**2019-20 Season Cross Country Membership Options for Foreign Athletes without a FIS License**

**Participating in U.S. Ski & Snowboard sanctioned, Non-FIS Events**

**Option #1.** **Cross Country U16 & over which includes mandatory SafeSport training and background screening for those turning 18 or older during the season.**

* Go to my.ussa.org and click create an account unless you already have an account
* If this is you first time registering for a membership with U.S. Ski and Snowboard, login to the account and click register a new member on the left in the My Account box. You will need your primary insurance company name and a policy or ID number
* When asked for your state affiliation, please note the U.S. state in which you'll be competing
* Choose the cross country U16 & over competitor membership and click add to cart
* Complete the process until you've submitted payment
* If you're turning 18 before the end of the year, you'll see a link to register for your background screening. You'll need to upload a driver’s license of passport photo during the process. If you happen to miss this link, you'll be sent an email with instructions on registering for background screening within 1 business day.
* You'll also be sent instructions on how to complete the mandatory SafeSport training
* Your membership will be on pending status until your background screening and SafeSport training requirements have been met successfully

**Option #2 Cross Country Short-term membership for those 17 & under is $15/event. Two short-term purchases are permitted per season.**

* The first short-term membership may be purchased online at <my.ussa.org> by creating an account, then logging into the account to purchase the membership. The process is just like any other membership registration excluding the SafeSport training and background screening requirements
* Go to my.ussa.org and click create an account unless you already have an account
* If this is you first time registering for a membership with U.S. Ski and Snowboard, login to the account and click register a new member on the left in the My Account box. You will need your primary insurance company name and a policy or ID number
* When asked for your state affiliation, please note the U.S. state in which you'll be competing
* Choose the cross country Cross Country Short-Term membership, enter your dates of competition including any official training day(s) and click add to cart
* Complete the process until you've submitted payment
* The second short-term membership in the same season would require the athlete/parent to contact Member Service at [membership@ussa.org](mailto:membership@ussa.org) or 435.647.2666

**Option #3 Foreign Cross Country Short-term membership for turning 18 or older in the season is $30/season.**

* Foreign athletes coming into the U.S. to participate in U.S. Ski & Snowboard, non-FIS events may contact Member Services for access to purchase this membership
* Member Service at [membership@ussa.org](mailto:membership@ussa.org) or 435.647.2666