



WESTERN REGION
Lake Louise DH NorAm
Dec 3rd-8th 2017

Lake Louise Nor-AM schedule of events:

- 04 Dec 2017: DOWNHILL TRAINING - Ladies/Men
- 05 Dec 2017: DOWNHILL TRAINING - Ladies/Men
- 05 Dec 2017: DOWNHILL – Ladies (FIS)
- 06 Dec 2017: DOWNHILL - Ladies/Men (NAC)
- 06 Dec 2017: DOWNHILL – Men (FIS)
- 07 Dec 2017: DOWNHILL – Ladies/Men (NAC)
- 08 Dec 2017: SUPER G – Ladies/Men (NAC)

STAFF

Will Brandenburg	West
Kent Towleron	MBSEF
Lester Keller	MHRTA
Oliver Russell	SVST
Kevin McDevitt	WPSC

Project Cost: \$1200.00

WEST Team: \$900.00

Cost includes breakfast, lodging, lifts, entries, race day wax, staff expenses and partial ground transportation. Lunch and dinner is the responsibility of the athlete.

Travel “VERY IMPORTANT”

Itineraries must be shared with Will Brandenburg as soon as possible: wbrandenburg@ussa.org

If you are flying into Calgary please book flights to Calgary arriving the 3rd of December no later than 2:30 p.m.

Drivers need to arrive in Lake Louise by 5pm on Dec 3rd 2017. You may check into your lodging after 4pm. We will be staying at the **Mountaineer Lodge**, Lake Louise: 101 Village Road, Lake Louise Canada T0L1E0.

***Please share any alternative arrival or departure plans with Will Brandenburg: wbrandenburg@ussa.org prior to coming.*



**WESTERN REGION
Lake Louise Nor-Am DH
Dec 3rd-8th 2017**

Athlete Name: _____

Athlete email: _____

Athlete Cell: _____

Home Club and Coach: _____

Home Coach's: email _____ telephone _____

Parents: email _____ telephone _____

Emergency Contact: _____ Contact # _____

INVOICE

Name _____

Project: Lake Louise NorAm Project Account No. 4910-5210

PLEASE Fax or email your forms and Travel plans to:

Gwynn Watkins Mailing Address
Fax #435.940.2810 PO Box 100
Email: gwatkins@ussa.org Park City, UT 84060
Cell #: 435-714-2964

Total Cost \$1200.00
WEST Team \$900.00

- pay on line (add 3% credit card fee)
 Mail Check

- Western Region Medical Release (If first project of 2017-2018)
 Western Region Team Agreement (If first project of 2017-2018)



US SKI & SNOWBOARD

**Western Region
2017-2018 Medical Release**

Athlete Name _____ Address _____

City, State, Zip _____ Birth Date _____

E Mail _____ Cell Phone _____

Parent _____ Parent _____

Cell Phone _____ Cell Phone _____

Home Phone _____ Home Phone _____

Work Phone _____ Work Phone _____

E Mail _____ E Mail _____

Insurance Coverage

Company _____ Identification # _____

Policy Number _____ Expiration Date _____

Athlete Social Security _____ Name of Policy Holder _____

Policy Holder SS# and Birth date _____

(Need this information for a hospital or doctor's office to make a claim to an insurance company after treating the athlete)

Medical History

Allergies _____

Medication _____

Impact Baseline Test Date and Location _____

Current injuries or Medical problems _____

Athlete Medical Release

Athlete or Parent, if Athlete is under the age of 18 years, hereby authorizes U.S. Ski & Snowboard/Western Region Staff to secure hospital, medical, surgical and dental care or treatment and/or procedures for the above named athlete. Parent also consents that in the event of injury to the athlete; coaches can authorize that athlete to receive care, treatment and/or procedures, under the instructions and directions of the licensed physicians on call at the emergency room of the nearest hospital or emergency facility. U.S. Ski & Snowboard/Western Region shall notify Parent at the earliest possible time before, during or after such care, treatment and/or procedures are authorized. Parent knowingly and voluntarily consents in advance to such care, treatment and or procedures to encourage the physicians and U.S. Ski & Snowboard/Western Region to exercise their best judgment as to the requirements of such care, treatment and/or procedures. Parent specifically holds harmless and indemnifies U.S. Ski and Snowboard of and from any and all costs and/or claims of any nature arising out of the provision of such care, treatment and/or procedure.

Athlete Signature _____ Date _____

Parent or Guardian Signature _____ Date _____



**Western Region
2017-2018 Team Agreement**

Team Rules

Members of teams attending competitions on the national quota, traveling with or as part of a competition trip organized by Western Region Staff, or attending any training camp or project as part of a U.S. Ski & Snowboard Group are required to abide by the U.S. Ski & Snowboard Code of Conduct.

Additionally, team members agree to:

- Pay in full the project fee before the first day of arrival of the project, unless a payment plan is worked out at the time that the team is named;
- Fully participate in the organized accommodations;
- Attend all team meetings and training activities on time and fully prepared;
- Observe any curfew established by the coaching staff;
- Not use or possess illegal drugs;
- Not illegally use or possess alcohol;
- Not use or possess alcohol in the team accommodations, the team vehicles, or in the presence of team members who are not of legal age;
- Reside in the room to which they are assigned and will share responsibility with their roommates for damages, cleaning charges, and rule violations that occur in the room when it is not possible to establish individual responsibility;
- Observe any additional rules established by the head coach of the project
- Be filmed and photographed and to have his/her image and voice otherwise recorded in any media by the U.S. Ski & Snowboard official photographer(s), film crew(s), and video crew(s) and by any other entity authorized by the U.S. Ski & Snowboard and grants to the U.S. Ski & Snowboard the irrevocable, fully paid up, worldwide right and license to use, and to authorize third parties to use, in all media, Athlete name, likeness, picture, voice, and biographical information for: (1) news and information purposes; (2) promotion of the U.S. Ski & Snowboard and the specific competitions in which Athlete competes; (3) promotion of the U.S. Ski & Snowboard through its fundraising mission; and (4) to support the U.S. Ski & Snowboard educational and philanthropic efforts through the production of educational and training videos, DVDs and other media.

Violations of these rules may result in suspension from the team and in loss of the opportunity to participate in future teams or quota team preparation or competition projects.

Agreement

I, the undersigned competitor, have reviewed these rules and the "U.S. Ski and Snowboard Code of Conduct," and agree to abide by it and all applicable rules and procedures during in my participation in any national training or competition project during the current season. I agree that a violation of the rules may result in my immediate suspension from a team, and in the loss of all team services including representation at Team Captains' and Jury meetings, training, housing, meals, and transportation. I realize that I will receive no refund for the unused portion of these services. If suspended, I will be prepared to make whatever arrangements are necessary in order to continue to compete in the event and/or return home. I realize that actions that are violations of the law may result in my arrest and that it will be my responsibility in such a case to notify my parents or legal guardians and/or to make such arrangements as may be necessary for my release and return home. This agreement shall be valid for all projects in the 2017-2018 training and competition season.

Athletes under 18 years of age must have the following section signed by either parents or legal guardians, if applicable. We, the undersigned, parents or legal guardians of the above Athlete, having read and understood the above, agree to allow our child to participate in U.S. Ski & Snowboard training or competition teams. We understand and agree that if our child violates these rules and procedures, he/she may be immediately suspended from the U.S. Ski and Snowboard project with the loss of all team services and without refund of fees paid. We agree that in any case where our child's actions result in his/her arrest, that sole responsibility for notifying us rests with our child and the local law enforcement officials, and that we, and not U.S. Ski and Snowboard or Western Region, are solely responsible for such actions as may be required to secure his/her release and return home. This agreement shall be valid for all projects in the 2017-2018 training and competition season.

Athlete Signature _____ Athlete Name _____ Date _____

Parent or Guardian Signature _____ Date _____



**Western Region
2017-2018 Hold Harmless and Indemnity Agreement**

For and in consideration of the provision of ski racing instruction and training by U.S. Ski & Snowboard, I

_____ (“athlete”), and if athlete is under the age of 18 years, the parents or legal guardians of athlete, do hereby covenant and agree on behalf of ourselves, to hold harmless, release, defend, and indemnify U.S. Ski & Snowboard and any of its employees, or volunteer workers of and from any and all claims arising from athletes participation in Western Region events, including, but not limited to racing instruction, racing competition, or traveling to and from races or training camps. We specifically represent that we have read and have understood that this release is intended to serve as a general release of all legal claims against U.S. Ski & Snowboard and Western Region, is to be construed as broadly as possible in favor of U.S. Ski & Snowboard, and releases U.S. Ski & Snowboard from all claims, including, but not limited to, those arising from the negligence of U.S. Ski & Snowboard itself.

Athlete Signature

Date

If Athlete is under the age of 18 years, a parent or legal guardian’s signature must be affixed here:

Parent or Guardian Signature

Date

USSA Insurance Policy

FIS and U.S. Ski & Snowboard rules require that competitors be covered by valid and sufficient accident insurance. The racer must carry proof of this insurance and have it available at each race or camp so that prompt medical care can be obtained, if ever needed.

Agreement

We have read and understood the Insurance Policy statement. The insurance policy listed on the Medical Release meets the requirements of the U.S. Ski & Snowboard Insurance Policy and will be maintained in force while the competitor is involved in a U.S. Ski & Snowboard camp or team or while participating in any event on a U.S. Ski & Snowboard quota. We agree that we are responsible for any and all medical charges and we agree that we will promptly reimburse U.S. Ski & Snowboard for any expenses that they or their coaches incur on behalf of the competitor.

Athlete Signature

Date

Parent or Guardian Signature

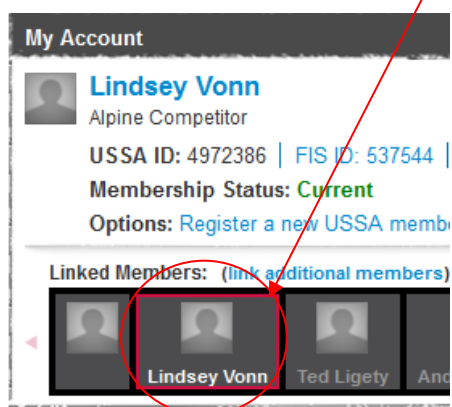
Date

*Please send to:
Western Region, U.S. Ski & Snowboard, PO Box 100, 1 Victory Lane, Park City UT 84060 PH: 435.647.2070 Fax:
435.940.2810*

Online Athlete Event Registration Instructions

Online Athlete Event Registration is accessed through the My USSA portal.

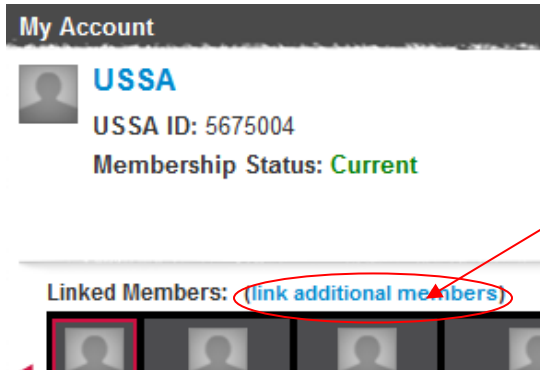
1. To login to My USSA Go to <http://my.ussa.org/myussa> and login using your normal My USSA login.
2. You will want to make sure the athlete that is being registered is linked to the account you use to log in. If your athlete(s) is not linked to your account, you can use their account, or link them to your account by clicking on ([link additional members](#)) in the top box. For more information on Linking an Athlete, see below.
3. Once logged into My USSA, choose the Athlete to be registered. This is done by clicking on an Athlete in the Linked Member Box:



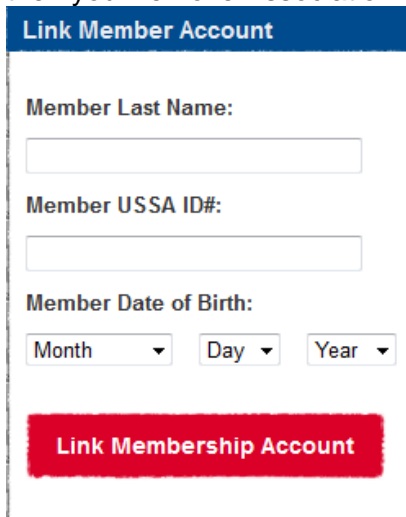
4. Now select **01 Athlete Event Registration** in the toolbar. The Athlete Event Registration icon does not show up until an athlete has been selected. If your athlete is not linked to your account, or the Athlete Event Registration tool does not show up when you select the athlete, please follow the Linking an Athlete Instructions at the bottom of this sheet.
5. Once in the Athlete Event Registration System you will see information about the competitor, any competitions they are currently registered for, the ability to search for competitions and Your Cart:
6. To add a competition, select **Add Another Competition** or on the side bar, **Search Competitions**. You need to select Intermountain in the search box for the division. You can limit the search by Start Date, Sport, Division and Resort, and select **Search Competitions**. All currently sanctioned events that the competitor is eligible for will be displayed. If a competition is using USSA Online Registration, then the Competition will have **Add to Cart**. To see who is already registered, select [List of registered athletes \(0\)](#). Once all events have been registered for, View the Cart or Checkout

Linking an Athlete

Once you have logged into MyUSSA, if the athlete you need is not linked to your account, or if the athlete is linked but the Athlete Event Registration icon does not appear when they are selected, then the athlete needs to be linked. To link an athlete, click on "link additional members"



Now just fill out the information and click Link Membership Account. If someone is linked twice, then you Remove Association on the right of the page to unlink the older link of the member.

A screenshot of the 'Link Member Account' form. The form has a blue header with the text 'Link Member Account'. Below the header, there are three input fields: 'Member Last Name:', 'Member USSA ID#:', and 'Member Date of Birth:'. The 'Member Date of Birth:' field consists of three dropdown menus labeled 'Month', 'Day', and 'Year'. At the bottom of the form, there is a red button with the text 'Link Membership Account'.

If you don't have a member linked to your account, you will have a page displayed as below. If you want the member to be the primary member of the account, then make sure the name is selected as below, otherwise use the default and the member will be added to the list of members.

To return to you home page, click on the "[Return to My USSA](#)" Link near the top left of the page. Now you should be ready to use Athlete Event Registration