jordan (IM) (t)Deb Lewis (FW) | |
| 10 | Cynthia Berlack (EA) | Barbara Settler (EA) | Anne Pelletier (EA) |
| 11 | (t)Nancy Auseklis (IM) (t)Lilla Gidlow (CN) | | |
| 12 | (t)Anna Droege (IM) (t)Carolyn Phillips (PN) | | |

Men

| Class | Gold | Silver | Bronze |
|-------|--|--|---|
| 1 | Stephen Barton (RM) | Wolfgang Virostek (FW) | Brandon Wilson (EA) |
| 2 | Daniel Scuderi (EA) | (t)Matthew Dodge (EA) (t)Jonathan Wolf (RM) | |
| 3 | Phillips Armstrong (RM) | James Maloney (EA) | (t)Mark Marshall (FW) (t)Blair McLaughlin (CN) |
| 4 | John Beckos (RM) | (t)Peter Smith (FW) (t)Andy Zorychta (CN) | |
| 5 | Ryan Ritchie (FW) | Jesse Foster (IM) | (t)Patrick Brown (PN) (t)Ryan Fuller (CN) (t)Bryan Ries (IM) Duncan Burns (IM) |
| 6 | Bill Tomcich (RM) | Ara Papazian (FW) | |
| 7 | Michael Braun (FW) | (t)Chris Maxwell (IM) (t)Ken Park (PN) | |
| 8 | Mark Brower (IM) | Douglas Fulton (FW) | Don Johnson (RM) |
| 9 | Pierre Jeangirard (FW) | Ken Williams (N) | Michael Adams (IM) |
| 10 | Dave Brennan (IM) | Thomas Kronthaler (IM) | (t)Eric Cutting (EA) (t)Pepi Neubauer (EA) |
| 11 | Knut Olberg (IM) | Don Smith (FW) | (t)Tom Lahaise (EA) (t)Paul Marysko (EA) |
| 12 | (t)Philipp Brodt (EA) (t)Charles Hauser (RM) (t)Don Merritt (FW) | | |
| 13 | (t)George MacNeil (EA) (t)Hans Schlimbach (CN) | | |
| 14 | Gaetano Demattei (FW) | | |

Thank you to our generous sponsor that supports all Masters Regional and Nationals Championship events



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Chapter 3

General Competition Rules



RULES AND ENTRY PROCEDURES

In order to offer a schedule of events consistent across the nation, the masters have adopted a set of rules for participation, conduct, and course setting. These rules are to be used to conduct all sanctioned masters events. In general, Masters competition follows the rules set by FIS and U.S. Ski & Snowboard for alpine skiing events as set forth in the Alpine Competition Guide (ACR) and the FIS ICR. However, there are some rules and race procedures that are specific to masters competitions which are listed here.

This chapter summarizes the key rules from the ACR for alpine masters competition, with references provided to the complete rule in the ACR. The rules specific to masters with “M” rule numbers, follow the organization of the ACR. Rules that are new or revised for the season or deserving of emphasis are highlighted in the “Rules to Remember” section.

U.S. Ski & Snowboard and FIS Rules

Competitors and coaches are responsible for knowledge and proper observance of the Alpine Competition Regulations (ACR) and the FIS International Competition Regulations (ICR). Copies of the Alpine Competition Guide and the FIS ICR may be purchased through the membership department, tel. 435.647.2666 | membership@usskiandsnowboard.org, or they can be downloaded at usskiandsnowboard.org/masters/masters-equipment-rules.

Regional and Divisional Rules and Procedures

Each region and division/state may have additional rules and procedures which apply. Please consult the regional sections of this guide for information in your area. Particularly note membership requirements in divisional/state organizations.

Important Message about Communications

Communication between U.S. Ski & Snowboard, the various masters volunteer leadership, and masters competitors is an important part of our programs. Please make certain that you are kept informed of national, regional, divisional, state and local correspondence throughout the year. Much of this information is provided in this book, on the web (usskiandsnowboard.org/masters), at the various regional and divisional masters websites, and on Facebook pages maintained by each masters division.

Rules to Remember

- U.S. Ski & Snowboard has prohibited wax products containing fluorocarbons from use in all sanctioned competitions.
- It is recommended that Masters use helmets that meet the FIS standards for all U.S. Ski & Snowboard GS, SG and DH competitions. The helmet must bear a “CE” mark and conform to one or more of the following helmet standards: CEH.Din 1077, ASTM F2040, SNELL S98 or RS98. Helmets which meet the new FIS standard have a sticker affixed by the manufacturer that states, “Conforms to FIS Specification RH 2013”.
- To participate in any Sanctioned masters event, racers must hold a Masters membership and be at least 18 years of age. Racers ages 18 to 24 with a Non-Scored Athlete membership may participate in Alpine Masters competitions. A Short-Term (multi-day) membership may be purchased to participate in non-championship (divisional) races, but is not valid at masters national or regional championships. Short-Term fees can be applied toward the cost of a yearly masters membership by contacting Member Services.
- Masters equipment rules conform to the FIS Masters equipment rules. U.S. Ski & Snowboard recommends that competitors in Masters events compete on equipment designed for the particular discipline (DH, SL, GS and SG) but does not make any recommendations in regard to ski length or shape.
- For U.S. Ski & Snowboard membership, athletes must carry primary medical insurance that is in effect for the entire term of the membership season.
- For FIS Masters events, Men’s Class 6 (ages 55-59) is part of Group A.

Masters Age Classes [M1282.1]

Following are the masters age classes for-sanctioned events; most competitions follow these classes. Some regions/divisions/states may modify the classes or running order for non-championship events due to small numbers of participants or to add “super seed” classes.

| | |
|--------------------------------|--------------------------------------|
| Class 1 Ages 18-29 (1991-2002) | Class 8 Ages 60-64 (1956-60) |
| Class 2 Ages 30-34 (1986-90) | Class 9 Ages 65-69 (1951-55) |
| Class 3 Ages 35-39 (1981-85) | Class 10 Ages 70-74 (1946-50) |
| Class 4 Ages 40-44 (1976-80) | Class 11 Ages 75-79 (1941-45) |
| Class 5 Ages 45-49 (1971-75) | Class 12 Ages 80-84 (1936-40) |
| Class 6 Ages 50-54 (1966-70) | Class 13 Ages 85-89 (1931-35) |
| Class 7 Ages 55-59 (1961-65) | Class 14 Ages 90+ (1930 and earlier) |

Age Class Groupings [M1282.2]

| | |
|-----------------------------------|-----------------------------------|
| Group A Men’s Classes 1-5 (18-49) | Group B Men’s Classes 6-8 (50-64) |
| Group C All Women’s Classes | Group D Men’s Classes 9-14 (65+) |

Entry Procedure (non-FIS)

All participants (athletes, course setters, and officials) including foreign participants, in masters competitions must be members of U.S. Ski & Snowboard in the appropriate category. This is a risk management issue and needs to be strictly adhered to. Every participant must have either a Short-Term (one day) membership, a Non-Scored Athlete membership, or a full Masters membership.

General Racer Eligibility

In order to participate in any sanctioned masters competition, athletes must be a member of U.S. Ski & Snowboard with a Masters or a Non-Scored Athlete membership and adhere to the following requirements:

- Be at least 18 years old,
- If the athlete is not a member, he/she must purchase a Short-Term membership at \$35/day. Short-term memberships can be purchased once per season for up to 3 consecutive days of racing. Short-Term fees can be applied toward the cost of a yearly masters membership by contacting Member Services.

To compete in Regional or National Masters Championship events athletes must hold a Masters or Non-Scored Athlete membership; Short-Term memberships are only allowed at these events for international competitors.

Racers should know their membership number which is required for race entry. The number is assigned for life, starting with the first membership for which a person registers, regardless of year or membership category, including Short Term memberships. If racers do not know their U.S. Ski & Snowboard number, they should contact Member Services, tel. 435.647.2666 | membership@usskiandsnowboard.org.

The responsibility for confirming the race organizer’s acceptance of an entry belongs to the entrant. It is strongly encouraged, but not required, for organizers to notify racers if their entry has not been accepted. Registered competitors are responsible for notifying the race organizer in advance to withdraw from an event.

All masters races, including regional and national masters events, are “open” events and do not require qualification. All masters racers are encouraged to attend!

Foreign Competitors in non-FIS Competitions

Foreign competitors must hold either a full Masters or a Short-Term Masters membership to compete in U.S. non-FIS competitions. The application must include the country of citizenship which will also be entered in their membership record.

Unqualified Racers

The race jury may exclude racers from competition for lack of physical and/or technical ability, lack of appropriate equipment or helmet, and/or for not meeting membership criteria. [ACR 601.4.6.3, M1284.4]

Entry Materials

Entries to masters races should be made according to the race organizer's instructions, e.g. online at skiracereg.com (preferred), by following instructions published on the division or race series web site, or by contacting the local division leadership by phone or email.

Be sure to provide phone numbers and email addresses that are accessible during daytime and evening hours, as event organizers may need to contact participants to assist with registration. Providing a working email address is especially important, as email is the usual means for communicating event information and updates to competitors.

Note: Some divisions have different entry procedures for their races. Check each division's requirements set out in the divisional section of this guide.

Entry Fees

See specific event information on the race series website or skiracereg.com for when/how payments are collected and whether entry fees include a lift ticket.

Refunds/Cancellations

It is every racer's responsibility to inform the race organization, **in advance**, of their withdrawal from a competition. Race organizers shall refund a competitor's entry fee if the reason for withdrawal is illness, injury, family emergency or similar excusable reason, otherwise a refund is at the discretion of the race organizer.

Race organizers shall refund entry fees for competitions which must be cancelled. When conditions are questionable, racers are responsible for contacting the host organization to confirm if the event will take place as scheduled.

Entry Limits, Conditions and Invitational Events

National, Regional and Divisional competition committees may impose entry restrictions and requirements on various events. Please see the later sections of this guide for more information. Race organizers and competition juries may limit the number of entries in consideration of weather conditions, snow conditions, other safety considerations and fairness, as provided for in the rules.

All other limitations and conditions on entries proposed by the organizers must be clearly stated on their application for calendaring, must be approved by the Masters Working Group and or the Alpine Sports Committee in advance, and must be published sufficiently in advance, so that all competitors are properly advised.

Geographic Affiliation

The choice (designation) of division in which a racer registers shall be based on where the racer spends the greatest part of his or her ski season. The designation must be made at the start of the season and is in effect for the entire season. As all sanctioned masters races are considered "open", racers may compete in events in any division at any time, however their contribution toward the Division's Cup at the national championships shall be based on their designated division.

Requests for changes of affiliation must be made to Member Services.

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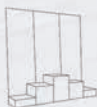


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SCAN ME

MASTERS COMPETITION RULES

General Rules

M1281 General Regulations

M1281.1 Masters competitions are non-scored races organized by age classes

M1281.2 Courses

All masters races must be held on courses which have been homologated by FIS or by U.S. Ski & Snowboard prior to the event [ACR 650.1]. Schedule agreements cannot be executed in the absence of homologation numbers for that course and discipline.

M1281.3 Course Maintenance

Although race organizers are responsible for proper course preparation, competition juries may require racer assistance in the preparation of the course should conditions warrant.

M1282 Organization of Competition

The following are the age classes and running orders for men and women in sanctioned masters events. Some regions/divisions/states may modify the classes or running order for non-championship events (e.g., due to small numbers of participants or to add “super seed” classes).

M1282.1 Masters Age Classes

Definition of masters age classes is listed earlier in this chapter.

M1282.2 Age Class Groupings

Group A: Men’s Classes 1-5 (men 18-49)

Group B: Men’s Classes 6-8 (men 50-64)

Group C: All Women’s Classes

Group D: Men’s Classes 9-14 (men 65 and older)

M1282.3 Age Class Running Order

A masters race may be organized with all competitors of both genders competing on a single course or with multiple courses where the division of competitors may be by age class group(s) or split between classes so there are a fairly even number of racers on each course.

1. When all competitors are on the same course or the course split has competitors of different genders competing on the same course, the age class running order is as follows: Oldest classes first in oldest-to-youngest order for classes 14-10 with women then men i.e. oldest women then oldest men in class 14, women then men in class 13, and so forth through class 10; then all remaining women’s classes 9 and under in oldest to youngest order; then all remaining men’s classes 9 and under in oldest to youngest order:

W14, M14, W13, M13, W12, M12, W11, M11, W10, M10

W9, W8, W7, W6, W5, W4, W3, W2, W1

M9, M8, M7, M6, M5, M4, M3, M2, M1

2. When there are multiple courses, the race organizer may split the groups so that each course has approximately the same number of racers. Typically, A and B groups race together, and C and D groups race together.

3. When there are separate courses for each group or all competitors on the same course are the same gender, the running order shall be by class from oldest to youngest age class in each race

M1282.4 The Jury has the right to change the starting order if warranted by course or weather conditions. [ACR 621.5]

M1283 Start Order

Start order for masters competitions is within age class, according to the age class and running order rules of M1282. This section supersedes ACR 621 for masters competitions.

M1283.1 Classification of competitors

Competitors are classified by age class as described in M1282.1.

For National Championships, seed groups may be established within classes following the National Championship Seeding rules.

M1283.2 First Run Start Order

The first run start order for Regional and National Championships will be random draw within age class, or within seed groups in class when seeding classification is established. Divisions are encouraged to use random draw within age class for first run start order.

M1283.3 Second Run Start Order

The second run start order for Regional and National Championships will be total reverse order of first run finish within age class (slowest to fastest first run time). Divisions are encouraged to use total reverse-first-run finish order within class.

M1283.4 Competitors who wish to make a second run after a first run DSQ or DNF may do so at the discretion of the jury if snow conditions and time permit. Their second run shall be taken within age class after all qualified racers in their class have completed their second run. The second run shall not count in any way in the discipline or combined results.

If a second run is not available to DSQs and DNFs, this decision should be communicated to competitors (e.g. by jury announcement or by posting on a notice board at check-in or the finish board).

M1283.4.1 Racers who were disqualified or who DNF in the first run of a SL or GS are not permitted to forerun the second run of the race.

Under M613.6, if a competitor misses his/her start, he/she shall be allowed to run at the end of his/her class or as soon as possible after that within the race order at the discretion of the jury.

Officials, Jury Members and Course Setters

M601.4.3.1 Jury participation

Officials, Jury Members and Course Setters at Masters events may also be participants in those events as long as they maintain the appropriate membership(s). The exception to this is at the Masters National Championships and any FIS events, where the TD may not be a participant.

Course Inspection

The rules pertaining to course inspection shall be enforced by the competition jury. [ACR 614.3]

Inspection procedures shall be announced and posted in advance and whenever conditions may require changes. A racer is subject to sanction if course inspection procedures are not followed; the penalty is assessed by the jury and may result in withdrawal of accreditation for the current event. [ACR 628, 223]

Competitor inspection of a SG shall be according to the rules for inspection of GS. The jury may decide that more than one hour is required for inspection.

Competitors should expect to be sanctioned for infractions of inspection or training procedures and may be sanctioned from future competitions for serious violations. Coaches may be disciplined for violation of procedures on their part, losing their credentials for the meet or further events.

It is a racer's right and responsibility to inspect the course according to the rules and the instructions of the jury. Competitor inspection is held after course setting and jury inspection is completed, after the jury has opened the course. Competitors are not permitted to enter a closed competition course.

Racers should follow course inspection principles which include side-slipping outside the racing line, no high-speed skiing in the race area, and no shadowing of the course.

Official Training: DH and SG

Official training for DH events is an integral part of the competition [ACR 704.1]. Participation in at least one timed training run is required for participation in the race [ACR 704.8.3]. Competitors must strictly respect the instructions of the competition jury. All course protection must be in place for official training [ACR 704.3, 704.4].

Training and/or controlled fast free-skiing on the race hill (racers start down the slope at intervals) at masters SG events is at the option of the race organizer but is highly recommended [M1285.4.b]. The training course should be similar to the intended race course(s). Participation in SG training is not required to compete in SG races. All course protection must be in place for the training run(s) and controlled fast free-skiing runs [M1285.4.c].

Racing numbers, bibs

Competitors must carry their official start numbers during inspection. Bibs must be worn during official training. Bibs shall not be modified in any way. Athletes are subject to sanction for breach of these rules; the penalty is assessed by the jury and may result in withdrawal of accreditation for the current event [ACR 606.1, 614.3.2, 628.2, 628.3, 223].

Official Start Procedure

At the direction of the starter, the competitor must plant both poles in front of start line. Pushing off from the start posts or other aids is not allowed. The competitor must start only with the help of their ski poles. [ACR 613.3]

GS, SG and DH: Ten seconds before the start, the starter shall tell the racer: "10 seconds". Then 5 seconds before the start, the starter will count "5, 4, 3, 2, 1" and then give the command "Go". The racer must start within the interval from 5 seconds before to 5 seconds after the command "go". A start more than 5 seconds early or late is a false start, with the racer subject to sanction (including disqualification) by the jury. [ACR 613.4, 613.7, 628, 223]

SL: When the course is clear, the starter gives the racer the warning, "Ready", then after a short pause, the command "Go". The competitor must start within 10 seconds after this start signal. A start more than 10 seconds after the "Go" command is a false start, with the racer subject to sanction (including disqualification) by the jury. [ACR 805.3, 628, 223]

Late Start

M613.6 Delayed Start

If a competitor misses his/her start, he/she shall be allowed to run at the end of his/her class or as soon as possible after that within the race order at the discretion of the jury.

During a multi-day event, after two or more missed starts, the jury may sanction the racer.

Completion of Gate (Correct Passage)

For gates delineated by two poles, a competitor will be disqualified if he/she fails to cross the (gate) line between the inside and outside poles of the gate with both ski tips and both feet. [ACR 661.4]

A racer who is clearly disqualified for missing a gate may not continue further through the course. Violations can result in sanction. [ACR 614.2.2]

In the event a pole has been knocked out (removed from its vertical position) and not replaced, the competitors ski tips and both feet must pass across the original gate line as defined by the hole or marking in the snow. [ACR 661.4.1.3]



* Skis and boots used by athletes are personalized and are not for sale.

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Single Pole SL and GS

Where there is no outside pole, both feet and ski tips must pass the turning pole on the same side, following the normal race line and crossing the imaginary line from turning pole to turning pole. If a competitor loses a ski, without committing a fault, such as straddling a pole, then the tip of the remaining ski and both feet must meet both requirements. In SL only, if the competitor has not correctly passed the imaginary line from turning pole to turning pole and does not follow the normal race line, then he has to climb back up and correctly pass around the missed turning pole, unless he will interfere with or is passed by the next competitor, in which case he must stop away from the course and not finish. [ACR 804.3, 904.3]

Missed Gate or Stopping in GS, SG and DH

If a competitor misses a gate, he must no longer continue through further gates and shall be designated “DNF” [ACR 614.2.2]. If a competitor comes to a complete stop for any reason, he must no longer continue through previous or further gates [ACR 614.2.3]. This interdiction is valid in all events with a fixed start interval (DH, SG, and GS). The only exception is in SL [ACR 661.4.1], as long as the competitor does not interfere with the run of the next competitor or has not been passed by the next competitor.

Interference

If a competitor feels that he or she has suffered from interference on the course, he or she must stop immediately and ski out of the course and request a provisional rerun from any jury member or jury advisor, explaining the specific problem and location [ACR 623.1.1]. The jury will give immediate instruction. The jury will determine the validity of the claim in a subsequent meeting, according to the rules relating to reruns [ACR 623.3].

Grounds for interference include blocking of the course by an official, a spectator, an animal, or other obstruction; blocking of the course by a fallen competitor who did not clear the course soon enough; objects in the course such as a lost ski pole or the ski of a previous competitor; activities of the first aid service which obstruct the racer; absence of a gate knocked down by a previous competitor and not promptly replaced; other similar incidents beyond the will and control of the competitor, which cause significant loss of speed or a lengthening of the racing line and subsequently affect the competitor’s time; malfunction of the timekeeping system; interruption of a DH or SG run by an official in a “yellow zone”. [ACR 623.2]

Yellow Flag

Yellow flag zone(s) may be set by the race jury, with a yellow flag positioned where it may be required to alert the next competitor. Yellow flags must be positioned before inspection and should be recognizable by competitors.

When a competitor is waved down by a yellow flag, he must stop immediately. If stopped in training, the competitor may be allowed to restart from the point where he was stopped. The stopped competitor may request a rerun if stopped in a training run, which the jury may allow if possible. If stopped during the race, the competitor has the right to a rerun provided the jury considers this possible from an organizational point of view. [ACR 705 and 1008]

Crossing Finish Line

The finish line must be crossed on both skis, or on one ski, or with both feet in case of a fall between the last gate and the finish line. In this case, the time is taken when any part of the competitor’s body stops the timekeeping system [ACR 615.3].

Binding Release

A binding release occurring more than two gates above the finish in SL, GS or SG or one gate in DH shall be considered a “clear disqualification”. Racers may not continue on the course. A racer may finish a race on one ski if the other ski releases less than two gates from the finish in SL, GS or SG or after the last gate in DH. [ACR 615.3, U629.4]

Protests

If a racer protests the decision of a race official, he or she must submit a written protest and post a bond of an amount determined by the competition jury. If the protest is denied, the bond is forfeited. If the racer appeals this jury decision to U.S. Ski & Snowboard, an additional bond must similarly accompany the appeal. Appeals of jury decisions at FIS events must first be made to U.S. Ski & Snowboard. [ACR 640-647]

Sanctions and Penalties

An offense for which a sanction may apply and a penalty be imposed includes conduct that is in violation of competition rules, non-compliance with directives of the Jury, or is unsportsmanlike. Penalties that may be imposed by jury decision include reprimand, withdrawal of accreditation, disqualification, and impairment of starting position. A jury may not impose a monetary fine or suspend a competitor beyond the event at which the offense occurred. [ACR 223, 224]

A competitor shall only be disqualified if the offence would result in an advantage in the end result, unless specifically stated otherwise in the rules. [ACR 223.3.3]

Helmets

Regulations on helmets for alpine competition are covered in ACR 606.4 and in the Additional Regulations section “Helmets”.

Equipment is the responsibility of the athlete. Equipment must be maintained and utilized in accordance with manufacturer’s instruction. [ACR 222]

In FIS competitions, international competition rules will apply.

Helmets designed and manufactured for the particular event of ski racing being contested are required for all competitors and forerunners in all U.S. Ski & Snowboard events and official training. Helmets must bear a CE mark and conform to recognized and appropriate standards such as CEH.Din 1077, ASTM F2040, SNELL S98 or RS 98.

For U.S. Ski & Snowboard races, helmets must cover the head and ears. Helmets with spoilers or edges that stick out are not permitted. Protective features integral to the event being contested, such as chin guards on SL helmets are permitted. Soft ear protection is only permitted for helmets used in SL.

Helmet mounted cameras are not allowed on helmets in official training or competition.

It is not wished for officials to disqualify or deny entry or starts to an athlete because the athlete has personalized his/her helmet with stickers, glitter, helmet cam mounts or other applications.

U.S. Ski & Snowboard does not specify nor recommend nor make any warranties as to the fitness for use of any particular ski helmet design or brand name. U.S. Ski & Snowboard undertakes no responsibility, liability or duties to any competitor in connection with the requirement that helmets be utilized. It is the sole responsibility of the competitor to select an appropriate helmet for accident protection in ski racing.

Caution: Age and use affect the protective qualities of all safety helmets. Some older helmets and any helmets that have been damaged either in a racing fall or from other impact may no longer provide sufficient protection – even if there are no visible indications of damage.

Anyone with questions regarding their helmet should contact the manufacturer for specific guidelines regarding its safety or use.

Ski-brakes

Within stand-height limits, ski brakes which are functional with the ski/plate/binding in use are required and are the responsibility of the respective manufacturers and the athletes. Any and all ski brakes used by competitors in all events, must be functional and comply with all related FIS requirements. [ACR 606.3, Additional Regulations section “Ski Brakes”]



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Competitor Protective Measures

With the exception of forearm protection used in SG, GS and SL, and shin protection used in SL, body protection must be worn under the suit. This includes knee braces; however a brace may be worn over a suit if covered by a piece of an old suit. [FIS Specifications for Alpine Equipment B5]

Gate Panels

All GS, SG and DH competitions must use gate panels which conform to the current FIS specifications. A list of homologated panels is published at fis-ski.com. ACR 901.2.2 and 1001.3.2 remain valid. [ACR 690]

EVENT REGULATIONS

M1284 Downhill (DH)

Masters downhill competitions follow the ACR 700 rules for Downhill, with adjustments to the guidelines for course preparation and course setting deemed appropriate for masters. All U.S. Ski & Snowboard homologation rules (course, gate panels) and equipment rules (ski brakes, helmets) must be followed.

M1284.1 Technical Data

Vertical drop (VD)

| | Min. VD | Max VD |
|-------------|---------|--------|
| All Classes | 400 m | 600 m |

There is no specific number of direction changes required, only the number needed for visibility from one gate to the next and to aid racers with anticipation of line.

M1284.2 The Course

M1284.2.1 Preparation of the Course

Courses should have a smooth, firm snow surface for the full course width and all outside areas where a racer might go off line.

Choppy bumps, ruts, etc. should be removed before race training begins and after training and prior to the race. Competitors may be required to pack and side slip the course at the discretion of the jury.

M1284.3 Course Setting

Course setter guidelines:

- Set a rhythmic and challenging course that tests a racer's technical skills.
- Speeds in excess of 70 mph are discouraged.
- If bumps (air) are present in the course, they should be reasonable and prudent for the range of ability and ages in the competition.

M1284.4 Official Training

Official training is an integral part of the competition. [ACR 704.1] Scheduling at least two days of training is recommended. One training run may be scheduled on the same day as the race. Participation in at least one timed training run is required to participate in the race. [ACR 704.8.3].

All hill protection shall be in place for all training runs [ACR 704.3]

M1284.4.1 DH training should be so organized as to permit maximum timed training runs. All racers must have the opportunity to take a minimum of two official training starts on the course prior to race day. If two training runs are not possible, the race may be changed to a SG.

M1284.4.2 The training schedule will be established and distributed to all competitors. It is desirable to schedule training for men and women by age groups.

M1284.4.3 The jury shall have the power to declare the final scheduled training run as a provisional race run, that may be counted as the race if conditions on race day require the race to be cancelled. This decision must be made prior to the final training run and must be communicated to all competitors.

M1284.4 Control of Official Training

A starter shall control the training starts.

The entire course shall be monitored by course officials with radio communication during all training periods. Course officials should be in a stationary position unless the course is on a “hold”.

M1284.5 Execution of the Downhill

A DH is carried out in 1 run [ACR 706] on a course that has been homologated by U.S. Ski & Snowboard for the event. [ACR U650.1]

Age class running order and start orders are described in M1282 and M1283.

M1284.5.1 Downhill in Two Runs

U.S. Ski & Snowboard in consultation with the division chair, race organizer and TD shall determine at the time of sanction approval, whether or not a two-run DH is appropriate for that event. Two-run DHs are not encouraged. At the running of the event, the Jury shall have the power to change to a two-run DH if appropriate due to weather and/or course conditions.

M1284.6 Unqualified Competitors

The TD and other members of the jury have the right and duty, after the first or subsequent training runs, to propose for jury decision, the exclusion from further participation, those competitors who do not demonstrate the ability to complete the course in racing fashion or whose personal safety appears endangered because they do not measure up to the difficulties of the course. [ACR 601.4.6.3] Competitors who snowplow, side slip, or make SL or GS turns between gates in order to slow down, shall not be deemed to be completing the course in racing fashion. Racers who enter and who are subsequently excluded by the jury will not be entitled to receive entry fee or lift ticket refunds.

M1285 Super-G (SG)

Masters SG competitions follow the ACR 1000 rules for SG, with adjustments to the guidelines for course preparation and course setting deemed appropriate for masters. All U.S. Ski & Snowboard homologation rules (course, gate panels) and equipment rules (ski brakes, helmets) must be followed.

M1285.1 Technical Data

Vertical drop (VD)

| | Min. VD | Max VD |
|-------------|---------|--------|
| All Classes | 300 m | 450 m |

Central Division may reduce min. VD based on geographical limitations.

M1285.1.1 Gates

The distance between the turning poles of two successive gates must not be less than 30 m and not more than 50 m. For delay gates, the distance between successive gates can be less than 30 m but must be at least 15 m, with a maximum of 55 m from turning pole to turning pole.

M1285.2 The Course

Terrain should preferably be undulating and rolling as skillful use of the terrain is an important aspect of SG. Preparation should be the same as DH.

M1285.3 Course Setting Guidelines

a. Set a rhythmic and challenging course that tests a racer’s technical skills.

- b. Set as in the DH section above.
- c. A SG should present a variety of long and medium turns which a good adult racer can ski aggressively.
- d. The line must not be set in the fall-line of the slope. The course should include some turns which can be made in a tuck and some that cannot.

Guidelines for direction change:

- On steeps (up to 90 degrees)
- On medium slopes (30-60 degrees)
- On flats (minimum turns with emphasis on gliding skills).

- e. If bumps (air) are present in the course, they should be reasonable and prudent for the range of ability and ages in the competition.
- f. "Blind" gates are discouraged if possible.

M1285.4 Pre-Race Inspection and Training

- a. Careful course inspection is an important aspect of SG for all racers. Inspection shall be according to the rules of GS. Competitors should be allowed to study the course on race day for at least one hour. The jury may decide if more than one hour should be required for inspection.
- b. Within 24 hours of race day, a training run or fast free-skiing on the race hill at controlled intervals is highly recommended but not mandatory.
- c. All hill protection shall be in place for the training runs which shall be run the same as for DH training.

M1285.5 Execution of the SG

A SG is carried out in 1 run [ACR 1006] on a course that has been homologated by U.S. Ski & Snowboard for the event. [ACR U650.1]

Age class running order and start orders are described in M1282 and M1283.

M1286 Giant Slalom (GS)

Masters GS competitions follow the ACR 900 rules for GS, with adjustments to the guidelines for course preparation and course setting deemed appropriate for masters. All U.S. Ski & Snowboard homologation rules (course, gate panels) and equipment rules (ski brakes, helmets) must be followed.

M1286.1 Technical Data

Vertical drop (VD)

| | Min. VD | Max VD |
|-------------|---------|--------|
| All Classes | 200 m | 350 m |

In Central Division, min. VD may be reduced based on geographical limitations.

M1286.1.1 Gates

The distance between the turning poles of two successive gates must not be less than 23 m and not more than 30 m. For delay gates, the distance between successive gates can be less than 23 m but must be at least 10 m, with a maximum of 35 m from turning pole to turning pole.

M1286.2 The Courses

M1286.2.1 Preparation of the Course

Courses should have a smooth, firm snow surface for the full course width; a very wide line must be prepared.

M1286.3 Course Setting

Course setter guidelines:

- a. Set a rhythmic and challenging course that tests racers' technical skills.
- b. Avoid complex gate combinations.

- c. Gate patterns should emphasize skill in making round turns, avoiding wiggles, blind traps and jam turns.
- d. The course should demand changes in rhythm, speed, and adaptability through terrain changes.

M1286.4 Execution of the Giant Slalom

A GS is carried out in 2 runs, using a different course for each run [ACR 906.1] on a course that has been homologated for the event. [ACR U650.1] The combined time of both runs determines the race results.

Age class running order and start orders are described in M1282 and M1283.

M1287 Slalom (SL)

Masters SL competitions follow the ACR 800 rules for SL, with adjustments to the guidelines for course preparation and course setting deemed appropriate for masters. All U.S. Ski & Snowboard homologation rules (course, gate panels) and equipment rules (ski brakes, helmets) must be followed.

M1287.1 Technical Data

Vertical drop (VD)

| | |
|---------|---------|
| Min. VD | Max. VD |
|---------|---------|

| | | |
|-------------|-------|-------|
| All Classes | 100 m | 180 m |
|-------------|-------|-------|

In Central Division, min. VD may be reduced based on geographical limitations.

M1287.1.1 Gates

A gate in a vertical combination must have a minimum width of 5 m and a maximum of 6 m.

The distance from turning pole to turning pole of successive gates must not be less than 10 m and not more than 13 m. Delayed gates must have a minimum distance of 14 m and a maximum distance of 18 m from turning pole to turning pole.

M1287.2 The Courses

M1287.2.1 Preparation of the Course

Course conditions should be firm, but not icy, with chemical use as needed.

Course preparation should try to ensure race conditions remain the same for all competitors from first to last, and provide consistent conditions within age classes.

M1287.3 Course Setting Guidelines

- a. Set a rhythmic and challenging course that tests a racer's technical skills.
- b. Stay off of the fall line.
- c. Gate patterns should demand rounded turns, not abrupt gymnastic turns, with potential changes in speed, rhythm and turn radius.
- d. Avoid blind traps leading to jammed turns.

M1287.4 Execution of the SL

A SL is carried out in 2 runs, using a different course for each run [ACR 806.1] on a course that has been homologated for the event. [ACR U650.1] The combined time of both runs determines the race results.

Age class running order and start orders are described in M1282 and M1283.

M1287.4.1 At regional and national championships, a separate race should be run for each group (A, B, C, D) larger than 40 competitors.

M1288 Parallel

Masters parallel events follow the ACR U1220 rules for Parallel, with adjustments to the guidelines for course preparation, course setting and event execution deemed appropriate for masters. For masters, parallel can be run in elimination or non-elimination format. All U.S. Ski & Snowboard homologation rules (course, gate

panels) and equipment rules (ski brakes, helmets) must be followed.

M1288.1 Technical Data

Masters parallel events follow ACR U1222 for vertical drop and distance between gates. The vertical drop of the course should be between 50 and 100 m. The current course setting matrix for distance between turning poles will be followed with no requirement for combinations.

M1288.2 The Courses

M1288.2.1 Preparation of the Course

Course conditions should be firm, but not icy, with chemical use as needed. Course preparation should try to ensure race conditions remain the same on both courses for all competitors from first to last and provide consistent conditions within age classes.

M1288.3 Course Setting Guidelines

Jumps are not recommended for masters competitions.

M1288.4 Execution of a Parallel on Two Courses

Each heat between two competitors consists of two runs, the two competitors change courses for the second run. [ACR U1230]

In Parallel it is possible to measure either the difference in time (at Finish) or the individual run times (Start to Finish). [ACR 1229]

M1288.4.1 First Heat Start Orders

First heat start orders should follow the traditional masters rules for start orders, matching up racers of similar age classes when possible. Alternate methods to seed competitors may be used.

M1288.4.2 Elimination Format

When using elimination format, it is recommended to have a separate men's and women's brackets.

M1288.4.3 Non-Elimination Format

The non-elimination format is a modified version of traditional parallel slalom using individual run times to provide the maximum number of runs to all the athletes. It is designed to be conducted with from 2 to 4 heats where each heat consists of 2 runs by each athlete. The number of heats can vary based on the number of athletes or the allotted time available or both. Start orders for subsequent heats should rank the combined times of each racer on all previous runs. To determine final results, the sum total of the 2-3-4 heats (four, six, eight runs) determines the winner.

ADDITIONAL REGULATIONS

Super Seeds

At the discretion of the race organizer, some events implement a "Super Seed" or "Open" class. The purpose of a super seed is to allow competitors across multiple age groups to compete at the same time on similar course conditions to determine the fastest overall competitor of the day. It also adds excitement and showcases the ability of the top masters racers at the event.

Typically, a "super seed" class is formed for the second run of a GS or SL event from a group of the fastest competitors overall in the first run (e.g. top 10 men, top 5 women). Start order position of a super seed class within the standard age class start order described in M1282.3 is determined by the race organizer and host division rules.



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Ranking and Placement

Within each of the eight divisions, masters racers compete against members of their own age class for individual awards. Most divisions also have a season-long competition for an overall winner.

Masters may also compete in regional championships. These events do not take past results into consideration and allow for interdivisional rivalries to add excitement.

Masters events do not contribute to a national points list. Most masters use the national championships results as a basis for national comparison. Masters races are therefore considered non-scored events.

Old World Cup Points Scoring (Top 15 Position Points)

On a per event and interdivisional basis, points are frequently assigned based upon “old World Cup values” for scoring the top 15 finish positions within each class. Finish position points scoring may be used for determination of ranking position and combined awards.

| Place | Points | Place | Points | Place | Points |
|-------|--------|-------|--------|-------|--------|
| 1 | 25 | 6 | 10 | 11 | 5 |
| 2 | 20 | 7 | 9 | 12 | 4 |
| 3 | 15 | 8 | 8 | 13 | 3 |
| 4 | 12 | 9 | 7 | 14 | 2 |
| 5 | 11 | 10 | 6 | 15 | 1 |

New World Cup Points Scoring (Top 30 Position Points)

On a per event and interdivisional basis, points may also be assigned based upon “new World Cup values” for scoring the top 30 finish positions within each masters class. Finish position points scoring may be used for determination of ranking position and combined awards.

Top-30 points scoring awards 100 points for 1st place, 80 for 2nd, 60 for 3rd, through 1 point for 30th place. The detailed description of the place/points scale is provided in the ACR Points and Rankings chapter, section “World Cup and Continental Cup Points Scale”

Age Handicap Scoring

Some events may also have special awards based on age-handicap scoring formulas that rank competitors based on age or age class factors rather than position within age class. Age handicap scoring formulas typically compute an adjusted finish time for ranking by applying a factor that considers the competitor’s age.

Course Setting Specifications for Masters

| | U.S. Masters | | FIS Masters |
|--|---|---|-------------------------------------|
| Downhill (DH) 700 and M1284 | Distance between gates Vertical Drop (VD) | as required Max 600m | M1284.1 |
| | Direction changes (DC) Additional requirements | as required min of 2 official training runs scheduled prior to race day required; min. 1 training start required | |
| Slalom (SL) 800 and M1287 | Distance between gates | Combination 5-6 m; Open 10-13 m; Delay 14-18 m Max 180 m | M1287.1.2 M1287.1.1 |
| | Vertical Drop (VD) Direction changes (DC) Additional requirements | 3-6 hairpins; 1-3 verticals (3-4 gates); 1-3 delays | ACR/ICR 803.2 ACR Flex Poles (2) |
| Giant Slalom (GS) 900 and M1286 | Distance between gates | Open 23-30 m; Delay min. 10 m between successive gates and max. 35 m from turning pole to turning pole | M1286.1.2 |
| | Vertical Drop (VD) Direction changes (DC) Additional requirements | Max 350 m Variety of terrain suggested | M1286.1.1 |
| Super G (SG) 1000 and M1285 | Distance between gates | Open 30-50 m; Delay min. 15 m between successive gates and max. 55 m from turning pole to turning pole | M1285.1.2 |
| | Vertical Drop (VD) Direction changes (DC) Additional requirements | Max 450 m Variety of terrain suggested Training run or fast free-ski on race hill highly recommended | M1285.1.1 M1285.4(b) |
| Parallel U1220 and M1288 | Distance between gates Vertical Drop (VD) | 10-20 m (3) Max 100 m | ACR |

(1) Scheduling at least 2 days of DH training recommended; one training run may be scheduled on the same day as the race

(2) FIS type B poles (25-28.9 mm) should be used

(3) Distance between courses should be 8-12 m.

Chapter 4
Event Rules for U.S. National and
Regional Championships and
International Competitions



U.S. MASTERS NATIONAL AND REGIONAL CHAMPIONSHIPS AND NATIONAL SPEED SERIES

General Championships Rules

1. Technical delegates for the Alpine Masters National Championships will be nominated in consultation with the national alpine masters working group chair and the U.S. Ski & Snowboard masters manager. The TD cannot compete in the event.
2. FIS and U.S. Ski & Snowboard course specifications apply as modified in the Masters Competition Rules (chapter 3). All races must be held on homologated or registered courses.
3. A divisional representative may be appointed by the national alpine masters working group. The representative must approve proposed trails and slopes to be used by areas proposing or selected to hold the Alpine Masters National Championships.
4. Each course setter must have proven experience with masters events wherein he/she has displayed a complete understanding of the philosophy of masters racing and has set courses within these specifications and requirements in the past.
5. Qualified masters racers competing in an event may set courses and serve as Referee or Assistant Referee.
6. Major emphasis shall be placed on course preparation and the installation of hill protection.
7. Course setters should set appropriate, legal, rhythmical, and challenging courses which test racers' technical skills rather than nerve.
8. The TD, Chief of Course and Referee are responsible to ensure that course setters do their work correctly.
9. If the course set is not acceptable to the jury, it may be reset by an appointee of the TD and Chief of Race in conjunction with the masters working group.
10. SG, GS and SL are used for scoring of age class combined awards at the Masters National Championship. When the national championship event includes the national championship DH or when AC (SG/SL) is substituted for the DH, the DH or AC will be included in the scoring of the Division's Cup and the Spyder Masters National Team.
11. In the event that a regional event is also a FIS Masters event, the ICR Masters regulations for age classes and running orders apply.

CHAMPIONSHIP START ORDERS AND SCORING

Age Classes

The U.S. Masters National and Regional Championship and the Speed Series use the age classes found earlier in this guide. [M1282.1]

Running Orders

For Regional and National Championships, the age class running order is described in M1283. Competition may be organized with all competitors of both genders on a single course or with multiple courses where the division of competitors is by age class group(s).

At Regional and National Championships, a separate SL race should be run for each group (A, B, C, D) larger than 40 competitors. [M1287.4.1]

Start order within age class is described in M1283. First run order for championship events is random draw within age class or seed group; second run order is total reverse order of first run finish within age class.

If snow conditions and time allow, DNFs and DSQs shall run at the end of their respective classes; this is a jury decision. [M1283.4]

National Championship Seeding

Due to the wide range of abilities within each class, the national championships will be seeded during the team captain's meeting prior to the event. If a class has 10 or more competitors, two or three seed groups may be created at the discretion of the race organizers. The team captain for a racer's division shall select the seed in which the racer shall be placed. Whenever possible, event organizers shall try to make the number of racers in each seed as even as possible.

Racers shall start the first run in random order within their seed. [M1283.2]

1st Seed Criteria

Racers must have proven results showing their ability to place in the top three in the masters national championships.

2nd Seed Criteria

Racers must have experience with masters racing or recent junior or college racing but are unlikely to place in the top three.

3rd Seed Criteria

Racers with little or no experience in masters racing or recent junior or college racing.

Regional Championship Scoring

Eastern and Western Champions

The U.S. Ski and Snowboard Masters Eastern and Western Championships are open to masters competitors from all regions of the U.S. and Canada. The Western Championships are often held as a joint event with the FIS Masters Cup races.

The Eastern and Western Championship teams are named from the top finishers in the age class combined results based on points accumulated using the "old World Cup" points scoring system. Competitors need not finish all events to be eligible. Ties are broken by best finish result, then next best, etc. and finally race points (as in the U.S. National Masters Team scoring). See the event details in Chapter 5 for any variations specific to the year or venue.

Competitors must have a current U.S. Ski & Snowboard Alpine Masters membership to be eligible for regional championship awards.

National Championship Scoring

National Championship Age Class Combined

The national age class Combined champions are awarded based on the lowest total race points accumulated by a competitor for the three events of SL, GS and SG at the national championships (triple-combined). Race points are calculated as the ratio of the competitor's time to that of the winner in the competitor's class, adjusted by a discipline-specific normalization factor set by the FIS which produces a time-based "closeness" ranking that can be compared across events.

Because of the time-based scoring formula, competitors must finish all three events to be eligible for the combined. In the case of an event cancellation, the winners will be determined based on the events held.



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Divisions Cup

The Division's Cup is awarded to the division with the best ratio of points scored per competitor starts for all races in the national championships. When the national championship DH or an AC is held as part of the national championships, the DH or AC will be included in the Division's Cup scoring.

Divisions Cup points are awarded to the top 5 places in each age class (5 pts 1st, 4 pts 2nd, 3 pts 3rd, 2 pts 4th, 1 pt 5th). If a class has less than 5 competitors the points are scaled accordingly (e.g. a class with 3 competitors would award 3, 2, 1 points respectively).

Division teams must consist of at least 10 competitors to be eligible.

National Masters Team

The Spyder Nationals Masters Team is named each year from the national championships age class results, based on total points accumulated using the "Old World Cup" points scoring system. When the national championship DH or an AC is held as part of the national championships, the DH or AC will be included in the Spyder Team scoring.

Scoring is based on highest total points accumulated in best 3 finishes from all applicable events. Competitors need not participate in or finish all events to be eligible. In the case of a tie, the first tiebreaker is based on the lowest value as determined by adding together a racer's place finishes, e.g. 1st SG + 2nd GS + 8th SL = 11. If there is still a tie, an additional tiebreaker adding race points from all applicable events in which all tied competitors finished is applied; lowest total wins.

Competitors must have a current U.S. Ski & Snowboard alpine masters membership and be a U.S. citizen to be eligible for the National Masters team.

National Championship Downhill

The national championship DH is included in the Divisions Cup and Spyder National Masters Team awards scoring when the DH is scheduled as part of the national championship event.

National Speed Series Scoring

The National Speed Series awards are based on total points accumulated across all races in the series using the "Old World Cup" points scoring system. Age class awards are given to the top three finishers in each age class of the season-long series. Competitors must have at least three starts to be eligible for series awards.

The overall Speed Series champions trophies are awarded to the overall fastest racer in each of three groups, based on the total points in all races of the series:

Group A/B (men age 18-64)

Group D (men age 65+)

Group C (all women)

SUMMER FUN NATIONALS

The Summer Fun Nationals is a GS/SL weekend of ski racing, camaraderie and social events held annually on Palmer Glacier at Timberline Lodge in Mt. Hood, OR. The all-ages race has age class awards as well as Superseed, Skoch Cup, Fastest Family and Fastest SL Man and Woman awards.

The competition is organized with age classes split between two race courses. The split is based on one course for the younger adult men (the "A/B" course) and second course for older men, women, and junior athletes (the "C/D/Jr" course). Assignment of age classes to each course may be adjusted by the race organizer and jury so that competitors are split as needed between the two courses.

Running order on the A/B men's course is by age class, oldest to youngest. On the second

run, the Superseed competitors start first before all other age classes. On the C/D course, all masters start in masters age class order [M1282.3]. Start order of the junior athletes is by youngest to oldest age class and may be either before or after the masters age classes.

Start order within age class is by random draw on the first run; in reverse finish order of slowest-to-fastest on the second run.

Superseed

The Superseed is comprised of the fastest 10 men on the A/B course after the first run each day. The Superseed qualifiers are placed into the Superseed category and are removed from consideration for the daily age class awards.

Bob Skoch Memorial Cup

The Skoch Cup Combined Award is an age class award based on the lowest combined time by adding both GS and SL results.

To be eligible for the Superseed Class Combined Skoch Cup award, competitors must qualify for the Superseed both days.

Eigenvector Fastest Family

Eligible families must have two or more siblings, parent, child or grandparent. All family members competing are able to accumulate points for the family. Points are awarded for each member in each race using the “Old World Cup Points” scale. Racers that qualify for the Superseed are awarded points based on how that would have finished within their age class.

INTERNATIONAL (FIS) MASTERS

Masters racers looking for additional challenge and travel opportunities can compete internationally in the FIS Masters Cup. This series includes approximately forty races held annually in Europe, North America and South America.

Eligibility

Entries are limited to men and women over 30 years old by Dec. 31 of the competition season. Athletes must have a valid Masters membership, register for a FIS Masters license through U.S. Ski & Snowboard, and must comply with requirements specific to international masters competitions.

FIS Athlete Declaration

Athletes wishing to participate in internationally FIS masters events, in or out of the USA, must complete the FIS Athlete Declaration and be a Master’s member of both FIS and US Ski & Snowboard in good standing. Purchase a FIS license and sign the declaration online when you purchase your U.S. Ski & Snowboard membership for the season. If you have already purchased/renewed your U.S. Ski & Snowboard membership and need to add a FIS license, go to bit.ly/fislicense2021. FIS member numbers are awarded for life but must be renewed annually.

Foreign Athletes in USA FIS Competitions

Foreign athletes competing in USA FIS competitions must have signed the FIS athletes declaration, be a current FIS Masters member, be a member in good standing with their home federation, and be entered to compete by their home federation.

Age Classes

Men Group A

30-34=1; 35-39=2; 40-44=3; 45-49=4; 50-54=5; 55-59=6

Men Group B

60-64=7; 65-69=8; 70-74=9; 75-79=10; 80-84=11; 85-89=12

Women Group C all women

Note: Group D (women 55 and over) is recognized when awarding the best time of the day prizes.

Entries

The number of entries from each country is not limited, except U.S. entries may be limited at races in the U.S. Entries must be received by the organizing committee at least 24 hours before the draw (see chapter 5), except as noted for U.S. entries. Late individual entries may be accepted only at the discretion of the organizing committee. The official representation of each national ski association must ensure that each competitor is in possession of a valid membership issued by that association. If field size is limited, U.S. entries in FIS masters events shall be on a first come, first serve basis.

USA Athlete Entry Outside The USA

For information and entry to FIS Masters competitions outside of the USA, contact the Alpine Masters Manager Lauren Beckos | lauren.beckos@usskiandsnowboard.org | 435.647.2067. For specific event information contact Bob Davis | bdavis9112@yahoo.com | 858.342.6125.

Ski Length Rules for FIS Masters Races

The FIS recommends length and radius of skis for GS and SL, but racers may compete on any length and radius of ski as long as it is deemed appropriate by the jury. For SG, ski length must be at least 185 cm for men and 180 cm for women; except for women over 55 and men over 65 where there is no SG ski length requirement. See the current FIS rulebook Specifications for Competition Equipment for additional FIS equipment rules, including helmet and stand-height rules, for international masters events.

Helmet Rules for FIS Masters Races

Crash helmets that meet FIS Specifications for Alpine Competition Equipment 3.6 are mandatory for all events. [Masters ICR art. MA 11) b)] These helmets have a label on the back of the helmet attesting conformity with FIS specifications for Alpine racing helmets

Courses

SL must be raced in two runs; it is optional whether GS races be held in one or two runs and SG is raced in one run. [Masters ICR art. MA 9] All competitions are to be held on a FIS-homologated course, with the following vertical drop specifications:

Slalom (SL)

| | | |
|----------------|------------|-----------|
| All Categories | Min. 120 m | Max 180 m |
|----------------|------------|-----------|

Giant Slalom (GS)

| | | |
|---------|-----------|-----------|
| A group | Min 250 m | Max 350 m |
|---------|-----------|-----------|

| | | |
|----------------|-----------|-----------|
| B and C groups | Min 200 m | Max 300 m |
|----------------|-----------|-----------|

Super-G (SG)

| | | |
|------------|-----------|-----------|
| All groups | Min 300 m | Max 400 m |
|------------|-----------|-----------|

Two courses with different characteristics and different start and finish points must be prepared, allowing contemporary or simultaneous carrying out of the races for group A on one course and group B and C together on another. Should this not be possible, the races may be held on one single course, provided the start and vertical drops differ.

In principle, older groups shall always have priority, except when the jury decides otherwise, due to bad weather or other special difficulties. Further, group C (women) always has priority.

The Jury decides on start intervals. After a visibly slow competitor and between classes a longer interval is recommended. [Masters ICR art. MA 10) b)] The starting order for the second run shall continue to apply to each age class (reverse first five).

Masters FIS Points

Masters points are calculated in each of the age groups; A, B, C for each event, GS, SL and SG. Refer to the FIS rules for details.

Draw

Draw is made according to FIS masters points in each age group. A first seed of up to the

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15 best competitors, regardless of nationality, will be drawn. The remaining competitors will start in order of their FIS masters points. Competitors without FIS masters points will be drawn and placed within the last seed within each group.

Scoring Information for FIS Masters Cup Events

1. FIS Masters races designated as FMC are scored for the FIS Masters Cup.
2. Immediately following the competition, race results shall be submitted to FIS.
3. Each racer's best twelve results from all events will be counted in scoring for the overall FIS Masters Cup in his or her age class, with the FIS masters finals counting as double points per race. For the discipline title in each age class, the best four SG results and the best seven GS and SL results are counted.
4. Each racer must score in at least six results to be classified in the FIS Masters Cup overall rankings series in his or her age class.
5. In case of ties, placing will be determined by totaling FIS points in the results scored for the FIS Masters Cup series.
6. If early season events are cancelled, they may be rescheduled.
7. Points are scored by places for the top 30 finishers according to the "new" World Cup formula.

Technical Delegate

The organizing committee must reimburse the expenses of the FIS technical delegate, according to FIS regulations. All other rules and procedures are according to the current International Ski Competition Rules (ICR) except where there are specific ICR Masters regulations.



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Chapter 5

Major Events



PHILLIPS 66 ALPINE MASTERS NATIONAL CHAMPIONSHIPS

Sun Valley ID | Mar. 14-20, 2021

The 2021 Phillips 66 Alpine Masters National Championships will be held Mar. 14-20 at Sun Valley Resort, ID. This year's championship will include AC, SG, GS, and SL. Due to the uncertain nature of resort and event restrictions due to COVID-19, please see skiracereg.com/nationals for the latest updates on registration, deadlines, schedules, lift tickets, fees, lodging, and COVID-19 protocols.

Qualification

All entrants must have a current U.S. Ski & Snowboard Alpine Masters membership. Foreign participants must hold either a U.S. Ski & Snowboard Alpine Masters membership or purchase a Short-Term Alpine Foreign Masters membership.

Registration

1. Online registration for the championships will open by Dec. 1 at skiracereg.com/nationals.
2. There is a \$10 per race late fee for registrations received after Mar. 1, 2021
3. The Masters Working Group has established the following policy for cancellations: Masters must cancel at least one week prior to the event for a full refund (midnight, Mar. 9, 2021). Refund percentages are at the discretion of the host area; no refunds for non-injury/emergency/sickness requests.
4. Entry is on a first-come basis. Field size will be limited, see skiracereg.com/nationals for details.

Fees

Late fees of \$10 per race after Mar. 1 2021.

AC: \$65 SG: \$55 GS and SL: \$50 each

Contact Information

Entries, registration and questions nationals@usalpinemasters.org

Photos and Video

sunvideoproductions@gmail.com | vimeo.com/user11719936 | 208.788.3423 | @koa99



PHILLIPS 66 ALPINE MASTERS NATIONAL CHAMPIONSHIP DH

Location and Date TBD

Due to the uncertain nature of resort and event restrictions due to COVID-19, details were not available at the time of publication. See usskiandsnowboard.org/masters for event details.

PHILLIPS 66 FIS MASTERS CUP / WESTERN CHAMPIONSHIPS

Big Sky MT | Feb. 5-7, 2021

Due to the uncertain nature of resort and event restrictions due to COVID-19, details were not available at the time of publication. See usskiandsnowboard.org/masters for event details. The event will include 2SG, 2(1-run)GS, and SL races.

Eligibility

Racers 30 years and older with an active FIS Masters License are eligible for FIS Masters results/awards. U.S. Ski & Snowboard members and Canadians are eligible for Western Regional results/awards.

Racers 30 years and older must have an active FIS Masters License and U.S. Ski & Snowboard Masters Membership. Purchase a FIS Masters License when renewing your U.S. Ski & Snowboard Membership at my.ussa.org. If you have already renewed, you can add a FIS Masters License here: bit.ly/fismasterslicense Racers 18-29 years must have an active Non-Scored Athlete or Masters U.S. Ski & Snowboard Membership.

Scoring

Both SG races are part of the U.S. Masters National Speed Series.

The Western Championships team is awarded to the top finisher in each age class based on total points accumulated in the five events using the “old World Cup” points scoring system.

Entry Deadline

Feb. 1, 2021, with a confirmed FIS entry form from each participant’s National Ski Federation to fismasters@usalpinemasters.org or online registration for U.S. entries at skiracereg.com/fis.

Contact Information

Entries, registration and questions: fismasters@usalpinemasters.org



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PHILLIPS 66 EASTERN CHAMPIONSHIPS

Location and Date TBD

Due to the uncertain nature of resort and event restrictions due to COVID-19, details were not available at the time of publication. See usskiandsnowboard.org/masters for event details.

Scoring

Both SG races are included in the U.S. Masters National Speed Series.

All four races will be included in the New England Masters Sise Cup scoring.

The Eastern Championships team is awarded to the top finisher in each age class based on total points accumulated in the four events SGx2-GS-SL using the “old World Cup” points scoring system. Competitors must start in three of the four races to be eligible for the Eastern Champions team.

Entries

Register online at skiracereg.com/nems in the New England Masters race series.

Contact

Matt Mitsis, matthew.mitsis@gmail.com

PHILLIPS 66 - MASTERS NATIONAL SPEED SERIES

The 2021 Masters National Speed Series features events in seven divisions around the country. Season-long awards will be presented to the overall fastest woman, younger man (64 and under) older man (65+). This series gives those Masters with a taste for speed the opportunity to earn a Masters National Speed Series title in their age group.

Schedule

Schedule subject to change. Due to the uncertain nature of resort and event restrictions due to COVID-19 please see usskiandsnowboard.org/masters for the latest updates.

| Date | Site | | Disciplines |
|------------|---------------------|--------------------|-------------|
| Jan. 15-17 | Ski Cooper, CO | | DHtr/DH/SG |
| Jan. 15 | Sun Valley, ID | | 2SG |
| Jan. 21-22 | Stratton, VT | | SGtr/2SG |
| Jan. 22-24 | Mammoth, CA | | SG/SG |
| Jan. 22-24 | Aspen Highlands, CO | | DHtr/DH/SG |
| Feb. 5 | Big Sky, MT | FIS/Western Champs | 2SG |
| Feb. 12 | West Mountain, NY | | SG |
| Feb. 19 | Granite Peak, WI | | 2SG |
| Feb. 26 | Park City, UT | | 2SG |
| Mar. 5 | Northstar, CA | | 2SG |
| Mar. 5 | Gore Mtn., NY | | 2SG |
| Mar. 12 | Schweitzer, ID | | 2SG |
| Mar. 16-17 | Sun Valley, ID | Nationals | SG/SG |
| Apr. 15-16 | Mt Bachelor, OR | NSS Finals | SGtr/2SG |

Entry Contacts

Register at skiracereg.com/speed_series. Events can be found listed within each division.

FIS MASTERS CUP SERIES

The FIS Masters Cup Series provides the opportunity for international masters competition, with a series calendar featuring races in Europe, North American, and South America. The age class series champions are awarded coveted FIS crystal globes for discipline and overall age class series winners.

Before planning for and leaving for International competition, be sure to understand all relevant travel conditions and restrictions.

Schedule

| Date | Site | Disciplines |
|-------------|---------------------------------------|-------------------------|
| Sept. 17-19 | Catedral Bariloche (ARG), BRA/CHI | 2SG/AC/SL/GS/GS (canc.) |
| Nov. 13-14 | Alpinecenter Wittenburg, GER (Indoor) | SL/SL (canceled) |
| Nov. 21-22 | Oslo – Snow Dome SNO | SL/SL |
| Dec. 4-6 | Veysonnaz, SUI | 2GS/SL/SL |
| Dec. 12-13 | Reiteralm, AUT | SL/GS |
| Dec. 18-20 | Pila, ITA | GS/SL/GS |
| Dec. 28 | Abetone, ITA | 2GS |
| Jan. 8-10 | Cerkno, SLO | SG/SL/GS |
| Jan. 15-17 | Schiunion Bohmerwald - Hochficht, AUT | SG/SL/GS |
| Jan. 23-24 | Goetschen, GER | 2GS/SL |
| Jan. 29-31 | Santa Caterina (ITA), GBR | 2SG/AC+SL/GS |
| Feb. 5-7 | Big Sky, USA | 2SG/2GS/SL |
| Feb. 11-14 | Stoneham, CAN | 2GS/2SL/GS |
| Feb. 19-21 | Zagreb-Sjleme, CRO | SG+AC/GS/SL |
| Feb. 26-28 | Passo S. Pellegrino, ITA | SG/GS/SL |
| Mar. 1-6 | Cortina d'Ampezzo, ITA (World Crit.) | SL/GS/SG/GS |
| Mar. 13-14 | Pec Pod Snezkou, CZE | SL/GS |
| Mar. 19-21 | Megeve, FRA | SG+AC/SL/GS |
| Mar. 27-28 | Strbske Pleso, SVK | SL/GS |
| Apr. 9-10 | St. Moritz, SUI (Finals) | SG/SL |

Schedule subject to change. For latest schedule information visit the FIS Masters calendar page at fis-ski.com/DB/masters/calendar-results.html.

Contact U.S. Alpine Masters Manager Lauren Beckos (435.647.2067 | lauren.beckos@usskiandsnowboard.org) for information and entry to FIS Masters competitions outside of the USA. For specific event information contact FIS Masters Committee representative Bob Davis before making travel plans.

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CANADIAN MASTERS' CHAMPIONSHIPS & FIS MASTERS

Stoneham Mountain Resort, QC CAN | Feb. 9-14, 2021

Schedule

| | | | |
|---------|------------------|---------|------------------|
| Feb. 9 | SG training | Feb. 12 | GS ¹² |
| Feb. 10 | 2SG ¹ | Feb. 13 | SL ² |
| Feb. 11 | SL ¹² | Feb. 14 | GS ² |

¹ Denotes races that form the Canadian Masters Alpine Championships (CMAC).

² Denotes FIS Masters Cup (FMC) races

Stoneham is situated approximately 40 km north of the historic & picturesque town of Quebec City. The nearest major city is Quebec City (YQB), a 40 minute drive away, or Montreal (YUL), a 3 hour drive away.

Racers who only wish to compete in any of CMAC races are open to skiers aged 18 (as of Dec. 31, 2020) and over, for which the U.S. Ski & Snowboard Masters membership is recognized and valid to participate in this event. Racers who wish to compete in the FMC races as a FIS Masters racer are open to skiers aged 30 (as of Dec. 31, 2020) and over, for which a FIS Masters Card is required. Please note that the SG races (non FMC) are also open to FIS Masters carded races.

For more information on the resort go to ski-stoneham.com.

More details will be at alpinecanadamasters.racing.

SUMMER FUN NATIONALS

Mt. Hood OR | July 16-18, 2021 | SummerFunNationals.com

Each summer Masters racers and their families have found the ultimate advantage for keeping their ski legs in shape for racing by coming to Mt. Hood in July. Combining training, racing and family fun is the ultimate dream. Halfway between last season and next, the Summer Fun Nationals is the event to keep on your summer calendar. With daily and week-long training camps plus the opportunity to check out next season's race equipment at the tech/demo centers in Government Camp, this is masters ski racing at its best! Make it a family affair and race with your family. The Eigenvector Fastest Family Trophy awaits participation of all families. All must have current U.S. Ski & Snowboard memberships. Classes for all ages, young and old.

The weekend kicks off with a welcome party and racer check-in in Government Camp, the village where all the summer action is centered. Saturday starts early on Palmer Glacier with a GS race followed by an elaborate BBQ/awards party with lots of food, beer, awards, and prizes. On Sunday there is the traditional SL race followed at the Timberline pool for the awards party and swim. Other awards include the Fastest Man and Fastest Woman in slalom, the Atomic Skier-of-the-Year Award for Sportsmanship, and the Skoch Memorial Cup for the 2-day combined class winners.

Check SummerFunNationals.com for the latest information on schedules, lodging, camps, entry forms, updates and more.

Get your race entry in early. No day of race entry. DNS refund requests must be in writing.

Schedule

| | | |
|----------|-------------|---|
| Friday | 3-5:30 p.m. | Booster Strap welcome party and racer check-in in Government Camp |
| Saturday | 6-6:45 a.m. | Late check-in outside Ski Patrol door in van |
| | 6:30 a.m. | Ticket window opens |
| | 7 a.m. | Lifts open - 2 one-mile chair rides |
| | 8:30 a.m. | 1st run GS - Palmer lanes 1 and 2 |
| | 4:30 p.m. | BBQ/Awards Party - Timberline Day Lodge |
| Sunday | 7 a.m. | Lifts open - 2 one-mile chair rides |
| | 8:30 a.m. | 1st Run SL - Palmer lanes 1 and 2 |
| | 1:30 p.m. | Awards - Timberline Pool |

Airport

Portland, OR (PDX). Distance to Mt. Hood: 60 miles. Rental car suggested.

Entry Fees

Whole weekend - \$145 (includes BBQ), Saturday only - \$105 (includes BBQ),

Sunday only - \$75

Entries

Online at skiracereg.com/sfn

Further Information

SummerFunNationals.com or contact Meri Stratton at SummerFunNationals@gmail.com, tel. 541.490.5888.

Thank You

to the following licensees and suppliers
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Chapter 6
Divisional Programs



DIVISIONAL MAP

The U.S. is broken up into eight divisions, with Eastern division being further divided into four series for alpine masters racing. This chapter outlines the competition program in each division. Contact information can be found in each section of this chapter and in chapter 1 under Masters Contacts.

Most racers compete throughout the winter within their geographic area. Racers are also encouraged and welcome to attend races in other divisions and many take advantage of this opportunity. All U.S. Ski & Snowboard masters races are "open" races, including the Regionals and Nationals, requiring only an eligible U.S. Ski & Snowboard membership, membership in one of the divisions and payment of the entry fee to compete. There are on average 200 races at 60 resorts across the U.S. during the winter.



ALASKA MASTERS

The Alyeska Ski Club, at Alyeska Resort, offers the only masters training and racing program in Alaska. The program is open to all skiers 18 years and older and have at least beginner/intermediate skiing skills. Members in this program range from Masters National Champions to first time racers.

Most of our sanctioned masters races are held in conjunction with our junior events at Alyeska Resort. Masters racers interested in racing in these races must have an Alpine Competitors Membership in addition to their Alpine Masters membership.

Race Entry

Registration and check-in are on the day of the race from 10 a.m. to 11 a.m. We encourage racers to call the hotline at 907.783.2160, contact the race organizer, or contact the Alaska Masters representative prior to each race to check for any schedule changes or cancellations, which may occur due to weather or hill conditions. Download race entry forms at alyeskaskiclub.com and submit with the entry fee. Late entries may be accepted, check with the organizer.

Adult League Races

In addition to our sanctioned Masters races there are eight non-pointed Adult League races scheduled for this season, four GS and four SL. The series is sponsored by Denali Brewing and Pabst Blue Ribbon Beer. Come join us for these low-key races, great awards and prizes from our sponsors. We invite all masters and others interested in giving gates a try, to drop in and ski with us. This race series is typically calendared sometime before Dec. 1. Check alyeskaskiclub.com/programs/masters for the current schedule.

Training Opportunities

Alyeska Ski Club conducts a relatively large Masters training program with typically 28 weekend training days during the season. The Alyeska Ski Club Junior Program also conducts special training camps just for masters during the midweek. There is also a masters training camp in Breckenridge, Colorado during the first week in December. Registration and information can be found at Zone4.ca for the Breckenridge camp. The training season usually begins the second weekend of December and continues through March.

Division Contact and Further information

For an updated training and race schedules or to get more information on Alaska Masters check alyeskaskiclub.com/programs/masters or contact the Alyeska Ski Club at 907.783.2160.

Other questions can be directed to Alyeska Masters Program Administrator Caroline Ahrens at 907.351.8987.

Note for the 2020-2021 season: At time of publication, training, camp and race opportunities for this season remain unclear due to uncertainties in resort operations in the state of Alaska. Please use contacts listed above for further updates.

CENTRAL MASTERS

In the Central Division, Midwest Masters represents U.S. Ski & Snowboard as the only Masters alpine club and hosts all Masters alpine racing in the Midwest. The Central Division consists of Minnesota, Wisconsin, Michigan, North Dakota, South Dakota, Iowa, Illinois, Indiana, Ohio and Missouri. We are an open, volunteer, not-for-profit organization and welcome all who wish to participate. Events are hosted at a variety of ski areas throughout the Midwest. Racers range in age from 18 to over 80 years old. Races follow U.S. Ski & Snowboard rules, with some adjustments per Midwest Masters. We allow children of racing parents to participate as forerunners as well. Based upon the race, competitors compete based on age class and/or ability class. This allows racers to compete directly with those in their age group as well as those at their ability level. Race highlights for the upcoming season are the Central Division Championship events at Granite Peak and Spirit Mountain.

Training Opportunities

Every season, Midwest Masters schedules several training opportunities. See tinyurl.com/traincentral for a full list. Training highlights for this upcoming season are our Fall Copper Camp in November, our Buck Hill training nights in December, the year long Buck Hill Slalom Training with the Buck Hill Ski Team and our one-day Afton Race Camp that is part of the Border Battle event.

Division Contact and Further information

For detailed information on Midwest Masters including schedule, registration fees, contact information and sponsorship details, visit midwestmasters.org or email us at director@midwestmasters.org.



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EASTERN MASTERS

The Eastern Division is governed by the Eastern Masters Committee and is divided into four masters series: New England, New York, Southern (SARA) and MidAtlantic.

NEW ENGLAND MASTERS

New England Masters Skiing, Inc. is a nonprofit corporation, which administers the Sise Cup Series. This series offers a season-long schedule of races comprised of slalom, giant slalom and super G with all courses conforming to U.S. Ski & Snowboard specifications. Award parties follow each race, where prizes are given to the top finishers in each age group. Season-long standings are kept, and awards presented at the final awards banquet. The series includes a broad spectrum of ability levels, with an emphasis on fun for all.

Membership Requirements

A U. S. Ski & Snowboard Masters membership is required along with a New England Masters membership for \$35 except for those racers visiting from other divisions or Canada.

Race Entry

Racers should register for races using skiracereg.com. Detailed information is available at nemasters.org. New England Masters members will receive a \$10 discount for online entries received by noon the day before the first race of a series.

Refunds will be provided for no-shows (DNS) whose names appear on the start list but will be assessed a \$5 handling fee. Cancellations can be made on skiracereg.com until noon the day before the race.

Running Order

First and second run running order will alternate between the oldest women's and men's classes through class 10, followed by all the remaining women's classes and then the remaining men's classes, oldest to youngest.

First run seeding within classes will be by random draw of the top eight racers, followed by the remainder of the class in random order. Late entrants will run last in their respective classes. Second run seeding within classes will be in reverse order of finish from the first run. DNFs and DSQs will run last in class.

Training Opportunities

There are many opportunities for training available throughout New England from camps to weekly training days. Check nemasters.org/race-preparation complete information.

Division Contacts and Further Information

For more detailed information, go to nemasters.org

Division Chair: Matt Mitsis | matthew.mitsis@gmail.com

New England Masters President: Nadine Price | nprice@ntp-associates.com

Race Administrator: Lucy Blake | nemastersra@gmail.com

MID-ATLANTIC MASTERS

Mid-Atlantic Masters Skiing, Inc., is a nonprofit corporation that administers the Foy Cup Series. This series offers a season-long schedule of races and awards to the overall and class winners for men and women, juniors and teams. Mid-Atlantic Masters' roots originated from the ASRA ski race organization, which was formed by John (A.J.) Foy in 1980. We encourage family participation and provide seasonal awards in the categories of Ironman, Family, Team, Seasonal Age Class and the Foy Cup overall champion. Above all, our primary goal is to have fun and enjoy challenging ski racing at the same time.

Mid-Atlantic (MA) Masters hosts GS, SL and SG races from January through March in New York, Vermont, New Jersey and Pennsylvania. Points are awarded by finish position in each age category and season champions are recognized at the MA Masters Championships in March. Teams are also scored at each race and for the overall team championship.

Typically, we have three weekends identified as joint races with New York Masters and New England Masters. The race hosted by Mid-Atlantic, will be held at West Mountain in mid-February. Be sure to check our schedules for the final dates for these races.

To join our email list, include your email address when becoming a member, or visit us at mamasters.org and opt-in for email communications. Like us on Facebook at facebook.com/MAMastersSki. Be sure to check out our website for more details on participation.

Membership Requirements

Competitors must be Mid-Atlantic members or secondary members to qualify for the seasonal Foy Cup, class (age group), team and family prizes. Mid-Atlantic Masters membership cost is \$26 per season and is available through skiracereg.com. In addition, competitors must have a seasonal or weekend U.S. Ski & Snowboard membership.

Race Entry Procedures, Fees and Deadlines

Online registration for all races may be completed at skiracereg.com/mamasters.

The cut-off for race entry and cancellation has traditionally been noon the day before the first race of the event. Be sure to check the deadlines listed on the website which will likely vary to allow for COVID safety planning. There is a DNS fee (no shows). This amount will also vary by race this year, so be sure to plan accordingly.

Race Bibs

Bibs are available for purchase through Mid-Atlantic Masters at skiracereg.com. A purchased bib will serve as your permanent bib and racer identifier for all regular Mid-Atlantic Races. Temporary bibs will be provided for those that do not own a bib. Given the desire to create contact-less registration, it is highly recommended that you purchase a permanent bib that will be yours to use for all 2021 and future Mid-Atlantic races.

Seeding (Start Order)

The first run start list is ordered using Masters class designation. Racers within each class are ordered by earliest to latest sign-up. Second run start list is the same as the first. If juniors are included in the race, juniors U14 or younger will run prior to all other classes. The jury may change the start order at its discretion.

Training Opportunities

Multiple weekly training opportunities are available as well as week-long ski camps. See our website for more details.

Further Information

Information on training opportunities and the latest schedules can be found at mamasters.org.

Mid-Atlantic Masters Board of Directors

Ryan Whitson | ryan.l.whitson@gmail.com | 856.466.4280

Melissa Schreyer | melissa.lash@gmail.com

Bill Pammer | bpammerjr@hvc.rr.com

Secretary & U.S. Ski & Snowboard Liaison: Carol Tomassetti | carolcartom@gmail.com | 845.594.9045

Treasurer: Dale Ziegenfelder | dalezieg1@gmail.com

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NEW YORK STATE MASTERS

The schedule for New York Masters is available at nymasters.net.

The New York series offers an incredible value for its participants. In addition to having access to some of the best race hills and race crews in Upstate New York, we also continue to have a two race format that usually allows for four race runs per day. Even with four race runs, there is still ample time for free skiing and après race activities. Most race fees include lift ticket, adult beverages and après ski food in addition to the race itself.

The schedule includes SL, GS and SG and is subject to change as the season progresses. Check our website nymasters.net or on Facebook at NY Masters for updated schedule information.

We are actively planning two weekends of joint races with Mid-Atlantic Masters this winter to follow up on our successful joint races in Syracuse and West Mountain. Eastern Regionals will be counted towards New York's coveted Skiff Cups (Marshal Skiff for the men and Joan Skiff for the women). Last season saw Tom Scheeler (Elma, NY) and Alexandra Mitchell (Ithaca, NY) repeat as Skiff Cup winners.

Come on out and join us in our 45th year of New York State Masters Ski Racing. See you on the slopes.

Race Entry

This year we will exclusively use our website for pre-registration and encourage all participants to use the online payment options through PayPal and Venmo. Same day registration will continue to be available.

Division Contacts

Jim Thoman | jcthoman@gmail.com

Mark Sertl | msertl@rochester.rr.com

Tom Scheeler | skiracr624@gmail.com

Alex Mitchell | aandrewsmitchell@gmail.com

SOUTHERN (SARA) MASTERS

Open to U.S. Ski & Snowboard members who hold a valid masters membership. Masters racing provides the next step up for NASTAR racers and recreational racers who would like to be in a higher level of ski racing.

Masters from other regions who hold valid masters membership are welcome to participate in any SARA races. The races are held in Virginia, West Virginia and North Carolina.

Race Contacts and Entry

Bryce Resort, Horst Locher, Bryce Resort, PO Box 3, Basye VA 22810
skischool@bryceresort.com | 540.856.2121 x229

Canaan Valley Resort, Mark Russell, Canaan Valley Ski Team, 106 William St., Staunton, VA 24401
russellmarke@gmail.com | 571.420.0346

Massanutten Resort, Sandy Crenshaw, 4000 Old Navy Way, Bridgewater, VA 22812
srenshaw@massresort.com | 540.271.1291

Snowshoe Resort, Alisa Colpitts alisaski@gmail.com | 540.953.3893 | 304.572.8611 (weekends)

Sugar Mtn, Gunther Jochl, Sugar Mountain, PO Box 369, Banner Elk, NC 28604
gjochl@skisugar.com | 828.898.4521 ext. 224

Wintergreen Resort, Chris Shepard, Wintergreen Ski Team, PO Box 706, Wintergreen, VA 22958
cshepard@wintergreenresort.com | 434.325.8282

Division Contact and Further Information

Horst Locher, skischool@bryceresort.com | 540.856.2121 x229

Visit sararacing.org/organization/genera-master-racing-information for the latest schedule and information.

FAR WEST MASTERS

Far West Masters Ski Racing events are open to competitors 18 and older. The race schedule includes high quality competitions held throughout the Sierras from early December through April. New racers and masters from other divisions are welcome! Be sure to check farwestmasters.org for detailed information and updates throughout the season.

Membership Requirements

A Masters membership or short-term membership is required to compete in any Far West Masters race. Competitors who race more than one weekend per season must join Far West Masters. For season 2020-21, given the uncertainties around the season as a result of the pandemic, we are offering free divisional membership to renewing and new members. Far West Masters membership benefits include a permanent stretch bib, tracking of points for the season awards, newsletters and eligibility to compete as part of the Far West team at the Masters National Championships. Contact membership VP Mary Feddis at membership@farwestmasters.org or President Ray Tulloch at president@farwestmasters.org, or better yet, go to farwestmasters.org for Far West Masters and U.S. Ski & Snowboard membership information.

Age Categories

Far West Masters racers are divided into five-year age classes, as described in this Masters Competition Guide. There also is an optional "Open Class" available with advance registration for both men and women that is ranked independently from age classes for awards and which is used for season leader bibs standings. Racers who register in advance to enter the Open Class will still start in their normal age class but only score points in the Open Class

Race Entry Fees, Procedures and Deadlines

1. Registration is available at skiracereg.com/fw. Racers need to update their account for the current season, and new racers need to create an account; then enter races as desired. Entry deadlines will be clearly posted on both the farwestmasters.org Season Schedule page and on the skiracereg.com registration system for every event. Entries may be withdrawn without fees charged at any time prior to the published entry deadline. The entry fee increases by \$5 for entries received after midnight on the Sunday preceding the race date.
2. Racers not able to enter online need to check farwestmasters.org for entry details. Each race will be listed on the Season Schedule page with the address, entry fee amounts and due dates for submitting entries. Racers can print a copy of the event entry form for the races they wish to enter and mail to the organizer with entry fees.
3. Day-of-race signups generally will NOT be accepted; you must be on the start list prepared the day prior to the race to be able to compete. If you are allowed by the race organizer to submit a late entry after the entry deadline has been reached, be aware that late fees may be charged.
4. No entry fees will be charged IF race entries are cancelled prior to the published event entry deadline. Competitors are responsible for withdrawing from the event if they will be unable to compete in a race. Withdrawal after the close of registration at the entry deadline MUST be done by contacting the race organizer; entry fee refunds for late withdrawal are at the discretion of the host area.
5. Schedule changes, updates and cancellations will be posted at skiracereg.com/fw and at farwestmasters.org. Check websites prior to the event for any updated information.

Schedule updates are also sent out on the Far West Masters news mailing list and to competitors registered for the event on skiracereg.com as appropriate.

Training Opportunities

Many of the ski areas in California and Nevada offer training opportunities for adults. Masters training opportunities in Far West include programs at Mammoth, Squaw Valley, Mt. Rose and Diamond Peak. Further details can be found at farwestmasters.org/info/training and at

- squawalpine.com/skiing-riding/masters-program
- skirose.com/ski-teams/
- mammothmountain.com/winter/ski-ride/camps-teams/race-department/masters-team
- dpsef.org/page/show/2613098-masters

Clinics and training camps may also be organized, such as the annual Masters Training Camp week at Mammoth prior to our first races in early December.

Division Contacts and Further Information

President, Ray Tulloch, president@farwestmasters.org

Membership, Mary Feddis, membership@farwestmasters.org

Race Registration Support, Deb Lewis, dlewis@farwestmasters.org

See the Contacts page at farwestmasters.org/contacts for a complete listing board members and organization contacts.

Visit farwestmasters.org for the latest schedule and information.

INTERMOUNTAIN MASTERS

Race Entry, Fees and Deadlines

1. Register for all Intermountain races using your account at skiracereg.com/intermountain.
2. After Nov. 15th, racers need to update their account with current credit card and email information. New racers need to create an account prior to registration. Out of division racers change the Race Series selected at top of home page to "Intermountain/Northern". Entry deadlines will be noted at online registration.
3. If you must pay day of race, bring a check (or cash) made out for correct amount payable to Intermountain Masters.
4. Entry fees are \$35 for GS and SL races and \$70 for 2SG and 2DH races that are on the same day.
5. Cutoff for entry is 5 p.m. the night before first race of the event. Start lists will be generated the night before the race, then posted at racer check in at 7:15 a.m. Racers should check start lists for errors and notify check-in person prior to 8:15 a.m. No day of race entry.
6. Online cancellations will not have credit cards charged. However, if entry is closed, racers must either email or call with cancellations. Without notification, you will be charged a \$10.00 DNS fee.
7. Schedule changes, updates and cancellations will be posted at skiracereg.com; check frequently for updates.
8. Entry Problems intermountainmasters@gmail.com | 541.490.5888.

Race Bibs

1. Intermountain issues permanent bibs also used as a permanent racer identifier for all regular Intermountain/Northern races. It is the responsibility of each racer to keep their bib in good condition, bring to each race and wear the bib for racing purposes as per U.S. Ski & Snowboard rules. Forgot bib? Please advise starter of permanent number to correspond with computer.

- Intermountain bib numbers will be used for entry/racing with or without presence of the actual bib.
- Out of Division guests, please bring your division bib and email your bib number to the above contact.
- The overall top five women and top ten men are awarded special colored bibs to wear.

Super Seed

This elite seed will be comprised of the top ten male finishers overall from the first run times and if those competitors choose to participate in Super Seed, they will be run in reverse finish order (10th place to 1st) after class 8 men. Those who choose to compete in the Super Seed will not be awarded class awards, but Super Seed awards and 25 points will be awarded to all Super Seed finishers.

Series Scoring

The Intermountain Masters series is scored using old World Cup points. A competitor's season standing will be based on his/her best results in up to one-half of the total races held during the season, rounded up. Prizes are awarded to overall and age class winners. Daily awards will be given to the top three men and women in each age class.

Top Men and Women Race Bibs

Red bibs (numbered 1 through 5) for women and yellow bibs (numbered 1 through 10) for men are awarded to the overall top five women and top ten men of the prior season to wear the next season. Bibs must be returned at the season end and will be reassigned to the next year's season overall winners. The bib numbers for this season are as follows:

| Men - Yellow | | Women - Red |
|------------------|-----------------|---------------------|
| 1 Thunder Jalili | 6 Duncan Burns | 1 Dana Alexandrescu |
| 2 Rick Slabinski | 7 Craig Norton | 2 Sophie Elliot |
| 3 Jesse Foster | 8 Mike Adams | 3 Heather Black |
| 4 Chris Maxwell | 9 Kevin Brower | 4 Nancy Auseklis |
| 5 Mark Brower | 10 Mitch Brower | 5 Malissa Austin |

Training Opportunities

Park City, UT The Park City Masters invites members to join them for daily or weekly training, Mon.-Fri. starting mid-November through the end of March. For more information contact the Park City Ski School at 435.647.5423 or Don Sears at 435.640.1139.

Sun Valley, ID The Sun Valley Ski School Master's Race clinic weekdays at 9 a.m. for three hours per day including free skiing coaching/analysis, gate training and video. SG training is Thursdays 8-9 a.m. on a full-length SG course. Coaching is from Sun Valley Ski and Snowboard School. For information call 208.622.2248. For lodging call Sun Valley Resort at 800.786.8259.

Other Training Options Special training options are available prior to some races at other ski areas. Contact Meri Stratton 541.490.5888.

Intermountain Masters Inc. Governance

Intermountain Masters Inc. is a 501(c)4 Corporation, a nonprofit organization without tax deductible donation options, however tax deduction options are available. Call for details. We operate in accordance with the rules of the FIS, the U.S. Ski & Snowboard and the Intermountain Masters Bylaws.

Division Contacts and Further Information

Stew Marsh, Board of Directors Chairman | somarsh@msn.com | 385.315.4817

Meri Stratton, Board of Directors Secretary/Treasurer and Race Coordinator | intermountainmasters@gmail.com | 541.490.5888.

Gordy Loritz, Board of Directors | 435.901.9912

Advisory Committee

Dana Alexandrescu – Web Content

Jesse Foster – Sun Valley, ID

Thunder Jalili – Summit Masters

Rick Slabinski – Park City, UT

Jim Coleman – Jackson, WY

Craig Hopper – Boise Masters

Knut Olberg – Sun Valley Masters

Email is the preferred form of communication. Results and schedules, including changes and cancellations, will be posted on skiracereg.com and as time allows on intermountainmasters.org.

NORTHERN MASTERS

Northern Division's masters alpine racing formally consists of skiers from Montana, Western South Dakota and Northern Wyoming. Northern Division hosts a masters races in Montana (sometimes concurrently with a U16-U21 event) and regularly partners with Intermountain Division and PNSA Division for additional races. Northern welcomes racers from all divisions to participate in its races, training, and other events.

Race Entry

Pre-registration is encouraged for all races via skiracereg.com. Entry into joint division races should follow the rules of the host division available at intermountainmasters.org (Intermountain) and pnsamasters.com (PNSA).

All masters racers are welcome at Northern events without additional charge beyond the entry fee. A Northern masters liability waiver and/or host mountain liability waiver may be required prior to race start.

Racers should bring their "life" Intermountain or PNSA bib to Northern events (if available), though the host club may opt to issue bibs of its own on race day. If a participant does not have a "life" bib, he or she will receive a bib for the event at race day check-in, which should be returned daily unless otherwise instructed.

Scoring

Race scoring for the Northern masters races may be in 10-year classes if participation numbers are low and is up to the discretion of the host club. At joint-division, regional and national events the standard 5-year age groups apply (12 years for Class 1).

If a Northern masters race is held concurrently with a Junior or open race, the masters division is scored as a separate race. The masters' seeds typically start first, following masters recommended oldest-to-youngest seeding, except for racers under age 21 who start with the U21 age group. The Jury may change the start order at their discretion.

Training Opportunities

Regular gate training with coaching is available at Red Lodge Mountain (silverrunski.com) and Big Sky (bssef.com). Training may also be available at other Northern Division ski areas with junior race programs. Contact individual programs for details.

Division Contact and Further Information

For the Northern Division, schedule updates, race results, scoring and division news are primarily communicated by email. If you would like to be included on Northern Division Masters's email list or if you have questions about the Northern Division masters program, send your contact information to Jack Ballard, jackballard62@msn.com | 406.696.9841. Training information and basic Northern Division information can be found at bit.ly/northernmasters.

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call 800-741-3985 www.race-werks.com

PACIFIC NORTHWEST MASTERS

PNSA hosts races from December through April in Oregon, Washington and Idaho. Points are awarded by finish position in each age category and season champions are crowned at the PNSA season finals. Double PNSA World Cup points will be awarded at Finals! Leader bibs (for PNSA season pts holders) will be awarded to the top male and female points holders to be raced in the next season.

We welcome all levels of skiers, from skiers looking to challenge themselves on a longer course than NASTAR or City League, a returning junior racer who misses the sport, a racer parent who wants to experience racing for themselves, or the most avid ski racer who attends every event they can. Our goal is to have fun, ski with and meet new friends, fine tune our skiing skills and support Masters and Junior racing. We encourage racers to bring a friend to a race and spread the word about Masters Racing! To join our email list, register at skiracereg.com under PNSA division. Like us and visit us often on Facebook by searching for PNSA-Masters-Ski-Racing.

Race Entry

1. Register at skiracereg.com for all events. See the entire schedule and register under the PNSA Division drop down. Late sign-up fee of \$10 per race, 6 days or less prior to race. Late cancellation fees same as late sign-up fees, 6 days or less prior to race. DNS fees will be assessed for pre-registered racers who do not cancel by the race sign-up deadline (day before the race). DNS fees are the same as race fees. No day of race sign-ups.
2. Entry fees for regular season events range from \$30 to \$50, depending on the organizer's costs for safety equipment and hill space.
3. Mt. Bachelor PNSA Finals Entries have their own fee schedule. NO day of race entries. Entries at and information at skiracereg.com. For more information, go to mbsef.org, check under Alpine, then Race Info for race announcement. Inquiries raceinfo@mbsef.org

Training Opportunities

Crystal Mt: Mike Dahlem, masters@cmacskiracing.com | 253.255.6309

Schweitzer Mt: Jamie Landwehr, jamie@sars.net, Wed./Thu. and Sat./Sun. training available. Check sars.net then masters.

Summit at Snoqualmie/Alpental: Summit Race Department/Alpental, Technical skills coaching/tactical skills gate training Tue., Wed., Thu. Masters Head Coach John Forsen and staff. Drop in training available Tue. afternoons. Contact Race Department Head Coach Dean Tonkin dtonkin@summit90.com. Registration contact lblackburn@summiy90.com or Centerline Ski Academy, Wed., Thu., Sat., Sun. Steve Forsythe Head Coach (Level 300). Contact Peter Christian (Level 100) pchristian@wac.net | 425.681.6343.

Mt Bachelor: MBSEF Masters/Adult Training Program: Dec. – April, Tue. – Fri., Sun., holidays Mon., (Sat. starting mid-March), 9 a.m. noon. Full season, 20-day, 10-day and drop-in programs available. Contact MBSEF at mbsef@mbsef.org | 541.388.0002, Coach Greg Timm gtimm@gtisports.com | 541.390.6635.

Stevens Pass: The SPAC Masters Racing program starts early January. See spacracings.com for the most current information.

49 N: Masters Program features a 4 day punch card for Saturdays with two hours of training in the morning and two hours in the afternoon. Contact Dan Holman at dan99217@gmail.com | 509.999.7723.

Lyon Ski School: Masters Training Program is designed for Master racers and other adults interested in the challenge of ski racing. Includes directed free skiing, drill and gate training. Coaching by Dave Lyon with additional coaching and support by guest coaches. January and February Thu. 6:30-8:30 p.m. See lyonskischool.com for information

Race Camps

GTI Sports (Greg Timm): Copper Mtn, CO: Oct. 24-31. Location TBD: Nov. 29 - Dec. 5. Mt. Bachelor, OR: Dec. 13-18. Rossignol Camp 1 Mammoth, CA: Apr. 23 - May 1. Rossignol Camp 2 Mammoth, CA: May 1-8. Mt. Bachelor, OR: May 12-30. Mt. Hood, OR: June 12-18 and Aug. 10-15.

Rossignol Camp (Greg Timm): Apr. 25-May 2 Mammoth Mtn. CA

Schweitzer Alpine Racing School (Jim Doudna): July Timberline, OR

Tichey Racing (Richie Tichey/Greg Dilger): June/July/August, Timberline, OR

Willy Camps (Scroggins Family): June/July/August, Timberline, OR

PNSA Masters Governance

PNSA Masters is now a 501C3 organization. Tax deductible contributions may be made by contacting the PNSA Masters Chair. At the 2018 PNSA convention, we continued the tradition of awarding a training scholarship to a male and female junior athlete. Athletes are selected by the PNSA Alpine Competition Subcommittee. Awards are made via PNSEF. 2019 PNSA Masters athlete award recipients are Teegan Lowe (MBSEF) and Zac Simmons (MHA).

Division Contacts and Further Information

Our website is pnsamasters.com. We are also on Facebook and at pnsa.org under the Masters tab. Register for races at skiracereg.com.

PNSA Masters Chair Rob Cravens | robcravens99@gmail.com | 541.419.3893

Email Communication: robcravens99@gmail.com

Short-term Membership/skiracereg: Nancy Riley-Jones | nancyriley2003@msn.com | 425.772.9377

Bib Distribution: Mike Kvietkus | michael_kvietkus@yahoo.com | 206.605.1535

New Racer Coordinator/PNSA Logo W\Gear and PNSA Masters COVID-19

Coordinator: Peter Christian | pchristian@wac.net | 206.464.3054

Website/Race Schedule Coordinator/skiracereg: Luke Keenan | lukemkeen@gmail.com | 206.919.5853

Facebook Coordinator: Karen Kilian | ciaokk@msn.com | 206.972.8747

Member at Large: Jim Doudna | doudna8@gmail.com | 208.597.1725

ROCKY MOUNTAIN MASTERS

The Rocky Mountain Masters Ski Series is a nonprofit volunteer organization. Our members cover a wide range of ages and abilities. We compete in all ski-racing disciplines, DH, SG, GS, SL and Parallel SL. We offer a long race season with more speed events than any other division.

Race Entry

1. A Rocky Mountain Masters membership is required except for masters visiting from other divisions.
2. For registration and detailed event information, go to rmmskiracing.org and click the Schedule & Results tab or visit skiracereg.com/rmm.
3. Registration status can be changed online up until the close of online registration, typically noon the day before each event weekend (recommended). If online registration is not possible, contact the office via call/text/email. Race day registration may not be available at all venues this season.
4. Check our website for any changes to schedule, discipline, or venue.

Running Order

1. 1st run start list is ordered using Masters Class designation. Racers within each class are ordered by earliest to latest signup.
2. 2nd run start list is the same as the first except for the elite point classes for the fastest 5 women and fastest 10 men based on first run times. The fastest 5 women run in flip format after class W01 and the fastest 10 men run in flip format after class M01.

Training Opportunities

There are several Masters training programs in Colorado. Most offer options for full season training passes, multi-punch training passes and daily rates to accommodate newcomers and out-of-state racers. Most offer mid-week and weekend training that can start as early as October and extend through April. Links to the Rocky Division training programs can be found at rmmskiracing.org/training.

Division Contacts and Further Information

Division Chair: Graham Smith | skiracer721@gmail.com | 719.510.0747

Office Contact: office@rmmskiracing.org

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Contact naga@dominatorwax.com
for more information



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CONCUSSION CHECKLIST

Signs and Symptoms

Athletes who show or report one or more of the signs and symptoms listed below, or simply say they just “don’t feel right” after a bump, blow, or jolt to the head or body, may have a concussion or more serious brain injury.

Signs Observed by Coaches / Officials

Can’t recall events *prior to or after* a hit or fall

Appears dazed or stunned

Forgets an instruction

Moves clumsily

Answers questions slowly

Loses consciousness (even briefly)

Shows mood, behavior, or personality changes

Symptoms Reported by Athlete

Headache or “pressure” in head

Nausea or vomiting

Balance problems or dizziness

Double or blurry vision

Bothered by light or noise

Feeling sluggish, hazy, foggy or groggy

Confusion, or concentration or memory problems

Just not “feeling right” or feeling down

Action Plan

If you suspect that an athlete has a concussion

1. Remove the athlete from training and competition,
2. Provide athlete/family with U.S. Ski & Snowboard’s concussion information and medical evaluation forms,
3. Notify jeff.weinman@usskiandsnowboard.org of suspected concussion,
4. The athlete will be placed on U.S. Ski & Snowboard medical hold until the completed medical evaluation form is received with the signature of a medical professional who has been trained in concussion management within the past three years.

More Information

cdc.gov/HeadsUp

COVID-19 EVENT INFORMATION

Stay up to date with the latest COVID-19 event policies and procedures at usskiandsnowboard.org/covid-19.



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