

## U.S. SKI & SNOWBOARD CROSS COUNTRY SPORT COMMITTEE MEETING MINUTES

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Double Tree Hotel | 1800 Park Avenue | Park City, UT 84060 | 435-649-7000

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### Meeting Schedule

<i>Date</i>	<i>Room</i>	<i>Schedule</i>
Tuesday, May 14	<b>No Divisional Meeting Tuesday, May 14</b>	
Wednesday, May 15	Kearns/Hearst	<b>8:30a – 12:00p</b> U.S. Ski & Snowboard & Sport Committee <i>Introductions/Updates/Education</i>
		<b>1:30p – 4:30p</b> Coaches Subcommittee Meeting
Wednesday, May 15	Kearns/Hearst	<b>6:00p – 8:00p</b> Officials Subcommittee Meeting
Wednesday, May 15	COE	<b>7:30p - 9:00p</b> World Cup Selection Working Group
Thursday, May 16	Kearns/Hearst	<b>8:15a – 10a</b> Coaches & Officials Subcommittee Updates <b>10a – 4p</b> Coaches Subcommittee Meeting <b>4p – 5p</b> Subcommittees Review of Meetings & Decisions
Friday, May 17	Kearns/Hearst	<b>9:00a – 12p</b> Cross Country Sport Committee Meeting

### ***WEDNESDAY, MAY 15: AGENDA [8:30am to 12:00pm]***

- Welcome and Introductions
  - Cami Thompson Graves (Chair of Cross Country Sport Committee)
  - August Teague (Chair of Cross Country Coaches' Subcommittee)
  - Allan Serrano (Chair of Cross Country Officials' Subcommittee)
- Call to order (secretary pro tem – Mackenzie St. Onge)
- Roll call and review of committee membership
- Review and approval of 2018 minutes
  - Bryan Fish: Clarification on Nationals prize money;
  - Amendment by Cami as follows: Proposal to amend vote from last year to implement the sprint race becoming a ST race in 2021.
  - Minutes with modifications moved by Cami Thompson | seconded by Dan Wieland | Passed unanimously
- Address updates in Sport Committee Operating Procedures
  - Divisional Reps may appoint an alternate to represent and vote in person at meeting.
- U.S. Ski & Snowboard Staffing Update: Roles and Responsibilities (Bryan Fish)

- Restructuring of department - Staff additions of Bernie Nelson & Mackenzie St.Onge
  - Chris Grover - Head Coach
  - Matt Whitcomb & Jason Cork - World Cup Coaches
  - Bernie Nelson - Development Coach
  - Bryan Fish - Sport Development Manager
  - Mackenzie St.Onge - XC Sport Coordinator & ACE Project Coordinator
  - Allan Serrano - XC Officials Consultant
  - Adam St. Pierre - Assists with XC Sport Education
- 2019/20 Team Nominations
- Financials
  - USST Funding - \$1.1M, 16 athletes, \$67K per athlete
  - Nordic Operations
    - Domestic - \$16K operating budget, \$18K FIS, \$3K USST events
    - Events department - National Championships: \$22,500 NC Prize money; \$14,250 Operating budget (8K Host site stipend); Small MSP WC budget  
Question re: adjusting funding based on participation (Ollie Burress)
    - Comp Service Department - Jr. National Championships: \$13K (\$5K host stipend, \$7K bibs, awards, shipping)
    - Team funding - Increase for B & D team athletes
  - Membership -
    - Total members: 4367; Athletes: 2276; Coaches 446
    - Dues: Price increases due to athlete safety initiatives
    - SafeSport: Required by all individuals over 18, including athletes
    - MAAPP: Minor Athlete Abuse Prevention Policy
      - Concerns re: minor and adult athletes rooming together - what is the best way to ascertain parental consent? Can it be a blanket consent for the course of the season? (Sara Studebaker, Rick Kapala)
      - Clarification re: college environment - which organization supersedes which? (Cami Thompson)
      - The USST website will have information re: MAAPP (Tom Horrocks)
- U.S. Ski Team Update Review and Plan: Chris Grover (Head Coach, U.S. Cross Country Ski Team)

#### 2019 Season Review

- Progressive performance at major championships - short of medals but maintained strong depth
- Seefeld - where did we miss?
  - Ski Service
    - Norway pulling ahead on ski service
    - Variable conditions, favored biggest service teams
    - Prioritization in approaching glide and kick

- Waxing for warm conditions - WC techs that work in the summer?
  - Fitness for key athletes/mentally flat
    - Too long of a trip (key athletes spending three months in Europe)
    - Post-Olympic demands/fitness for some athletes
  - Discipline to skip Cogne World Cup
- Nations Cup Standings - Ranked fifth behind Norway, Russia, Sweden, Finland
- 2019-2020 Strategic goals
  - Community involvement in World Cup selection
    - Created working group for WC discretionary picks
    - Discretionary pick review committee
    - Nominations posted online to FasterSkier and U.S. Ski & Snowboard website
    - Athletes appreciated greater transparency in process (Caitlin Patterson)
  - New USST Selection Criteria
    - Supports vision of U.S. Ski & Snowboard
    - Based on data collected in the past decade
    - Allows for objective selections and complete transparency
    - Captures more of our talented young ski racers
    - Was the goal to have such a large D-team? (Zach Hill)
 

No, the goal was to make more entry points to the system for skiers (Chris Grover)
  - 2019-2020 World Cup Goals
    - Podiums in overall, sprint, and/or distance WC
      - Staffing all WC
      - Wax truck at all Euro WC
    - Focus on major and mini-tours
      - Tour de Ski, Ski Tour 2020, Ruka Opening, Canmore WC Finals, Sprint Tour - Quebec City & Minneapolis (home course advantage, advance testing teams)
    - Individuals focused on individual WC events
- Major Objectives and Strategies 2020
  - Best classic waxing team on the World Cup
    - Create a culture of testing and curiosity
    - New scheduling and testing program for classic race days
    - Add WC tech - currently a mid-size staff for a full-sized team
      - New tech to increase kick wax knowledge of the service team
    - Increase communication and data collection between techs and athletes
    - Improve consistency of applying kick wax
- World Cup Prep Plan - 2019 Summer camps

- Intentionally tailored to athlete specific needs
    - Bend/Mt. Bachelor - May 18-31
    - Individual Opportunities - June/July
    - NOR/Toppidrettsveka - Aug 13-26
    - Snow Farm, NZ - Aug 19-Sept 19
    - Park City, UT - Oct 7-20
    - Lake Placid, NY - Oct 7-20
- U.S. Skiing Development and Education Presentation: Bryan Fish (U.S. Ski & Snowboard Sport Development Manager)
  - 2019 Season Review
    - 3 out of 5 Performance goals achieved: 10 WC Podiums, 1 Jr. World Champs podium, 3 Europa/Scando Cup Podiums
      - Jr. Men's Relay Gold
    - Leadership through Legacy - Retired Stars Mentorship Program
    - Team Culture - importance of intentionality
    - D-Team Talent - Newer athletes are surpassing previously set benchmarks by A-team athletes at the Junior level
  - 2020 YOG
    - Jan 16-22 - Athletes named:
      - Women: Kendall Kramer, Sydney Palmer-Ledger, Nina Seeman
      - Men: Will Koch, Brian Bushey, Kai Mittelsteadt
  - Preparation Camp Participation - highest number of athlete attendance yet
    - Is REG serving its purpose or is it stagnant?
  - Focus on a culture of performance - evaluation, effective goal setting, 360 degree observation and analysis
  - NNF & Birkie Ski Foundation
    - Imperative funding for junior trips and camps
  - 2020 Plan
    - Development camps - REG & NTG
    - Coach education: new Level 100 Multi-Medium platform launching Aug 15th
  - Jr. World Ski Championship Strategies
    - Staffing Continuity
    - Increased medical staff
    - Pre-Camp to develop a "home field"
    - Larger budget request
    - Athlete ski selection
    - Enhanced wax room organization
  - Strategic opportunities
    - Max speed/Top end speed development

- Team strength - mental momentum
- Tactics - individual and team
- Fitness vs. health
- Early ski service success
- JWSC Governance
  - OPA Nation JWSC Proposals
    - Relay before Mass Start event?  
USA supports leaving it at the end - exciting finish to the event
    - World U23 relay?
  - USA Proposal
    - JWSC event timeline
- Development Strategies
  - Improve and accelerate D-team performance
  - Secure sponsor for the SuperTour Series
- Leadership & Governance Strategies
  - Increase communication with U.S. Ski & Snowboard members

#### U.S. Ski & Snowboard 2020 U.S. Cross Country Championships

- Michigan Tech & Nordic Ski Trails
  - Event website: <http://usnationals.btu.edu>
    - Proposed schedule of event: January 2-9<sup>th</sup>; Race days: 4th, 5th, 7th, 9th
  - Contact information
    - Tom Smith - Coaches Liaison; Michigan Tech Head Coach; [thjsmith@mtu.edu](mailto:thjsmith@mtu.edu), 541-408-7833
    - Joel Isaacson - Co-Chair & Facility Manager; Michigan Tech Associate Director of Athletics; [jdisaacs@mtu.edu](mailto:jdisaacs@mtu.edu), 906-487-1915
  - Courses
    - 5km course | 7.5km course | 1.3km sprint course - 2 lap
  - Travel & accomodation
    - 8 airports in the area
    - Lodging and dining available through the Keweenaw Convention and Visitors bureau
  - Venue/Facilities
    - Waxing facilities on sites
    - Parking adjacent to the stadium
    - Athlete/spectator area - 2 portable trailers will serve as the athlete warming area
    - Stadium fence for banner space
  - Low snow contingency plan
    - 3.3km and 3.7km courses homologated if needed; 2.5km course to be homologated

- Snow making capabilities from alpine area

#### U.S. Ski & Snowboard 2020 Junior National Championships

- Auburn Ski Club and Training Center
  - Schedule - March 7th-14<sup>th</sup>; Race days: 9th, 11th, 13th, 14th
  - Courses - all certified through 2022
    - 1.3k sprint course | 2.5k | 3.3k | 5k
  - Travel & Accommodations
    - Reno or Sacramento airports
    - 4 wheel drive for rental vehicles
    - Lodging - Donner summit, Truckee (15 min), Reno (45 min)
  - Venue
    - Indoor facilities for athletes/meetings | Wax cabins | Snow storage
    - Plenty of parking | Medical support from Tahoe Forest Hospital
  - Timing and live-streaming
    - Timing - Sports Stats | Live streaming tbd | <http://xcjuniornationals2020.com>

#### **WEDNESDAY, MAY 15: AGENDA [1:30pm to 4:30pm]**

##### 1. Philosophical Discussion on Goals and Thriving (August Teague)

Small Group Work | 4 Groups: Junior, college, senior, others (officials/ partners/industry) Discussion: 3 key pillars of thriving: Participation, Performance, and Retention | *Goal for each group is to come up with 1-2 strengths, weaknesses, opportunities and challenges for each pillar as it relates to their group.*

Group Presentation | Sharing

Group Identification of Common Themes

Group Discussion on common threads and themes identified in group work. Idea sharing.  
*Opportunities? Changes we can make now? Changes for the future?*

##### Subcommittees appointed:

- Live-streaming working group
  - Bryan Fish | Rick Kapala(Leader) | Tom Smith | Justin Beckwith | John Munger | Joey Caterinichio | Ollie Burress | Yuriy Gusev | Athlete - Caitlin or Rosie, TBD
- Youth coach and Jr. coach idea-sharing working group
  - Meg | Gus | Kelley Yates | Adam | Emma Garrag | Will Sweetser

##### 2021 Junior Nationals

- John Munger - Loppet Foundation
  - Theodore Wirth Park | Great facility and course progression since 2017 | March 8-13, 2021

##### 2. Coaches' Subcommittee Work (See detailed agenda following; Tentative plan - schedule is adaptable)

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**THURSDAY, MAY 16: MORNING AGENDA [8:15am to 10:00am]**

Meeting Chair: Allan Serrano & August Teague

1. Roll Call
2. Review of Agenda
3. National Nordic Foundation Update (Joey Caterinichio and Reid Lutter)
  - Mission: To support athletic excellence in developing nordic athletes in the US
  - Grassroots funding, Drive for 25: 3367 supporters, \$890,653
  - Projects funded:
    - World Juniors, U23, U18
    - Divisions Grant
    - OPA Cup
    - Summer Camps
    - Future Stars Program
    - Non-Funded World Cup Athletes
  - Needs:
    - New board members (3)
    - Find new fundraising partners and maintain old
    - Athlete advisory
    - NNF Ambassadors
  - Future goals and projects
    - Continual community help with drive for 25
    - Help fund the SuperTour
  - Comments
    - Connecting masters level with development pipeline (Ben Popp)
    - Re-energizing the Drive for 25, suggestion of a minimum number of donations or money doesn't get spent (Matt Whitcomb)
4. American Birkebeiner Ski Foundation (Ben Popp)
5. Junior Working Group Report (Adam St. Pierre)
  - Overview:
    - Minneapolis JN bid for 2021
    - Mountain West JN for 2022
    - YOG as potential pre-qualification for U18 trip
    - Expansion of JN quota
6. Athlete Working Group Report (Rosie Brennan)
  - Athlete Reps
    - Rosie Brennan; Cross Country Athlete Representative to U.S. Ski & Snowboard Board of Directors, voting member; works with U.S. Ski & Snowboard Athletes'

Council, one rep from all 6 sports; voting member of Cross Country sport committee

- Dakota Blackhorse von Jess
- Caitlin Patterson
- Tad Elliot
- Seeding
  - Making sure rule changes & votes make it into the comp guide and are implemented
- SuperTour
  - Tough calendar for Eastern issues
  - Maintain number of races with better geographic spread
  - Only score US racers to SuperTour list
  - More official bid process
- Ideas
  - Better using athletes as marketing tools via social media, etc.
  - Certified venues that can maintain consistency
  - Athlete requirements - prize money, etc.
- World Cup
  - Excitement about increased transparency and opportunities for World Cup racing
  - Development system from techs - barrier for athletes to find techs
- Championship Selection
- Other
  - USST Selection criteria
  - Wax tech opportunities/pipeline
  - Safe feedback system
- Goals
  - Better athlete representation and engagement on all levels
  - Ensure continued transparency for selection
  - Help move SuperTour forward

#### 7. Officials Committee Report (Allan Serrano)

- Working groups: Homologation (Serrano) | Timekeeping & Data (Caterinichio)  
Education/Advancement (Pokorny) | Rules & Technical (Pauli) | Event Management (Shane) | TD Nomination (Wilson)
- **Proposal Discussion #1: Jury Expenses**
  1. Size of the jury
  2. Level of TD required
  3. Region of the competition - travel costs
  4. Days on site
  5. Reimbursement vs providing meals and lodging
  6. Daily fee



Proposal: **\*\*to be revised/made more specific\*\***

7. Unless otherwise provided, the TD and TDA will be reimbursed at the GSA Per Diem Meals and/or Lodging Rate for the specific location of the competition.
  8. The daily rate for the TD and TDA is \$100 each.
- **Proposal Discussion #2: Modification of FIS ICR Art. 352.2.3**
    1. For all competitions that are not included on the FIS calendar, a competitor who receives a second written reprimand (yellow card) within the same season will automatically be disqualified. Written reprimands given prior to the Junior nationals will not be valid during the JN Period. Written reprimands issued during the JN period are valid until the end of the season.
  - **Proposal Discussion #3**
    - Request that the CCSC determine the minimum age for scoring NRI points
    - Edit all sections to reflect this policy
    - Working group to establish the maximum value for determining the race penalty
  - **Proposal Discussion #4**
    - Rules working group to clean up the Competition guide: Pauli, Serrano, St. Onge, Coaches Rep, OC Rep, Athlete Rep
  - XCX
    - Support adopting the proposed inclusion in the comp guide
    - Future development of design specifications of features
  - New Level 2 Candidates
  - FIS Candidates
    - New candidate nominations: Annie Pokorny, Fred Bailey, Nick Klein, Peter Freire
  - Major Event Jury Nominations
    - US Nationals TD - Justin Easter | TDA - Gary Larson
    - STF TD - CAN
    - JNs TD - Ollie Burruss? | TDA - Maggie Shane
    - NCAA Championships TD - Joey Caterinichio?
  - Regional seminars
    - Goal of coordination
  - Homologation matters
    - Venue capacity | Renewals
  - FIS Issues
    - Homologation seminar in Planica, SLO, May 24-26
    - Calendar meetings in Cavtat CRO, May 28-31
    - Proposed North American TD Seminar in Minneapolis, Nov 15-17

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**THURSDAY, MAY 16: AGENDA [10:15am to 5:00pm]**

1. Cross Country Membership Updates (Sheryl Barnes)
  - All changes driven by SafeSport and athlete safety
    - Adult athletes now required to be SafeSport certified
  - Process of shifting cultural direction
    - Money & medals → safety/care for athletes
  - Membership changes:
    - General & short term memberships are now available to those 17 and under
    - Short term foreign
      1. Not available online, need to contact member services directly
      2. Available to those 18 and over
    - Combined U10 & U12 categories
    - Adaptive athlete membership returns
    - Coach w/ Official
      1. 18 and over
      2. SafeSport
      3. Background screening
      4. Coaching fundamentals (formerly Fast Start Coaching) for non-certified coaches as a prerequisite to Level 100
  - Price changes
    - Overall price increases
    - Multiple concerns regarding price increase as a barrier to sport participation
      1. Short term foreign memberships
      2. Reduced price for U14
  - Background Screening & SafeSport Training
    - Background required of all adult members
    - Athletes are required to screen at age 18 (including athletes who are 17 turning 18 by the end of the season)
    - Membership cards will only display memberships for individuals who have completed all requirements
      1. Those with incomplete requirements will remain on pending status
      2. Members on pending status are not eligible to participate in U.S. Ski & Snowboard events until all requirements are met
    - The screening process can take several weeks; foreign screenings may take longer
  - New Public Tools (Member lookup)
  - Key Communication

2. Minor Athlete Abuse Prevention Policy (MAAPP)
3. SafeSport Code
4. Club Liability Insurance Program (CLIP) Updates
5. National Ranking List (NRL) Points & Scoring Update (J.J. Ehlers)
6. "Adder/Multiplier" Guidance (J.J. Ehlers & Bryan Fish) Appendix 1
  - Motion to approve second multiplier list: August Teague | Will Sweetser | Passed unanimously
7. Ranking List Deadlines (Bryan Fish) *Appendix 2*
  - Motion to add 10th list for June 30: Bryan Fish | Chris Mallory | Passed unanimously
8. Judicial Committee Report
9. Timing Working Group Update (Joey Caterinichio)
  - Quality vs. cost of time keeping
  - Setting clear expectations for time keeping at different tiers (Bryan Fish)
10. Championships Budgeting (Joey Caterinichio)
  - Junior Nationals
    - JN Total Income: \$184,582; JN Total Expenses: \$156,381 - with more unaccounted for; pretty much broke even
  - US Nationals
    - More profitable than JNs
11. 2019-2020 and 2021-2022 Calendar Discussion (Bryan Fish)
  - *2020 US Championships- Houghton Update (Tom Smith) - 2021 Host*  
Changed all 2020 dates to two days earlier; starting Jan 2<sup>nd</sup> instead of Jan 4<sup>th</sup>
  - *2020 US Junior National Championships- Truckee Update (Gus Johnson)*
  - *2021 US Junior National Championships - Minneapolis bid (Loppet Nordic Racing)*
    - Motion to accept 2021 JN Bid Minneapolis: Adam St. Pierre | Will Sweetser | Unanimously approved
12. 2019-2020 and 2020-2021 Calendar Discussion (Bryan Fish)
  - Appendix 3: 2019-2020 SuperTour Calendar Proposal
  - Subcommittee notes
    - Block structure (4 periods) is positive
    - Athlete feedback:
      - December - rather have two races in December than late November
      - January - ideally the two locations are close together
      - February - central location for back-to-back weekends
      - March - schedule conflicts with OPA

- Three day events seem to make the most sense athletically, although venues struggle with lack of turnout for Friday event
- Regionally focused
  - Key venues identified
  - Sites interested in hosting ST: Craftsbury | Presque Isle | Birkie | Auburn | Aspen | Vail | Sun Valley | Alaska
- Motion to approve Period 1 SuperTour: Bryan Fish | Will Sweetser | Unanimously approved
- Motion to approve Period 2 SuperTour including date changes for Nationals and amendment to switch sprint and distance race order (Chris Mallory): Bryan Fish | Pat O'Brien | Passes - one day (Joe Haggemiller)
- Motion to approve Period 3 SuperTour - addition of Wirth in place of SoHo: Bryan Fish | Dakota Blackhorse-Von Jess | Unanimously approved
- Motion to approve Period 4 SuperTour: Bryan Fish | Joe Haggemiller | Unanimously approved

### 13. SuperTour Discussion (Bryan Fish)

- Rotation
- Key venues for ST
- Move 1 U.S. National Championship Sprint to March 2021
- Sponsorship
- Live-stream
- Prize money
- Officials' Rates – have gone up
- Timing Requirements – send to Officials/Timing Committee
- Seeding requirements
  - American SuperTours only
- Homologation requirements
- Other venue requirements – (warm indoor shelter and waxing facilities near the start)
- Analysis of ST working group
  - Is this the group to tackle the vertical calendar? or Do we need to create a new group?
  - Updated calendaring group for ST:
    - Chair: Bernie; Members: Joey Caterinichio | Amie Smith | Joe Haggemiller | Matt Johnson | Dakota Blackhorse-Von Jess | Caitlin Patterson
  - Action item: Rough region calendar submitted by May 1st  
August Teague | Reid Lutter | Unanimously approved
  - Friendly amendment for the 7th  
Amie Smith | Pat O'Brien | Unanimously approved

### 14. Comp Guide Rules Changes (Mackenzie St. Onge & August Teague)

#### *Appendix 4: Rule 76.4*

Current rule (2019 Comp Guide):

76.4 Division or District Representation

76.4.1 A skier represents the District or Division in which they reside. Only athletes currently enrolled in a college/university may choose to compete in either the division of their primary residency or the division in which their college/university is located. All divisional eligibility issues are arbitrated by the Sport Development Manager.

76.4.2 When SRNC precede the Junior Nationals, skiers must compete for the same Division or District at the Junior Nationals as they represented at SRNC/Junior World Championships Trials. Does not apply to athletes in rule 76.4.1.

Proposed Rule Change:

76.4 Division or District Representation

76.4.1 A skier must represent the District or Division in which he or she resides, in which he or she attends school, or in which he or she customarily trains and races. All divisional eligibility issues are arbitrated by the Sport Development Manager.

~~76.4.2 When SRNC precede the Junior Nationals, skiers must compete for the same Division or District at the Junior Nationals as they represented at SRNC/Junior World Championships Trials.~~

- Motion to accept proposed Rule 76.4 as marked above: Adam St. Pierre | Dakota Blackhorse-Von Jess | Unanimously approved
- *Include 2018 Congress sprint seeding update to Competition Guide*
- *2018 Rule Change U.S. Nationals - U.S. National Jan 2<sup>nd</sup> Sprint removed as a U.S. National race & switched to a SuperTour. Then, March sprint removed as a SuperTour and added as a U.S. National Championship*

Junior Nationals U18 and U20 relays

Rule 84.7- Currently specifies that U18/20 start together in relay

Amend to read that U18 and U20 should start separately in the relay competition

84 Relay Regulations

84.1 Relay teams will be comprised of three-skiers per team.

84.2 Race day changes in start order for relay teams in all classes must be submitted to the race secretary not later than 60 minutes prior to the start of the first relay event of the day.

84.3 The courses used for the classic legs of relays shall have multiple tracks.

84.4 The Starting line of the Relay will be a single straight line.

84.4.1 Ideally, the number of lanes set in the start shall be equal to not less than two times the number of division and districts in the Junior Nationals. If terrain permits a fair and functional start, additional start lanes may be set. As few teams as possible should start on a third row of the start grid. Unofficial teams including Mixed teams and Guest Class Skiers will be placed behind the field and only given a lane if the terrain permits.

84.5 When a division, district or national group receives more than one starting lane, , the lanes assigned to that division, district or national group shall be adjacent to one another.

84.6 The Jury will determine the starting grid in accordance with rule 84.8. The Jury may allocate multiple lanes to those divisions or districts entering more teams, and may allocate single lanes to those divisions or districts entering fewer teams.

~~84.7 The U18 and U20 class boys and girls respectively, will race as single groups, with simultaneous starts for both classes within each respective sex. Separate results list will be published for each class.~~

84.7 All age classes will be run ~~ran with individual starts~~ individually.

84.8 Lane positions for the divisions ~~in the combined U18/U20 relay~~ will be assigned based upon the relay finish order in the ~~combined U18/U20 classes~~ at the previous Junior Nationals (i.e. the Division or District whose team was first across the finish line at the previous Junior Nationals, ~~regardless of whether that team was a U18 or a U20 team~~ will draw lane 1, etc.

Additional teams for each division will fill in behind their respective front-row teams.

84.9 Lane positions on the front row for the U16 classes will be assigned based upon the relay finish order in the class at the previous Junior Nationals. Additional teams for each division will fill in behind their respective front-row teams.

84.10 Unofficial teams to include mixed teams and Guest Class Skiers, will be started in any empty start position in the rear-most row of the starting grid.

~~84.12 — Identification for the U18/U20 relay bibs~~

~~84.12.1 — In order to identify a U20 versus a U18 skier, race organizers will differentiate between the classes by assigning respectively 2 and 3 digit bibs to U18 and U20 teams. Example: U20 bib #223 and U18 bib #23~~

- Motion to amend Rule 84 as marked above: Gus Johnson | Dan Wieland | Unanimously Approved

Relay team

Rule 78.2.1 currently reads "Competitors may "move up" in Age class for the relay competitions"  
Amend this rule to read "Rule 78.2.1 Competitors may "move up" in age class for the relay competitions provided there is at least 1 member of the relay team competing in their own age class"

- Motion to amend Rule 78.2.1 as marked above: Rick Kapala | Second unrecorded | Unanimously approved

15. Selection Criteria - (Chris Grover, Bryan Fish, Bernie Nelson)  
*Appendix 5*

Cross Country Elite Team Selection (*review carefully*)

Cross Country 2019 World Championship Selection Criteria (*for review*)

- World rank question
  - Must be under 120 WR for sprint and/or distance
  - Current language: Athletes whose best World Ranking (sp or d) at the time of selection (5th FIS point list)
- Suggestion from Kris Freeman to include 30/50 km and sprint from SuperTour finals in Selection scoring. Both races would be National Champs events w/ bonus points.  
Cross Country 2020 World Cup Selection Criteria
- World Cup working group to nominate all discretionary selections
  - Recent addition of Tad Elliot as a second athlete rep
- Period 3 SuperTour selection window - what should it be?
  - Last race at Nationals - Jan 7th, too late for travel to Europe
    - Include first two or three races in criteria?
    - Decision moving to discretionary committee/working group
- Period 4 - Ski Tour 2020
  - Craftsbury?
- Period 5
  - Discretionary committee/working group

- Sprint Tour -
  - Top 50 in the Sprint World Cup standings
  - Top 12 individual sprint at 2020 U23 WC
  - Top 10 individual sprint at 2020 WJC
  - Athletes ranking highest on the World Cup overall list
  - Athletes ranking highest on the SuperTour qualification point list
- World Cup Finals
  - 2020 World Under-23 Selection Criteria
    - Pre-qualification standard changed to FIS points under 40
  - Motion to change/approve: Dakota Blackhorse-Von Jess | Pat O'Brien | Unanimously approved
  - 2020 World Junior Ski Championship Selection Criteria  
(Bernie to outline FIS point pre-qualification standards for JWSC & WU23)
  - Motion to approve: Rick Kapala | Reid Lutter | Unanimously Approved
  - 2020 Continental Cup Selection Guidelines; Note: No changes made  
2020 U18 Trip Selection Criteria
  - Motion to approve: Rick Kapala | Amie Smith | Unanimously approved
  - 2020 Youth Olympic Games Athlete & Staff Selection Criteria *(for review)*

16. New Business

*Appendix 6: Cross Country Cross (XCX) Competition Guide Additions*

- Motion to approve comp guide addition of Appendix 6 - Cross Country Cross as submitted below: Bryan Fish | Joe Haggemiller | Unanimously approved

**APPENDIX #6: Cross Country Cross (XCX) Comp Guide Addition**

**328.1 Definition**

Cross-Country Cross is a competition where competitors compete on a cross-country ski course that includes both traditional and non-traditional elements such as natural and artificial terrain features, corridors, obstacles and tight turns, as well as different natural or artificial types of turns, jumps, waves and other skiing terrain features. The competition may be carried out as an individual interval start competition, or follow the finals format of an Individual Sprint Competition.

Cross-Country Cross shall be carried out in free technique only.

The length of Cross-Country Cross Course shall be 1.5km (+/- 10%).

All features shall be well designed, and maintained, throughout the competition for the safety of athletes and limit any undue stress on equipment.

**328.2 Courses and Stadium**

Norms recommended in 325 for Individual Start Competitions should be followed for Free Technique. This includes scoring to U.S. Ski & Snowboard National Ranking List is based off the result in the qualification.

328.2.1 Elements should be built into the course progressively so that features that have limited “best line” opportunities are later in the course, i.e. “Bicycle bumps.” There must be a minimum of two features or lines through any element, i.e. “red and blue course.”

328.2.2 If an alternate route exists around a feature, it must disadvantage the competitor by forcing them to travel in a longer route.

328.2.3 Gate-keepers / course marshals will report competitors who have not properly navigated features to the jury. In qualification if one feature is reported a five second penalty will be applied. If more than one violation is reported that skier will be relegated to the end of qualification results and sorted by finish time. In finals any violation will relegate the competitor to the back of the heat.

- *Club Divisional Affiliation Change Deadline*
    - “Any club must submit an annual request in writing by October 15th to the U.S. Ski & Snowboard Cross Country Sport Development Manager to change their divisional affiliation outside of their geographic or divisional boundaries.”
  - Motion to approve: Bryan Fish | Joe Haggemiller | Unanimously approved
  - *2023 World University Games, Lake Placid NY - proposed Mid March*
    - Working committee: Tom Smith | Cami Thompson | Matt Johnson | Christie Boggs
  - *World Cup Selection Working Group: Review and Membership*
    - Previously approved
  - *Change in Junior Nationals Dates*
    - Move JNs in 2020 forward a day so athletes can get to Minneapolis
  - Motion to approve change of date for Junior Nationals: Dan Weiland | Joe Haggemiller | Approved - 5 for, 3 opposed - sport committee to follow up
  - *Wisconsin wants to leave the Midwest*
    - Performance markers
      - Wisconsin athletes
      - Number of participants in both Great Lakes and Midwest divisions
      - Combined number of clubs represented at Junior Nationals
  - Motion to approve the move: Joe Haggemiller | Bryan Fish | Approved - 1 opposed, Reid Lutter
17. Adjournment
- Motion to adjourn: Joey Caterinichio | Reid Lutter | Approved

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### **Cross Country Sport Committee**

Kearns/Hearst Room, DoubleTree Hotel, 1800 Park Avenue, Park City, UT 84060;

Agenda, Friday, May 17, 2019, 9:00 a.m. to 12:00 p.m.

Meeting Chair: Cami Thompson Graves

Committee Composition:



Cami Thompson Graves, Chair	5/2018
Bryan Fish, U.S. Ski & Snowboard Sport Program Manager	Employment
Bernie Nelson, U.S. Ski & Snowboard Development Coach	Employment
August Teague, Coaches Committee Chair	5/2022
Allan Serrano, Officials Committee Chair	5/2020
Joey Caterinichio, Alaska	5/2020
Yuriy Gusev, Midwest	5/2022
Amie Smith, New England	5/2022
Alan Watson, PNSA	5/2020
Gus Johnson, Far West	5/2020
Wilson Dippo, Intermountain	5/2020 *not present
Adam St. Pierre, Rocky Mountain	5/2022
Rebecca Watson, High Plains	5/2022
Joe Haggemiller, Great Lakes	5/2022
Shane MacDowell, Mid-Atlantic	5/2022
Rick Kapala, At-Large	5/2022
Reid Lutter, At-Large	5/2020
Rosie Brennan, Athlete, Board Rep	5/2020
Caitlin Patterson, Athlete	5/2022
Tad Elliott, Athlete	5/2022 *not present
Dakota Blackhorse von-Jess, Athlete	5/2022

1. Welcome and call to order
2. Roll call and review of committee membership
3. Review and approval of 2018 minutes
  - Motion to approve minutes: Joey Caterinichio | Dakota Blackhorse Von Jess | Unanimously approved
4. Operating Procedures
 

Divisional Reps may appoint an alternate to represent them, and vote in person at the meeting.
5. Coaches Subcommittee Action Items
  - Motion to approve Top 20 ST List: August Teague | Cami Thompson | Unanimously approved
  - Motion to add 10th NRL list for June 30: August Teague | Joe Hagenmiller | Unanimously approved
  - Motion to change 2020 dates for SN National Championship January 2<sup>nd</sup> instead of 4<sup>th</sup>: August Teague | Cami Thompson | Unanimously approved
  - Motion to accept 2021 JN Bid: August Teague | Allen Watson | Unanimously approved
  - Motion to approve Entire SuperTour Calendar: August Teague | Amie Smith | Unanimously approved
  - Motion to approve Region Calendar rough draft submission date for May 7<sup>th</sup>: August Teague | Rick Kapala | Unanimously approved
  - Motion to approve proposed rule changes from JR Committee - 76.4, 76.4.1, strike 76.4.2: August Teague | Bryan Fish Unanimously approved

- Motion to change to comp guide - Strike 84.7: August Teague | Joey Caterinichio | Unanimously approved
- Motion to approve XC Cross Rule Addition (appendix 6) - add to Chapter 3 (Section ~ 327): August Teague | Gus Johnson | Unanimously approved
- Motion to approve Selection criteria for U18 Trip, World JRs, & U23 Championships: August Teague | Dakota Blackhorse Von Jess | Unanimously approved
- Motion to approve Club affiliation guideline: August Teague | Bryan Fish | Unanimously approved
- Motion to move 2020 JN championships one day - to allow for athlete travel to Minneapolis: August Teague | Joe Haggemiller | Voted Down: 2 For, 7 Abstain, 9 Against
- Motion to approve Wisconsin to Great Lakes Division: August Teague | Joe Haggemiller | Approved - 1 against

6. Officials Subcommittee Report

Additions to committee: Rebecca Watson | Rosie Brennan

Proposal for the amendment of the rules around the Composition, Appointment, and Expense Reimbursement of Competition Juries

U.S. Cross Country Championships

~~47 — Control by Technical Delegates and U.S. Ski & Snowboard~~

~~47.1 — All Cross Country Courses must be approved by the Technical Delegate.~~

~~47.2 — The direct control of the USCCC is through the Technical Delegate(s) (TD) for the respective events.~~

~~47.3 — The OC shall conform to the recommendations of U.S. Ski & Snowboard.~~

48 Officials to U.S. Championships

~~48.1 — See special rules regarding TD and Assistant TD assignment at art. 303.1.5. See special rules regarding TD and Assistant TD compensation at art. 304.1.2.~~

48.24— U.S. Ski & Snowboard Representative. The OC shall be responsible for providing room expenses and full credentials, but no travel or meals, for at least 1 national staff member for the period beginning 3 days prior to the first race through 1 day after the last race. Also, if deemed necessary, the OC must provide housing for a national staff representative(s) for a preliminary site visit. Specific details will be outlined in the Event Organizer Agreement.

Cross country JUNIOR Nationals

~~79 — The Competition Jury shall consist of:~~

~~—• the TD~~

~~—• the Assistant TD~~

~~—• the Sport Development Manager or designate~~

~~—• the Chief of Competition~~

~~—A Jury member selected by the OC in consultation with the host region competition committee, the TD, and the Sport Development Manager or designate.~~

## RULES for ALL NORDIC Competitions

Unless specified in this guide, U.S. Ski & Snowboard follows the rules of the International Ski Federation (FIS) for all Nordic Competitions.

The rules that are generally printed in Chapter 4 of this guide are a reprint of the FIS ICRs for Cross Country, Jumping and Nordic Combined.

The ICR nordic rule books are available on the FIS website.

Some FIS ICR rules have been modified through committee action as “Special Rules” and follow here.

### Cross Country Special Rules, (Modified FIS Rules)

~~303.1.4 — For COC and FIS competitions the Jury will consist of the following~~

- ~~—• the TD, who is chair of the Jury~~
- ~~—• the Chief of Competition~~
- ~~—• the National TD Assistant (appointed by the host NSA).~~

~~\*national — For U.S. Championship events, SuperTour Finals and JNs, Jury members will be assigned in conjunction with the TD, the Sport Development Manager and Organizer. The TD shall be level 3, the TDA should be level 3 but may be level 2, the Jury member can also be level 2.~~

~~303.1.5 — Persons holding a position of responsibility for a Nations Team are not permitted to be nominated for the position of a TD or Jury member for OWG, WSC, JWSC and WC.~~

~~\*national — All FIS TD and TDA assignments will be made by a selection committee, based on the nomination of candidates by Regional Coordinator. The 2017-18 Selection Committee consists of Allan Serrano, FIS Regional TD Coordinator, Matt Pauli, AK Regional Coordinator & Scott Wilson, Central Regional Coordinator.~~

~~—TDs and Assistant TDs will be assigned by the official's committee assignments group for U.S. Championship events and JNs. NCAA Championship assignments will be in conjunction with the NCAA. Wherever possible, the TD shall be from out of the region where the competition is held, and the Assistant TD shall be from the region where the competition is held.~~

~~—The TDs and Assistant TDs for SuperTour and other sanctioned races will be assigned by the Regional Coordinators. SuperTour TDs must be at least level 3 TDs. Sanctioned race TDs must be at least level 2 TDs. Assistant TDs may be any level.~~

303.1 The Competition Jury for the Cross Country Championships and Junior National Championships shall consist of:

- the TD
- the Assistant TD
- the Sport Development Manager or designate
- the Chief of Competition
- a Jury Member

The Competition Jury for NRL competitions shall consist of:

- the TD
- a Jury Member or TDA

- the Chief of Competition

303.2 For the Cross Country Championships, Cross Country Junior Nationals, and FIS competitions, the TD and TDA will be appointed by the Cross Country Officials Sub-Committee, and the Jury Member will be selected in consultation with the Cross Country Officials Sub-Committee, the organiser, and the Sport Development Manager or designate. For NRL competitions, the TD and TDA or Jury Member will be selected by the Official's Regional Coordinator from the region where the competition is scheduled in cooperation with the organiser.

304.1.1 The TD and TDA have a right to reimbursement for all appointment related travel expenses (including but not limited to airfare, baggage fees, car rental or IRS standard mileage rate, airport transfers, airport parking, and highway tolls). Lodging and meals must be provided for the TD, TDA, and Jury Member. Lodging must be within 45 minutes drive time from the competition venue. Lodging must include separate beds for all members of the jury and separate rooms if members of the jury are of the opposite sex. For any meals and or lodging not provided by the organisers, the TD, TDA, and Jury Member have the right to reimbursement at the GSA Per Diem rate, for the location of the lodging,. In addition the TD and TDA have the right to a fixed daily rate of \$100 for travel days to and from as well as each day of the assignment. Double charges (e.g. travelling home on the same day as the last race) are not permitted. If overnight accommodation during the journey to and from the assignment is necessary, this must be justified and reimbursed separately.

303.4.1 For the Cross Country Championships and Cross Country Junior Championships, the TD and TDA are normally expected to arrive for two working days prior to the first competition. For FIS competitions, the TD and TDA are normally expected to arrive for one day prior to the first competition. For NRL competitions, the TD and Jury Member are normally expected to arrive the day before the first competition. Exceptions to these norms may only be arranged with the cooperation of the organisers.

~~304.1.2 ——— Reimbursement applies as follows:~~

~~—At other international competitions for the TD and the national appointed assistant TD-~~

~~\*national ——— For U.S. Championship events, SuperTour Finals and the Junior Nationals~~

~~—TDs and Assistant TDs will be provided a daily stipend at the rate of \$100. The TD and TDA shall be paid for the period beginning 3 days prior to the first race through 1 day after the last race and include, travel, independent/commercial lodging and meal reimbursement. The Jury Member will be provided with room and meal reimbursement.~~

~~—All other U.S. Ski & Snowboard sanctioned races~~

~~—For TD's and TDA's the following daily stipend rates apply.~~

<del>TD Level</del>	<del>FIS Event</del>	<del>Non FIS Event</del>
<del>Level 3, FIS TD</del>	<del>\$100</del>	<del>\$50</del>
<del>Level 2, National</del>	<del>\$50</del>	<del>\$50</del>
<del>Level 1</del>	<del>\$50</del>	<del>\$50</del>

~~—Daily pay rates will consist of a payment on the travel day to the competition, official Training days, competition days, and a return travel day. Double counting will not be allowed (travelling home the day of the last competition).~~

~~—Technical Delegate (TD) and TDA additional requirements~~

~~—TD's and TDA's will have their room, meal reimbursement and travel expenses paid for by the OC at all sanctioned competitions.~~

~~—A means of local transportation will be provided for the TD and TDA.~~  
~~—At all sectioned events, from start of training to last day of competition. The TD and TDA will be paid a daily rate outlined in this book.~~  
~~—The TD and TDA will be provided independent/commercial lodging with internet access the number of days provided for the room will extend from the night before the official training to the night of the last race day if needed.~~  
~~—For NCAA Championships, expenses will be as per NCAA rules.~~  
~~—FIS Homologation Inspector Reimbursement~~  
~~—FIS Homologation Inspector will be at the rates outlined in the FIS homologation guidelines.~~  
~~306 — FIS Race Director (RD) / Sport Development Manager~~  
~~—This official is nominated by the FIS for competitions of the highest category (see art. 302.1.1 and 302.1.2). The FIS Race Director must possess a TD-License for Cross Country.~~  
~~\*national ——— The Sport Development Manager is the chief contact at the cross country sport governing body in the U.S.~~

- Motion to amend rules 303.1.4 & 303.1.5 to reflect travel/jury comp/jury assignment: Joe Haggemiller | Bryan Fish | Unanimously Approved
- Motion to accept amendment to rule 304.1.2 to reflect travel/jury comp/jury assignment: Bryan Fish | Joe Haggemiller | Unanimously approved
- Motion to discontinue scoring U14 & under to NRL: August Teague | Adam St. Pierre | Unanimously approved
- Motion to increase the cost of a U14 competition membership to match that of a U16 and older competition membership: August Teague | Amie Smith | Approved - 2 opposed

Call for individuals to help clean up the competition guide, i.e. comp guide working group: Allan Serrano | Mackenzie St. Onge | Dakota Blackhorse Von Jess | Adam St. Pierre | Matt Pauli

7. Judicial Committee Report
8. Review of XC Divisional Goals and Expectations - to be posted on the website
9. Old business

Executive Committee (Current: Thompson, Lazzaroni, Teague, Serrano, Brennan)

Bryan Fish to be swapped for Robert Lazzaroni; Coaches committee to elect new chair in place of August Teague; New Nomination, Rick Kapala

- Motion to approve of Executive Committee as outlined above: Alan Watson | Joey Caterinichio | Unanimously approved

Judicial Committee (Serrano, Smith, Blackhorse-von Jess)

- Motion to approve Judicial Committee as outlined above: Bryan Fish | Dakota Blackhorse Von Jess | Unanimously approved

10. New business

Venue bids

41. Applications for a USCCC Championship

41.1 A site wishing to organize the USCCC must complete a bid as per the guidelines established by the Request for Proposal (RFP), **published by U.S. Ski & Snowboard 2.5 years prior to the event** and submit the bid at the latest by the U.S. Ski & Snowboard Congress one and a half years before the event is to take place.

41.2 The material required includes the following:

41.2.1 Probable time and place of each competition including statistics on weather and snow conditions.

41.2.2 Travel connections with different regions and connections from the closest airport.

41.2.3 Accommodation facilities (number of hotels, beds, etc.)

41.2.4 Sites wishing to host a USCCC must have provisional and/or current FIS homologation certificates for the respective events they would be required to host.

41.2.5 Contingency plans in the case of poor snow conditions.

41.2.6 A statement that the applicant will not allow any discrimination in regard to Divisions, Districts or Regions or its separate members on account of racial, religious, political or other grounds.

41.2.7 Other information of value for the applicant and for U.S. Ski & Snowboard.

41.3 If at the time of filing the application for the organization of USCCC, the technical conditions of the competitions (for example, reserve courses and means of accommodation) are not yet ready, the Organizing Committee (OC) must be able to guarantee that all necessary arrangements will be undertaken and ready within the two remaining years before the events are to take place. The OC must present a timetable in which all construction is to be completed in detail, giving a time limit for each phase of the work to be finished.

**41.4 If more than one venue has submitted a bid, bids will be presented to the XC Sport Committee at the U.S. Ski & Snowboard Congress 1.5 years prior. The sport committee will select the venue.**

- Motion to amend rules 41.1 and 41.4 as marked above: Rosie Brennan | Cami Thompson | Unanimously approved

11. Adjournment

- Motion to adjourn: Rick Kapala | Joe Haggemiller | Unanimously approved